

Off Menu – Ep 204 – Carol Vorderman

Ed Gamble

Welcome to the Off Menu podcast, chopping the apple of humour and throwing that into the fruit salad.

James Acaster

That's it? That's Ed Gamble, my name is James Acaster, we own a dream restaurant and every week, we invite a guest in and ask them their favourite ever starter, main course, dessert, side dish and drink, not in that order. And this week, our guest is Carol Vorderman.

Ed Gamble

We are well truly in nash tresh territory, James.

James Acaster

And Carol is the first national treasure we've had on the podcast. You can open up that treasure chest, count all the money, and tell us exactly how much is in there, to the pound.

Ed Gamble It's not money in there though, is it? It's other people.

James Acaster Oh, is it a treasure chest full of all the people?

Ed Gamble Well, national treasures. What do you think? What do you think the national treasure chest is?

James Acaster Full of treasure and that's-

Ed Gamble

But then as soon as the treasure chest's open, Carol's going to turn into a coin.

James Acaster

That's how it works. They turn into a coin and they're in the chest forever. Wow. That's nice.

Ed Gamble

Yes, I suppose it's nice.

James Acaster

It's meant to be comforting.

Ed Gamble

Yes.



James Acaster

Because of course, everyone knows Carol Vorderman. I grew up watching Carol on Countdown.

Ed Gamble

Me too.

James Acaster

Then we got to see our friend Joel Dommett, the comedian go into the jungle with Carol.

Ed Gamble

Yes.

James Acaster

And these days, not only does she have a fantastic podcast, but also is bringing out a new book, Carol Vorderman's Perfect Ten.

Ed Gamble

Yes. This is based on her podcast, it's sort of ten quiz questions a day.

James Acaster

Yes.

Ed Gamble

The podcast. And that's what-, the book is sort of a little bit like that. I mean, there's some interesting questions in there. Maybe-, you never know James, when Carol's in the dream restaurant, maybe she'll quiz us on some stuff.

James Acaster

I really hope so. I love being quizzed. Love little brain-busters.

Ed Gamble

You do love little brain-busters. Unless you're on television and then you have a meltdown just before you were about to film it.

James Acaster

I don't know what you're referring to.

Ed Gamble

I can find the-, I can find the texts from when you were in the Mastermind dressing room if you want.

James Acaster

Oh yes, they put the pressure on you.



Ed Gamble

They don't.

James Acaster

Very excited to have Carol on, but if Carol does pick a secret ingredient, an ingredient which we have deemed to be unacceptable, we will be forced to kick her out of the dream restaurant and I hope that doesn't happen Ed.

Ed Gamble

No, me too. And the secret ingredient this week is Alphabetti spaghetti. Alphabetti spaghetti, of course, a cheeky little nod and a wink to Carol's life as the Countdown letters and numbers lady.

James Acaster

Yes. I mean, maybe if Carol ate Alphabetti spaghetti, she would, you know, see it as one massive anagram on her plate and be forced to rearranged them into words and sentences.

Ed Gamble

Yes.

James Acaster Make sense of her meal.

Ed Gamble Also, it's disgusting, Alphabetti spaghetti.

James Acaster It doesn't taste good.

Ed Gamble Too slippery.

James Acaster

Yes, slippery and slimy. Doesn't taste better than-, I'd rather have spaghetti hoops.

Ed Gamble

Yes, of course.

James Acaster

But I wouldn't want to have the little-, you know, the little stubby mini spaghetti strands that come in the sauce. I don't like those. The hoops reign supreme for me.

Ed Gamble

Hoops and sausages for me.



Oh yes. Yes. Maybe a sausage that's wearing a hoop like a belt.

Ed Gamble

Yes. Oh yes.

James Acaster Yes.

Ed Gamble Sexy sausage.

James Acaster Little sexy sausage.

Ed Gamble This is the Off Menu menu of Carol Vorderman.

Welcome Carol to the dream restaurant.

Carol Vorderman Thank you. I'm very excited.

James Acaster

Welcome Carol Vorderman to the dream restaurant, ready for some time. I had a lot of saliva in my mouth when I did that one.

Carol Vorderman Yes, you did really.

James Acaster I had to hold it all in. It was very difficult.

Ed Gamble Yes, the traditional genie would explode out of the lamp and there would be like steam and stuff.

Carol Vorderman

I know. I was expecting quite a lot of dry ice a la Stars In Their Eyes.

Ed Gamble

Yes.

Carol Vorderman

I was expecting that amount. So quite disappointed really.





James Acaster Yes, I'm sorry. I'm sorry.

Carol Vorderman I wasn't expecting a mouthful of saliva.

James Acaster Yes, yes. I wasn't expecting it. I think you can see it on my face.

Carol Vorderman Yes, well, there we go.

James Acaster Have you ever been on Stars In Your Eyes? Did you ever do the celeb version?

Carol Vorderman I did. I was the very first person on it.

James Acaster Wow.

Carol Vorderman Yes.

James Acaster That's exciting.

Carol Vorderman I was an appalling Cher.

James Acaster Yes.

Carol Vorderman

Yes, really really bad. And it was back in-, I remember it because somebody was laughing at it the other day, again, and 1998, it was. And the boss of ITV was a guy called David Liddiment who's a genius boss. And he came up with this idea, and it was the first ever celebrity version of a normal show.

James Acaster

Oh wow.

Carol Vorderman

And he said, 'I've got this idea Carol,' you know, because I used to do a lot of shows for ITV peak time then. And he said, 'I know you love Stars In Their Eyes,' he said, 'What do you reckon?' I went, 'Oh,



that's genius.' He said, 'Yes, get famous people to do it.' And I went, 'Absolutely genius.' And he said, 'And you're one of them.' What? What?

Ed Gamble

If you'd known that he was planning on asking that, you would have gone, 'I don't think it's a good idea,'

Carol Vorderman

No, terrible idea, David, yes. Yeah and they persuaded me to do Cher and it was really weird. So it was Matthew Kelly, obviously 'Tonight Matthew, I'm going to be-,' and then when we were recording it and I had literally never sung through a microphone in my life. I mean, I'm a bit of a party animal, so you do always find me on a table somewhere singing. But it's alright when you're drunk, isn't it?

Ed Gamble

Yes.

Carol Vorderman

Because you just hear you. I was a cross between blimming Cher and Celine Dion and all the rest-, I was amazing. Except I wasn't. And then when you've got this microphone, they did all the dry ice. They go, 'Tonight Matthew,' and then everybody does their 'Tonight Matthew, I'm going to be-,' and then you all go into make up and they spend hours in make up to transform everyone. Then you come back in and you do your performances. So I was on first and there was all this dry ice, you know. But I couldn't see a thing and I'd chosen The Shoop Shoop Song and there's no musical intro. You know, normally, it's like, 'Ah,' and everyone goes mad and then you walk down the steps to, like, four bars of music and then you stand by the microphone. No. I came through, everyone went, 'Ah,' because I'd been little Carol Vorderman on Countdown. You know, and here she was, like this incredible tart in leather. Everyone screamed. I couldn't hear a thing. And then I thought, 'Oh, there's the music, I'd better start.' Whereas by that point, it's too late. So I was like, 'Does he looo-,' do it again. Did it twice and I was literally-, the tears were involuntarily falling down my cheeks. And I thought, 'I can't-,' I said, 'I can't hear the music.' And you know how in entertainment, everyone's like really cynical, aren't they? They go, 'Don't worry, love, we've got the shot of you coming through the ice. We've got the shot, just stand on the top of the steps, start,' you know, and all of that. So yes.

James Acaster

Did you pick it up? So that's not the version that went out.

Carol Vorderman

It is- they matched it obviously with a walk through.

James Acaster

But it's not-,

Carol Vorderman

Cut to an hour later on the-,



Ed Gamble

The audience like, 'Yeah, oh, right, okay, come on. Let's get through this.'

Carol Vorderman

And then Matthew said to me, texted me, on the night of transmission because it went out months later. I couldn't watch it. I literally felt sick. I thought, 'My career, that's it. It's over.' And my cousin Pam was downstairs because she sort of half lived with us and watching it with my mum who lived with us when I was married, and she shouted up, she went, 'Don't worry Carol. Don't worry, love. It's a good job you can count.' This was after it was a thing. That was Pam. And then Matthew texted me and he said, 'I think we might have a bit of an audience. I've just been supermarket shopping in Urmston,' which is where he's from in Manchester, he said, 'And there's no one around,' which was the sign. I think it got like seventeen, eighteen million viewers or something.

James Acaster

Wow. The opposite of what you wanted.

Carol Vorderman The equivalent of the Coronation, do you know what I mean?

James Acaster

Yes, sure.

Carol Vorderman

Oh, I died. Sorry, it was a long story, but I absolutely died for months. Couldn't bear it.

Ed Gamble

Because obviously, this is also pre-social media, and the way you could tell that lots of people were watching something is if the supermarket was empty.

James Acaster

Yes.

Carol Vorderman Literally.

James Acaster Yes, go shopping in Urmston.

Carol Vorderman

Yes, literally because you had to watch it, didn't you? Had to watch it live.

Ed Gamble

Yes, yes, yes.



So, you know, I still can't sing. But anyway, there we go.

James Acaster

Well, we're not going to ask you to sing today.

Carol Vorderman

Oh good. Could you do another genie thing though? Now imagine that you're at the top of the steps and you've got the dry ice, could you just do it a little bit better?

Ed Gamble

You're allowed to do a retake.

James Acaster

Tonight Carol, I'm going to be a genie. Whoosh. Welcome, Carol Vorderman, to the dream restaurant, we've been expecting you for some time.

Carol Vorderman

Better.

Ed Gamble That was pretty good, wasn't it?

Carol Vorderman

Yes, that was better.

James Acaster Thank you.

Carol Vorderman You had the Matthew Kelly vibe.

James Acaster

Let me pick it up. Plug that into the early one, make me look cool.

Carol Vorderman

Anyway, it's a delight to be here.

James Acaster

Really happy to talk to you about food today. Find out what your special-,

Carol Vorderman

Why are you laughing, Benito?



James Acaster

Ben laughed at me because I never say, 'Really happy to talk to you about food today,' I've never said that to anyone.

Ed Gamble

Yes, but it sounds like a catchphrase.

James Acaster

Yes, yes.

Carol Vorderman But it really isn't.

James Acaster I've never said it. Never said it.

Carol Vorderman

It's like he's talking to his auntie, you see. He's like, 'I've got, like, my auntie Carol in and I better be polite.'

James Acaster Yes, well, we're going to be very polite.

Ed Gamble We're polite boys.

Carol Vorderman Are you? No, don't be polite.

James Acaster Yes, we'll be extra polite today.

Carol Vorderman No, don't be extra polite.

James Acaster Well, you know our friend, Joel Dommett, you were in the jungle with him.

Carol Vorderman Yes.

James Acaster Yes, he says you're not polite at all.



Carol Vorderman No, I'm not.

James Acaster He says you're-,

Carol Vorderman I like-, well, it's a northern thing, isn't it?

James Acaster Party animal, like you said.

Carol Vorderman It's like, just insult me and I'm at ease.

James Acaster Yes.

Carol Vorderman Yes.

James Acaster What was he like in the jungle, Joel?

Carol Vorderman He was funny. They were all funny. We had a lovely time there, you know.

James Acaster Well, yours was the series where everyone got on.

Carol Vorderman

Yes. And properly got on. There were a lot of bromances going on, there was Jordan Banjo and Adam Thomas and Wayne Bridge and Joel and Larry. And they just got on. And then the girls got on and it was-, I don't know, it was just a lovely time really. It really was, yes. And obviously, Joel did really well after.

James Acaster Yes, yes.

Carol Vorderman Wonderful.

James Acaster

Did you have to eat anything gross in the jungle?



Carol Vorderman

Yes, I did the eating challenge with Scarlett-, I was about to say Scarlett O'Hara, you wouldn't even know who I'm talking about.

James Acaster

Gone With The Wind, Gone With The Wind.

Carol Vorderman Scarlett Moffatt. And well done.

James Acaster Frankly Carol.

Carol Vorderman

That's aunty Carol.

Ed Gamble

Friendly aunty Carol.

Carol Vorderman

So, yes, with Scarlett, and you don't know what-, you know when you're there and when somebody's eating a kangaroo's testicle.

Ed Gamble

Yes.

Carol Vorderman

For instance. What do you do when you're sitting next to them? So I was just going, 'Chew, chew, chew-,' in my head, I'm thinking, 'Why am I saying this?' And then Scarlett just went, 'Will you shut up?' She went like, 'Shut up.' But yes, you're right there, yes, yes, just shut up really.

James Acaster

So you didn't have to eat the kangaroo testicle?

Carol Vorderman No, I did because it alternated.

Ed Gamble Oh yes, of course.

James Acaster

Two testicles.



Carol Vorderman

And they'd come, this big-, you know, thing with the silver-, what do they call it?

James Acaster

Cloche.

Carol Vorderman

Cloche. Thank you. And that would come in and then they'd describe what-, and they normally, like, reeked of stuff.

James Acaster Yes.

Carol Vorderman And it was the chewiness of everything.

Ed Gamble Yes, weird textures.

Carol Vorderman

So you couldn't just go-, yes. I was better when we had the Hunger Games or Hungry Games, bless you.

James Acaster Thank you. Held it in. Imploded.

Carol Vorderman Sneeze and saliva with this one.

Ed Gamble I know.

James Acaster I don't know what the hell's happening with me, Carol.

Carol Vorderman

I don't know.

James Acaster This is embarrassing, aunty Carol.

Carol Vorderman

And so-, and then we were in the Hunger Games and I'm very good if I'm on a team.



James Acaster

Yes.

Carol Vorderman

Not so good when I'm, like, as an individual, being competitive. But when I'm part of a team-,

Ed Gamble

You really want to win.

James Acaster

Yes.

Carol Vorderman Because I am so competitive.

James Acaster

Yes.

Carol Vorderman

It was Hungry Games, so you can imagine, you know, team against team. And then they had mushed up, like, blended all this horrible stuff. I was alright with that because you didn't have to chew it. It was the chewy bit.

Ed Gamble

It's the texture more than anything, yes.

James Acaster

So what was that like-, hundreds of kangaroo bollocks or-,

Carol Vorderman

Oh, and all that sort of-, yes, and ostrich whatever they do, ostrich anus or, you know-, I mean, it was like blended. But blended.

Ed Gamble

Yes, always blended.

Carol Vorderman

Blended fish eyes or something. Whereas eating a fish eye-,

Ed Gamble

Ostriches have an anus?

James Acaster

Cloaca or something.



Ed Gamble Big cloaca, wouldn't it? The ostrich.

Carol Vorderman Would it be?

Ed Gamble Well, yes, because they're birds, right? But I don't know whether it would have an anus-,

Carol Vorderman Well, so they claim.

James Acaster True.

Ed Gamble You're not sure if an ostrich is a bird or not?

Carol Vorderman Well, have you met an ostrich?

Ed Gamble I'm not sure I have actually.

Carol Vorderman And it doesn't fly.

Ed Gamble No, that's true.

James Acaster No.

Ed Gamble Yes, it's a bloke.

Carol Vorderman In an outfit.

Ed Gamble Yes, it's a bloke in an outfit. 100%. Yes, yes, Bernie Clifton.

Carol Vorderman They're big things though, aren't they?



Ed Gamble They're massive.

James Acaster Oh yes, Rod Hull's the emu, isn't he?

Ed Gamble Yes, yes. Rod Hull's the emu.

Carol Vorderman Yes, gets the smaller version.

James Acaster Yes, yes.

Carol Vorderman

I love those. Have you seen them when people go on stag and dos and stuff, particularly at like rugby things, where they have-, the outfits where they are, like, the ostrich, so that they are Rod Hull and then their legs go into the ostrich-,

Ed Gamble

Ostrich legs, yes.

Carol Vorderman

Or emu legs. Yes, and then it sticks out, and they sort of ride it or whatever. I know it's not Rod Hull, it was the other comedian.

Ed Gamble Bernie Clifton.

James Acaster Bernie Clifton.

Carol Vorderman

Yes. I love those. I want one of those actually.

Ed Gamble

Yes, they're such a-, like, I've seen them so many times, but every time, they do make me laugh.

Carol Vorderman

They do. They just do, don't they?

Ed Gamble

And it does play that optical illusion every single time.



James Acaster Yes.

Ed Gamble Yes. It works.

Carol Vorderman It really does.

Ed Gamble It's good stuff.

Carol Vorderman It works. Yes. Stupid. I think you should get one.

James Acaster Who's the one who's got Orville?

Ed Gamble Keith Harris.

James Acaster Keith Harris.

Carol Vorderman That was Keith Harris, yes.

James Acaster What if you were in the jungle and they lifted up a cloche and it was just Orville's face? And they killed it, Orville-,

Carol Vorderman It depended what the prize was.

Ed Gamble You would happily eat Orville if it was for something delicious.

Carol Vorderman Well, you might have to.

Ed Gamble Yes.



Carol Vorderman For the team.

James Acaster For the team.

Carol Vorderman Take one for the team.

Ed Gamble For the team, yes.

James Acaster And we're very excited because your Perfect Ten quiz book is coming out.

Carol Vorderman Yes. September the fourteenth.

James Acaster September fourteenth. 400 questions.

Carol Vorderman Yes.

James Acaster In this quiz book, so people can do, like, ten a day.

Carol Vorderman

It's called Perfect Ten and it started as a podcast in January. It's done really really well. And so I wanted-, I didn't want it to just be general knowledge and all of that. So we've got, like, a riddle a day, there's a memory round where we will play something-, on the podcast, now. And then just ask you a question about what you've just heard. There's a hearsay round, so say what you hear and all of this kind of stuff. And some of the sort of-, we call it the Three Fs, they're like little fun questions. So you don't have to have studied the Tudors and Stuarts at school or Shakespeare or something boring like that to get the answers. And it really has taken off. So it's ten questions, ten answers, all done in ten minutes on the podcast, which is about long enough, isn't it, when you're commuting. And everyone goes, 'I only got seven,' and if you get ten, it's like, 'Oh hello, we're strutting down the street today.' This is the book version. So it's all very new and we've done See and Say, or Say What You See, and this. But it's funny as well, you know. And then little bits of information. So it's good and it's a good laugh and you can write your answers.

Ed Gamble

And it keeps your brain active every day.



Carol Vorderman And it keeps your brain active, yes.

James Acaster Do you want to test us on any of them?

Carol Vorderman Do you want one?

James Acaster Yes.

Carol Vorderman I hadn't prepped that, but okay. So, oh, right, so we have a thing called Two In, Two Out.

James Acaster Cool.

Carol Vorderman So I give you a word, I spell it out, you can take two letters out, they will remain in the same position.

Ed Gamble Yes.

Carol Vorderman And put two letters back in.

James Acaster Okay.

Carol Vorderman To make-,

James Acaster Got to picture the word in your head.

Carol Vorderman Which two letters can you change in the word 'tickets', T-I-C-K-E-T-S, to get a famous Victorian author?

James Acaster Dickens. Take the Ts basically and put D and N.

Carol Vorderman Correct.



Ed Gamble That's good actually.

Carol Vorderman You see? Good man, one point to you.

Ed Gamble

I was worried that I wouldnt be able to think of any Victorian authors, and then by the time-,

Carol Vorderman Well, I can only think of one.

Ed Gamble Yes.

James Acaster That Dickens. I just thought of the only one that I know.

Ed Gamble Yes, the main one.

Carol Vorderman So that's kind of-, you know, yes.

Ed Gamble I'm livid now.

James Acaster See? I feel great now for the rest of the day and Ed feels awful.

Ed Gamble I feel really bad now, Carol.

Carol Vorderman Do you? Shall I ask you to do a different one?

Ed Gamble Can you do another one? Yes.

Carol Vorderman You're not too good on the words then.

Ed Gamble Well, I am quite good on the words normally.



James Acaster Didn't seem to be that time.

Carol Vorderman You good on languages?

James Acaster Wipe the floor with you-,

Ed Gamble Dickens.

Carol Vorderman Are you good on languages?

Ed Gamble I like the word ones, but we can do a language one.

Carol Vorderman Okay, we can do another-

Ed Gamble We can do a language one.

James Acaster You say you like the words ones, but, you know, actions speak louder than words.

Ed Gamble Well, I've won loads of TV quiz shows, so.

James Acaster With Nish's help.

Ed Gamble And Weakest Link.

Carol Vorderman Okay, this is a nice one because it's Carol-lateral thinking, we call this one.

Ed Gamble Okay,.

Carol Vorderman So this is a bit of number work. What would come next in this sequence-,



James Acaster Oh no, Jesus.

Ed Gamble This is a disaster.

Carol Vorderman No, it's not.

Ed Gamble Okay.

Carol Vorderman

10, 20, 40, 80, yes?

Ed Gamble Yes.

Carol Vorderman 160, 320. Do you know what's happening there?

Ed Gamble 640.

Carol Vorderman Well done.

Ed Gamble Yes, okay.

Carol Vorderman There you go. So some of them-

Ed Gamble You gave me an absolute underarm there, Carol, thank you very much.

Carol Vorderman I did. It's fine.

James Acaster And you had to use the phrase, 'Do you see what's happening there?' To him, to help him along.





Ed Gamble

And it did help.

James Acaster It did help him.

Ed Gamble No, something's happening there, do you see what's happening?

Carol Vorderman Do you see what's happening there, Edward?

James Acaster We always start the dream meal with still or sparkling water.

Carol Vorderman

Well, that's an easy one for me. So because we're going out-,

James Acaster

Yes.

Carol Vorderman

It's got to be sparkling because it gives you a little sense of occasion, I would say.

Ed Gamble

Yes.

Carol Vorderman

And this is honestly what I always order in a restaurant. So it's, 'Oh, can I have a sparkling water please? And can I have a jug of fresh lime juice?'

James Acaster

Lovely.

Carol Vorderman Have you ever had it?

Ed Gamble

No, but it sounds-,

Carol Vorderman

It is really really refreshing. That is genuinely what I always have. I'm not so keen on water though. It's just a bit bland, isn't it? So you have to have something in it. But the lime juice is really really good.

Ed Gamble

How much lime juice are you adding to a glass of-,

Carol Vorderman

Well, you have a splash. So it sort of clouds the water. And it gives it a little taste. And it's very interesting about how much comes in the jug.

Ed Gamble

Yes.

Carol Vorderman

Because some people just give you, like, a little squirt really. They've only taken half a lime, well, that's no good, is it?

Ed Gamble

What have you done with the other half?

Carol Vorderman

And I've ordered a big bottle of sparkling water. That's no good. And then others come back with-, it's almost like a milk jug full. And then they've gone and juiced, you know, a thousand limes for Miss Vorderman, you know. And then they're counting this, like, litre can. So yes, it's-,

Ed Gamble

I love that you've got a move every time you go into a restaurant, is the sparkling water with a jug of fresh lime juice.

Carol Vorderman

That is genuinely what I ask for, yes.

Ed Gamble

Fantastic.

Carol Vorderman

And it's lovely, it's really lovely. It refreshes the palette, when I say things like that you're going to say, 'She's a real foodie,' I'm not, I will disappoint you for the next half an hour, believe me, with my choices.

James Acaster

That's as high end as it gets.

Carol Vorderman

But that would be-, yes, that would be it. What I wanted to do was just discuss because the time our dream meal starts will actually determine what it is that I choose. So, my favourite meal is a long lunch. You know, boring people go, 'Shall we go for lunch? Shall we go for lunch out?' I go, 'Yes, see you at





12:30 and I'll be gone by two.' No, what's the point. That's like, 'Well, I'll have a bowl of soup.' Do you know what I mean?

James Acaster

Yes.

Carol Vorderman

However, what I want this dream meal to do, because Richard Whitely, gorgeous Richard, Whiters, used to go for long lunches and we held the record, when we were in London, for quite a few of the longest lunches in various restaurants including The Wolseley. So, you'd start about 2:30, 3:00, minimum of five hours, tending towards the 10 hours.

James Acaster You and Whitely?

Ed Gamble That's not a lunch anymore then is it?

Carol Vorderman It's a long lunch.

Ed Gamble You've tipped into dinner.

James Acaster Yes.

Carol Vorderman

No, it's a long lunch. It's one meal. So, then you'd, like, space it out a little bit, and you say, 'I'll order the next course in about half, an hour, I'll come back half an hour, an hour.' And it's amazing because you get to bed at a reasonable time. Because if you go out for dinner, you go, 'What time? Well, let's go out for dinner.' Sorry James, 'Let's go out for dinner.'

Ed Gamble

Carol and I are going out for lunch and dinner.

Carol Vorderman

You're going out for dinner and you go, 'What time shall we meet? We'll have a cocktail. We'll meet at eight.' Then if you have six hours you are wasted the next day aren't you, because you get, like, four hours kip and the long lunch, this is what we're having today.

James Acaster

What time would you finish filming Countdown?



Carol Vorderman

So, we always did Countdown in Leeds, so we filmed three in the afternoon and then we'd have a tea break, dinner break, whatever you it, we call it a tea break up there, and then you do two in the evening.

Ed Gamble

Wow.

Carol Vorderman

Yes.

Ed Gamble

So, there was no time for long lunches while you were filming.

Carol Vorderman

No, that's why we used to make up for it at other times. God, we had a laugh.

Ed Gamble

Nice. I bet.

Carol Vorderman

Yes, such a laugh. Because he was the best company, Richard.

Ed Gamble

That's lovely because you're not guaranteed that on jobs are you when you turn up on the first day and you get on with someone so well that you can go out for lunch.

Carol Vorderman

No, it took us quite a few years to get that point.

Ed Gamble

Did it?

Carol Vorderman

But what we had back then, and it's not like, 'Back in the day,' but Yorkshire Televisions, so in the studios, there were, like, two big studios, and Emmerdale was down the road and all of this, and there was a Yorkshire telly bar. So, you'd go in the bar and everyone was there, so there was no grading of whether you were on camera or off camera or whatever. So, my boys, as I call them, my props, men really, boys, would be in there, and then Richard and then Jimmy Tarbuck, you know, people who were doing-, I don't know Alan B'Stard, Rik Mayall or whoever, they used to do a lot of sitcoms that they'd record on a Friday night and they'd rehearse on a Thursday. Everyone was in the bar, just everybody. Keith Barron, all these great comedy people. And then you'd just be having a laugh really and discussing this show and drinking whatever you were drinking, and it was all contained and happy. And then you went back in the next day and everyone had had a good night out, but it was just lovely. Yes. It



was a very special time to be honest, of course all of that, you know, the bar stopped and all of that, and I can sort of see why, but also sort of see not why.

Ed Gamble

You lose some things, you lose some things. Yes.

James Acaster

Nice memories for you.

Carol Vorderman Yes, lovely, lovely memories, yes, yes.

James Acaster

I was in those, like, later Countdown days, I was in bands round Northampton and when Richard passed away we had a big memorial gig for him.

Carol Vorderman

Did you?

James Acaster

Yes. Because a lot of the people in the bands were, you know, unemployed and would watch Countdown.

Carol Vorderman

We were very big with the unemployed.

Ed Gamble And the students, and yes.

James Acaster My friends the Retro Spankees released a single that was a tribute to-,

Carol Vorderman No.

James Acaster Yes.

Ed Gamble What was the name of the band?

James Acaster

The Retro Spankees was what the band was called.



Carol Vorderman Love that.

James Acaster It's a very good song.

Carol Vorderman It's probably an anagram of something as well.

James Acaster It's a very good song.

Ed Gamble I don't think it needs to be.

Carol Vorderman Oh that's wonderful that.

James Acaster You can probably still find that single on Spotify or whatever.

Carol Vorderman I'll look for that. Thank you. Because he was so loved.

Ed Gamble Oh yes.

Carol Vorderman

Genuinely, properly, properly loved. And few people are loved that much, you know, because he was in it boots and all, do you know what I mean, when we did, it just was a dream. You know, you obviously have a very special relationship and you don't always have that do you.

Ed Gamble

No.

James Acaster

No.

Carol Vorderman

And you go, 'Oh, I did a lovely show the other night with X, Y, Z, and that was great, it was a good show, cracking show,' but then you have a special thing, and it is special.

James Acaster

Yes, absolutely, yes.



Ed Gamble

Yes.

James Acaster

And we chose to do this together but you were thrown together, I guess.

Carol Vorderman Yes, we were. Yes.

James Acaster So it's very lucky.

Carol Vorderman

I was 21, God, I can't imagine being 21, unmarried. I've had a few since then Benito don't worry. But it was wonderful. And Richard used to say, because I was married twice and one of our lines was, and he was married once, and they got divorced about a year later and what he always used to say because he used to do the local show, Calendar which was, like, local news, like London Tonight or whatever on ITV, and he always used to say, 'Yes, and I wore a black tie for a year and nobody noticed.'

James Acaster

He was famous for his ties to be fair to him, so, yes.

Carol Vorderman

Famous. And you were saying how big it was with students which it was because it was on at, like, 4:00, 4:30 after lectures and so on, and it was huge, I mean, it was a five million a day that used to watch Countdown back then. Different times though weren't, you know, there were only four channels.

James Acaster

That was the time to go shopping.

Carol Vorderman

Yes, did you?

James Acaster

You should go shopping, all the supermarkets were empty when Countdown's on.

Carol Vorderman

Well it would be. And everyone's nanna had taken the telephone off the hook. 'Don't you dare knock on the door, don't you dare ring me while Countdown's on,' you know, all of that. And it was just this joy and Richard with his ties. So, the students came in, in the later years we would often have an audience of students, particularly in the evenings, who were younger than the show. We'd been going 22 years or something and they were all eighteen. And then one night they came in and everybody was in this garish jacket and a bloody awful tie, and we'd go, 'What are you doing? What are you doing? I love your ties.' They'd go, 'Oh yes, we've all come as Richard Whitely tonight.' Because there'd be, like, just



over 100 in the audience and they're all from, like, Leeds and Leeds Met uni. And we'd go, 'Oh, that's fantastic.' And Richard came into the studio, 'Huh,' and he was so chuffed. And I said, 'Well, how did you get the outfits?' 'We all went to our dad's and said can you give me your worst jacket and your worst tie.' And Richard was like, 'Oh, that's amazing.' We just loved it when people made an effort. And there was a great love, that's the thing, it was just like we were all in the joke together, you know what I mean.

Ed Gamble

Oh yes, for sure.

Carol Vorderman

Yes. Very, very happy times.

Ed Gamble

Yes. And both of you were just a part of people's lives because you're on every day.

Carol Vorderman

Every day.

Ed Gamble

And the most regular thing that people had.

Carol Vorderman

And it was steady. And when something rude came up, that awful one that begins with C-U that you see, and ends in P-S, that never happened.

Ed Gamble

Oh really.

Carol Vorderman

Yes. You see that on a meme quite a lot. That never happened.

James Acaster

That never happened.

Ed Gamble

That's fabricated.

James Acaster Someone's fabricated that.

Carol Vorderman



No, we wouldn't have had that one. But some did come up and then we'd have to keep a straight face, you know. It was all about keeping a straight face. And then of course in the early days they'd go, 'No, cut, cut, cut, we'll have to do it again.'

Ed Gamble

Oh really?

Carol Vorderman

Yes. But then if you'd got a six and you'd got a seven, James, then we had to, sort of, do it so the scoring was the same.

Ed Gamble

Yes, of course because, yes, if I'd got a six and then James got a rude seven.

Carol Vorderman

Yes, but it was allowed, then we had to re-record it but we'd give you a different seven to say, does that make sense?

James Acaster Yes, yes, that makes sense, yes.

Carol Vorderman Because we couldn't have a rude word?

James Acaster

Is that in your perfect quiz book is the C-U-P-S?

Carol Vorderman No, it isn't, rude word Countdown.

James Acaster That's not in there?

Carol Vorderman No, rude word Countdown happened in the bar after.

James Acaster Poppadoms or bread? Poppadoms or bread, Carol Vorderman? Poppadoms or bread?

James Acaster Really?

Ed Gamble

I don't think we've ever had them described as congealed dust before, I think that's the first time.



Carol Vorderman They are though, aren't they?

Ed Gamble That's what everything is in the world, isn't it?

Carol Vorderman Is it? Well yes. Dust to dust.

James Acaster That's what we all are. Dust to dust.

Carol Vorderman

Ashes to ashes. No, not poppadoms. Because when I do them, so somebody told me that you should get a pile of poppadoms and punch them.

James Acaster Yes.

Carol Vorderman Is that right?

James Acaster Shall I be mother? Yes.

Ed Gamble Some, some people do that.

Carol Vorderman And then they go like bite size pieces.

Ed Gamble Yes.

James Acaster Yes.

Carol Vorderman

And then you're meant to get a spoon, and load the chutney and everything on. Well that's not what I've ever done.

James Acaster

No.



Carol Vorderman

So, I would, like, break a bit off, dip it in the chutney, and then it just stays in the chutney.

James Acaster Yes. Breaks off. Yes.

Carol Vorderman Well, what's the point of that?

James Acaster Yes, yes. That's right.

Ed Gamble So would you do that every single time you had poppadoms?

Carol Vorderman

Yes, because sometimes it's good to carry on doing the same thing.

Ed Gamble Yes. You just got to keep going.

James Acaster Yes, yes, yes.

Carol Vorderman And then go, 'This doesn't, I told you this didn't work.' Yes.

Ed Gamble You basically have to make little crisps out of them, I find.

Carol Vorderman Yes, I'm not a, who's the poppadom fan here?

James Acaster I love them.

Ed Gamble I love them, but I would always choose bread in that.

Carol Vorderman I would choose bread.

Ed Gamble Every time. But James chose poppadoms once, when we've done our menus.



James Acaster

Well, no. I gave it a shout out. Both times we did our menus I chose bread, but they were very specific breads. Whereas actually, broadly.

Carol Vorderman

You're a poppadom man?

James Acaster I would say, I like, yes, the idea.

Carol Vorderman What do you have on your poppadoms, then?

James Acaster Everything. I love lime pickle, I like mango chutney, I like the raita. Yes, yes.

Carol Vorderman Now I like the raita, I like the onions. I do like onions, as you will find.

James Acaster Yes, yes.

Ed Gamble Yes.

James Acaster Yes, yes. The spicy one.

Ed Gamble

I think it's good to kick off a meal with raw onions, just to prove that it's the end of the night.

James Acaster Yes, yes.

Carol Vorderman Yes.

Ed Gamble Yes, you're not going out after that.

James Acaster

A long lunch? Kick off a long lunch with some raw onions?



Ed Gamble

Long lunch, raw onions.

Carol Vorderman

Long lunch. Well, yes. Well, so, it would always be bread. But I never buy bread, because it hits my stomach. I'm not very good with bread. But then every now and again, like about every couple of months I think, 'Oh god.' Because I love bread. So I buy a loaf, you know, one of these, what does artisanal?

James Acaster

Artisan? Artisanal?

Ed Gamble

Artisanal or, yes, artisan. You know, I don't actually know.

Carol Vorderman

It's such a poncy word, though, isn't it?

Ed Gamble It is, it's such a poncy word.

James Acaster I honestly think it's like home-made, fancy.

Ed Gamble

Yes.

Carol Vorderman

It's just fancy and twice the price, because of the word.

Ed Gamble

Yes, you can add four quid to it, basically, I think.

Carol Vorderman You can, can't you?

Ed Gamble Yes, and I fall for it every single time. Even though I know it's a rip-off.

James Acaster He's a sucker.

Ed Gamble But yes, I'm a complete sucker, yes.



Carol Vorderman

Are you?

Ed Gamble

But yes, that sort of thing.

Carol Vorderman

Do you insist that it has 'artisan' engraved in the crust?

Ed Gamble

Yes.

James Acaster

Ed doesn't understand numbers, though. So he doesn't really know how much it is. Unless you're there going-,

Carol Vorderman

Don't you?

James Acaster

'And what's next, Ed, in the sequence?' He doesn't know it's twice as much as the other. As the other breads.

Carol Vorderman

Contactless suits you, does it? Contact rather than counting out the money.

Ed Gamble

Yes, absolutely.

Carol Vorderman

Contactless suits you then. Cash is not a good thing.

Ed Gamble

Yes, absolutely. I love contactless, I can't count out the money. Also I didn't like cash in shops anyway, when it used to be the main thing.

Carol Vorderman

Yes.

Ed Gamble

When they give you change back, and they put the note down, and then put the coins on top of the note.



James Acaster You didn't like that?

Ed Gamble Hate that.

James Acaster Because you've got to pick that up. Yes, how are you meant to pick that up?

Ed Gamble Yes, put the coins in my hand first, and then give me the note in my other hand.

James Acaster Yes. Why are you putting it on top of the note?

Carol Vorderman Oh, yes.

Ed Gamble Otherwise, I've got to do a magician tablecloth trick to try and keep all the coins in my hand.

Carol Vorderman That is fun, though. Isn't it?

James Acaster Or airlift the coins with the note.

Carol Vorderman Can we do that at our long lunch?

James Acaster Yes.

Ed Gamble The magician's tablecloth trick?

James Acaster The magician's tablecloth trick, yes.

Carol Vorderman I am crap at it, but I love it.

James Acaster You've tried it?



I have. Yes, many times.

James Acaster

Many times?

Carol Vorderman

But you have to do the whole thing, don't you? You stand up.

Ed Gamble At the long lunches?

Carol Vorderman

'I can do this.' And everyone goes, 'No you can't, no you can't, no you can't.' And then you go, 'I can do it, I'm promising you. I can do it.' And then you persuade them, and then you do it, and there's all shit everywhere. Yes.

Ed Gamble

Yes, yes. Is that, you and Richard were banned from loads of restaurants for long lunches, because you tried to do the magician's tablecloth trick?

Carol Vorderman I don't think we were ever banned, as such.

James Acaster No?

Carol Vorderman Maybe we didn't return.

Ed Gamble Struggled to get bookings for the next time. Yes.

Carol Vorderman Yes, yes. But it's a good trick.

James Acaster Yes?

Ed Gamble Oh yes.

James Acaster If you can do it.



It's always entertaining. And let's be fair, if you're going on a long lunch you want to leave a memory behind.

James Acaster

Yes, okay.

Ed Gamble Yes. Or a mess.

James Acaster

So at the end of the lunch, you want to do the magician's tablecloth trick?

Carol Vorderman

Carnage, frankly, is underrated.

James Acaster

Yes?

Carol Vorderman Yes, it is. I think Benito agrees.

Ed Gamble Yes.

James Acaster Yes, yes. He does.

Carol Vorderman

You know, people try to keep calm about everything now. And it's like, 'Come on, let's get a bit of wild in here.'

Ed Gamble

Yes.

James Acaster Yes.

Carol Vorderman And the magician's tablecloth trick.

Ed Gamble

Yes.



James Acaster

Yes.

Carol Vorderman Is a very good one. Although I would recommend removing the glasses beforehand.

James Acaster But then, where's the carnage?

Ed Gamble The carnage is in the glass.

Carol Vorderman Have you been to a Greek restaurant recently? You know, where they smash the plates?

Ed Gamble Not recently, I'm aware of the trope. Yes.

Carol Vorderman Yes, I haven't been for a long time. It's just, sort of, ignited that in me.

James Acaster I've never seen them get smashed.

Carol Vorderman Haven't you?

James Acaster Even though I've been to Greek restaurants.

Carol Vorderman There should be more plate smashing in the world.

Ed Gamble Yes? Yes. And not just in Greek restaurants. In any restaurants.

Carol Vorderman Exactly. Wakes you up.

James Acaster Yes.

Carol Vorderman Gets you through to the next round.



James Acaster

Yes.

Carol Vorderman

And, you can enjoy two sets of crockery.

James Acaster

Yes, so they're going to bring out another set of crockery for you, after you smashed up the first lot.

Carol Vorderman Yes, exactly.

James Acaster

Yes, yes. That's good. I think you've got to keep the glasses on the tablecloth. I think once you start removing stuff, then you're just taking a tablecloth off of a table. So I think you've got to have everything.

Carol Vorderman Do you think I do?

Ed Gamble Yes.

James Acaster

You've got to have all of it on there.

Carol Vorderman It might have to be plastic.

Ed Gamble This is your dream meal, though. So you can smash stuff up.

Carol Vorderman Oh, let's do it.

James Acaster Actually, if it's your dream meal.

Carol Vorderman Yes.

James Acaster

Surely you'll want to be able to do it properly. You'll want to do it.



I think, though, I would save it until after the mains, which we're going to have to negotiate.

James Acaster

Okay.

Carol Vorderman

And before the dessert, which we're also going to have to negotiate.

James Acaster Yes, that's a lot of negotiation.

Carol Vorderman There is such a lot of negotiation to be had.

James Acaster Well we should get to your starter then, in that case. So that's 2 rounds of negotiation.

Carol Vorderman Okay, so it would be bread.

James Acaster A lovely artisanal bread.

Carol Vorderman And it would have, like, yellow Welsh butter with, like, salt crystals on it.

Ed Gamble Yes.

James Acaster Lovely.

Ed Gamble Any particular Welsh butter that you want to shout out?

Carol Vorderman No.

Ed Gamble No?

James Acaster No.



Just Welsh butter.

Ed Gamble

Just as long as it's Welsh butter.

James Acaster

Has to be Welsh butter.

Carol Vorderman

Yes, so I'm from a long line of Welsh tenant farmers. My 'Taid', as we would say in North Wales, my grandfather he was, I grew up in North Wales. So all, like, Uncles, Step-family, everybody's farmers. My first boyfriend was a chicken farmer, Rick the Chick.

James Acaster

What? Rick the chick?

Carol Vorderman Rick the Chick. Ricky, his name was, and he was a chicken farmer.

James Acaster Yes, yes. Rick the Chick.

Ed Gamble

So why, if he was a chicken farmer, why did people call him Rick the Chick?

Carol Vorderman

It's Welsh, isn't it? No, Rick the Chick. You had Billy the Milk, you have. What you have to understand-,

James Acaster

Yes, for example.

Ed Gamble

But he was the chicken farmer, why is he a chick now?

James Acaster

Billy the Milk.

Carol Vorderman

Because he's the chicken farmer.

Ed Gamble

But then he should've been 'Rick the Chicken Farmer.'



James Acaster What? No, come on.

Ed Gamble But he's not a chicken, is he?

Carol Vorderman No, you can't say that.

Ed Gamble That makes me think.

Carol Vorderman No, you can't say.

James Acaster 'Chick' is short for 'Chicken Farmer'.

Ed Gamble That makes me think he's going to be a chicken.

Carol Vorderman You can't say, 'Rick, oh he's Ricky the Chicken Farmer.' He's Rick the Chick.

James Acaster Yes, or Ricken Farmer, the Chicken Farmer. You'd rather he'd been called that?

Ed Gamble Yes, definitely.

James Acaster Yes, Ricken Farmer.

Ed Gamble Because he makes me think he's a chick.

Carol Vorderman What you have to understand in Wales is, that a lot of people have the same surname.

Ed Gamble Yes.

Carol Vorderman So you have to distinguish, and a lot of people have the same first name.



Ed Gamble

Yes.

Carol Vorderman

So a very common name would be, like, Dafydd Jones, for instance. And so, and a lot of people would be that. It's like even in our rugby scrum, we've got Wyn Jones, and Alun Wyn Jones.

Ed Gamble

Yes.

Carol Vorderman Two entirely separate people.

Ed Gamble Yes.

James Acaster Yes.

Carol Vorderman That's how normal it is.

Ed Gamble But what would you call them?

Carol Vorderman So you distinguish.

Ed Gamble Wyn the Rugby, and Alun Wyn the Rugby?

Carol Vorderman

No you might say, 'The Ball'. Or you might, you know. So it's like, my stepfather, who was my dad, who was Italian, who was an Italian prisoner of war. Italian food, we're coming on to that. And he had, Dai Ginge. So it was David, and they all had. So Dai Ginge worked with my dad, and then there would be Dai the Spark. Or as you would prefer to call him, David the Electrician.

Ed Gamble David the Electrician.

James Acaster

Yes, yes. That would be more fun for you. Did you have a nickname Carol?



Yes, but I'm not telling you. Because that would go viral.

James Acaster

Really?

So your dream starter?

Carol Vorderman Right, this is where we negotiate, right? Because.

Ed Gamble

I didn't, you said that you were negotiating on the mains and the desserts, but we're negotiating on the starter as well, are we?

James Acaster It's all negotiation. Negotiable.

Carol Vorderman Well, here's the thing. Right, it's a long lunch.

James Acaster Yes.

Carol Vorderman So I may put this negotiation in now, because the main. Which, I don't like main courses.

Ed Gamble Oh, okay.

James Acaster Fair enough.

Carol Vorderman So if I were going into a restaurant, I'd have two starters.

Ed Gamble Yes.

Carol Vorderman But I might also have a side.

Ed Gamble I think that's fine.



James Acaster

Yes. Fine.

Carol Vorderman You think that's okay?

James Acaster So you're skipping the main?

Carol Vorderman

I would prefer, because we're on a long lunch. So we've had the bread, that lasts an hour, doesn't it? Because we've started tanking it a little bit.

James Acaster Roll back then, what are you tanking it with?

Ed Gamble Yes, we normally do the drink later, but if you're tanking it.

James Acaster

Yes.

Ed Gamble Then we can talk about it. A little arrival drink. You know?

Carol Vorderman

Well, I'm just, sort of, trying to replicate a Whitely lunch, really.

Ed Gamble Yes.

James Acaster Yes.

Carol Vorderman Because they were the happiest ones.

Ed Gamble Yes.

James Acaster

I feel very lucky that we're getting the Whitely lunch on the podcast.

Ed Gamble

Yes.

Carol Vorderman Yes, so he particularly liked white wine.

James Acaster Of course. He's not called Richard Red-ley.

Carol Vorderman Whereas I probably prefer a red wine.

Ed Gamble Yes.

Carol Vorderman So I would probably go for a red wine. But because I don't actually drink very much, at all.

James Acaster What?

Carol Vorderman Not nowadays, I don't.

James Acaster Not nowadays, no.

Carol Vorderman

No I don't, no, not at all. So at home I have, like, a little sherry glass of it. That's enough. But anyway, I'm on my dream lunch, so.

Ed Gamble You're tanking.

Carol Vorderman So now I'm not worrying about the hangover. Now we're just.

Ed Gamble Yes, absolutely yes.

James Acaster

We're not going to give you a hangover. We're taking that away.





Ed Gamble

So when you arrive at the restaurant, and sit down. Obviously for a long lunch.

Carol Vorderman

No, I'm going for the sparkling water.

Ed Gamble The sparkling water.

Carol Vorderman

Because, when I was at, do you remember the Dover Street Wine Bar?

James Acaster

Ed Gamble

No.

Carol Vorderman

No? It's in Central London, and it was great. It was downstairs, and you could be there until, like, six in the morning. And they always had a live band. And it was owned by a Greek guy called Tony, and George. And one of the waiters, who I saw quite a lot, he always used to come, and Tony would go, 'Oh, Ouzo, Ouzo, Ouzo!' You see, if you were sitting with him. And I'd go, 'Oh, oh god. No. No, no, no.' And so, this particular waiter would come, and he'd go 'Oh, here is your Ouzo. Here is a glass of water. Water is your friend for tomorrow.' So, now, if I have a glass of wine, I have a glass of water with it as well.

James Acaster

Yes, your friend for tomorrow.

Ed Gamble

I heard though, that with Ouzo, water is not your friend the next day, because apparently, Ouzo, this might be one of those myths, crystallises in your stomach.

Carol Vorderman

Does it?

Ed Gamble

So, it gets you drunk and then crystallises in your stomach. Then, when you drink water, it basically re-dilutes the Ouzo crystals and makes you pissed again.

Carol Vorderman

Maybe that's why it's so popular.



Ed Gamble It's the drink that keeps on giving.

Carol Vorderman Well, that's interesting.

Ed Gamble Drink it again in your tummy.

Carol Vorderman I'll have to ask my daughter, she's a scientist. I'll ask her about that.

Ed Gamble My whole theory is going to be blown apart.

Carol Vorderman From the man who can't accept cash in the studio.

Ed Gamble I don't handle cash.

Carol Vorderman Yes, he's royal.

James Acaster So, we're having red wine.

Carol Vorderman So, I'm having red wine.

James Acaster With the bread.

Carol Vorderman

But, the nicest red wine I've ever had. Now, this is a proper name-droppy thing now. I was in America, and I was on a date with my astronaut. I'll leave that there.

Ed Gamble

For a second, I thought that America was the name drop. You were like,' This is going to be a name drop. 'I was in America. They get films before us.'



Yes, it was a cracking night. We had a Margaux, and that was very expensive red wine. I remember that, and oh God, it was good. So, it's got to be a Margaux, because things that you like remind you of stuff, don't they?

Ed Gamble

Yes, totally.

Carol Vorderman

It's like, you know, if somebody mentions a name of someone, you know whether you like them by how your face reacts, like, you talk about Richard Whiteley, it'd be nothing but joy and stories. Then, they're other people where you go, 'Mmm.' You know what I mean?

Ed Gamble

We'll be looking out for that face later.

James Acaster When we mentioned Joel, earlier.

Ed Gamble A lovely bottle of Margaux.

Carol Vorderman A bottle of Margaux. So, we're having that now.

James Acaster Lovely, so that's from-,

Ed Gamble You're tanking it.

James Acaster You're tanking it. Now, the starters are coming.

Carol Vorderman Now the starters are coming.

James Acaster Do you want the astronaut with you?

Carol Vorderman

Yes, he can be there. Scallops. Now, I know you were discussing them, weren't you, the roe bit, the other week.

Ed Gamble

Yes.

Carol Vorderman

I would eat. Well, I think you have to really, don't you?

Ed Gamble

Well, you know, if it's there, I'll eat it. But, some places cut them off before they cook the scallops, right?

Carol Vorderman

I know. I sort of understand that, but I like the whole thing. I like it, you know, in that very '70s way, when it's in the shell.

Ed Gamble

Yes.

Carol Vorderman

I like that.

Ed Gamble

It's nice, because then if it's cooked in, like, garlic butter or something, a little pool of garlic butter in the bottom of the shell.

Carol Vorderman

It's just gorgeous. And onions.

Ed Gamble

And you want onions there, as well?

Carol Vorderman

I love onions. I could have onions with everything. I don't eat enough onions, I should eat more onions. But, when I was thinking about this, so like, fried or whatever people call it, onions.

Ed Gamble

Fried onions?

James Acaster Shallots?

Ed Gamble Caramelised onions, that one?



Very nice. They go sugary, don't they, and sweet. But, the garlics, I don't really eat enough garlic, because of the obvious reasons, and butter. So, this is my dream meal. I am the slowest eater in the world.

Ed Gamble

Well, it was ten hour lunches.

Carol Vorderman

Yes. The only person slower than me is my son, Cameron, who lives with me. He's 26 now, Cam. So, he is even slower than me. But, I am the slowest, I will always, if we all went out, including you, Benito, I will be the slowest person. But, I finish it. It might take me twice as long as everyone else.

James Acaster

Do people comment on it, do people get frustrated?

Carol Vorderman A little bit, sometimes. Tough.

James Acaster

Tough luck.

Carol Vorderman

The waiter will always come and they'll go, 'Should I take-,' 'No.' Just because everyone else has finished, doesn't mean I have.

James Acaster

Hands off.

Ed Gamble

So, you want the scallops in the shell. How many scallops?

Carol Vorderman

I would say three, which would take me through about another hour. Garlicy butter and some oniony things.

Ed Gamble

An hour to eat three scallops, wow.

Carol Vorderman

There's much to discuss.

James Acaster

That's three mouthfuls, isn't it? That's pop pop pop.



I was just thinking, maybe if the three shells went on top of a serviette on top of the plate, I could rehearse my magicians trick in miniature.

Ed Gamble

So, really, this whole meal is just now building up to this magicians trick, isn't it?

Carol Vorderman A meal is a form of entertainment, is it not?

Ed Gamble Yes, absolutely.

Carol Vorderman

So, other people get picky about the food. I'm not really picky about food, I should say that.

Ed Gamble

Yes, you said that at the top of the podcast.

Carol Vorderman So, I'm not a foodie. It's a form of social entertainment.

James Acaster You like the social aspect of a meal, more than the food?

Carol Vorderman Every time, every single time.

Ed Gamble Do you go out to dine alone, ever?

Carol Vorderman

No, not unless, you know, you're going up to work somewhere in a hotel, something like that. But, I don't enjoy that.

Ed Gamble

Would it be as long a meal if you were by yourself in a restaurant?

Carol Vorderman

No, probably only be about three hours. I can entertain myself, quite happily.

Ed Gamble

I want to know more now about the practice for the trick.



Well, I've only just thought about that.

Ed Gamble

It's a good idea.

Carol Vorderman

lt is.

Ed Gamble

Are you doing it when the scallops are still in the shell, or are you just going to do it with the shells after?

Carol Vorderman

After I've finished, and then I go, 'I've finished now.' James, I've finished now. Then, I've just got a little thing, because I'm building-, I've got something to you show you, which is magnificent later, after the main course. Then, I'd say, 'Right, watch this, count to three.'

James Acaster

One, two, three.

Carol Vorderman

And all the shells remain on the plate, or not.

James Acaster

Have they got the garlic butter in them still?

Carol Vorderman

Well, it depends where they remain.

James Acaster

Yes, so it could be. If there's pools of the garlic butter in there, that's all over me.

Carol Vorderman

Yes.

Ed Gamble

I like that you're allowing yourself one of two options of, 'there the shells remain, or not.' Or, they could be on the floor.

Carol Vorderman

The butter may have flown in different directions. But, you know, that's another thing. If you go out for a meal, and people sort of worry, don't they? Like, 'I've got a stain on here.' I don't worry about things like



that. Back to Richard. So, there was one very long lunch. Then, we went to Joe Allen's at the end of it, you know, in Covent Garden, underground? You know where I mean?

James Acaster

No, but that sounds nice.

Ed Gamble

The theatre post show hangout place, all the actors go to Joe Allen's.

Carol Vorderman

Yes, all the actors after the theatre go down there and everything. Anyway, we went down there one night, after a long lunch. Who turned up but Bianca Jagger? So, she came to sit with us.

Ed Gamble

It's not often we get celebrity anecdotes of this quality, Carol.

Carol Vorderman

We are now at magician's trick time, right?

Ed Gamble

Of course.

Carol Vorderman

So, Bianca Jagger comes over and she's sitting down, and she is the most exquisitely beautiful woman you've ever seen. Every single thing about Bianca is perfectly formed. All her clothes look magnificent, and all of that. There's me, slobbing out, there's Whiteley. He's got an egg yolk stain on his tie.

Ed Gamble

Are you sure that wasn't the design of the tie? It could have been.

Carol Vorderman

No. Well, it could have been. So, Bianca says, in her beautiful accent, which I can't do very well, 'Richard, you have this thing.' She said, 'You should take this tie and change your tie.' He said, 'No Bianca, this is part of me now.' The last thing I saw was-, so, another friend of ours was there, called Co. So, she said, 'I'll give Richard a lift back to his hotel,' because I was staying somewhere else. It's like three in the morning, Drury Lane, completely empty. I'm waving off Co, driving a Honda Civic, with Bianca Jagger and Richard Whiteley in the back-seat. I love things like that.

Ed Gamble

Initially, you said long lunches were good because you get to bed at a normal time.

Carol Vorderman

Well, I know.

James Acaster Three in the morning, partying with Bianca Jagger.

Carol Vorderman You have to go with the moment.

Ed Gamble You do, you have to go with the flow.

Carol Vorderman You do, and I don't think people go with the flow enough now.

James Acaster Really?

Carol Vorderman No, I don't think they do.

James Acaster I think people are staying up until three o'clock still.

Ed Gamble We've had some good long lunches.

James Acaster We've had some good long lunches, we go with the flow.

So then, main course is going to be another starter, is that right?

Carol Vorderman

Yes.

James Acaster Okay.

Ed Gamble

So, you finish the scallops after an hour. Do you then want the next starter straight away, or do you want to relax, drink some more Margaux?

Carol Vorderman

Again, it depends. So, if other people want their main course before I have my next starter, that's fine, because they take longer on a main course. So, I'm very happy with that, just go out and we have a good laugh. So, we have our gays and girls lunches, or used to. They were long lunches. So, that's like



Gok, Alan Carr, Paul O'Grady, various others, and me and Sally Lindsay. They would be like 12 hours, they would be hilarious.

Ed Gamble

Everyone on that table can talk.

James Acaster

Yes.

Carol Vorderman

Literally. Then, when we were moved away from the restaurant, you know, after about 5 hours-, sometimes, they actually kicked us out. Then, we'd go to wherever, it just got messy, but very funny.

James Acaster What a great gang.

Ed Gamble That is amazing.

James Acaster What a brilliant gang.

Carol Vorderman

Yes, it's a lovely gang. So, that's why I favour all of that. So, we're moving on to my starts. You're having your mains, what would you be having by this time?

James Acaster

I'm having chorizo broccoli pasta.

Carol Vorderman Are you, every time?

James Acaster

Yes, yes, every time.

Ed Gamble

I'd probably have, like, a massive steak, that's supposed to be for two people.

Carol Vorderman

Do you eat a huge steak?

Ed Gamble

I can do that, yes. I cook them at home, sometimes.



Doesn't it sit in your tummy?

Ed Gamble

Yes.

James Acaster

That's what he likes about it. He drinks some water and eats it again.

Carol Vorderman

Do you have, like, two stomachs, like a cow? Or, does a cow have four?

Ed Gamble

A cow's got four, right? All the cud goes into the same stomach, for me. If I'm doing a barbecue at home, I can buy, like, massive steaks.

James Acaster

Fred Flinstone.

Carol Vorderman

But, do you go-, sometimes, all the blood then rushes to your stomach, doesn't it? That doesn't work well on podcasts, when you just do that vacant look.

Ed Gamble

Yes. But, if I'm at home, that's fine, because that's the look I do at home anyway.

Carol Vorderman

Is it?

Ed Gamble

So, I just go and sit on the sofa. But, if I'm preparing a big steak for me and my wife, she likes steaks. But, I'll do, like, two massive steaks on the barbecue, like, slice them up, present them on a big serving dish, which is key, because then you can get more than one steak, because it's all one big portion. She just takes her time with it.

Carol Vorderman

Like, a little quarter, and you have three quarters of two steaks?

Ed Gamble

Yes, but she assumes she's got a whole one, because she's taking ages on hers.

James Acaster

He's tricking his wife. He's tricking his wife, this guy.



That is clever. So, I am going for the big prawns, that they're, like, butterfly chopped. Then, they're spread out, like that. And, onions. Well, am I allowed two sides if I only have one starter?

James Acaster

I reckon if you're not having a main course, you can have two starters and two sides.

Carol Vorderman

Two starters and two sides. So, two starters in total and two sides.

Ed Gamble

Yes. You've got the scallops and the prawns, with onions.

Carol Vorderman

I'm happy about that, because sometimes in a hotel, I don't order a main course, I just order the sides. I prefer the sides, to be honest. So, my sides are lovely tomatoes and red onion.

James Acaster

Lovely tomatoes, yes.

Ed Gamble

You weren't lying about the onions.

Carol Vorderman

Then, the other one is a divided one. So, it's got mashed potato, and my favourite vegetable of all time, which, once October comes, I eat every single day. What is that vegetable?

James Acaster

Okay, is this in the quiz book?

Ed Gamble Once October comes. Butternut squash?

Carol Vorderman No. Nothing fancy, nothing fancy.

James Acaster Leeks?

Carol Vorderman Getting close. Sprouts.

Ed Gamble Sprouts



James Acaster

Yes.

Carol Vorderman King, and queen, and baby of vegetables.

Ed Gamble The three genders.

Carol Vorderman I will often buy a bag of sprouts a day.

Ed Gamble

Sorry Carol, you just hit on the thing that will makes us laugh the absolute most. I don't know why that's so funny.

Carol Vorderman Sprouts?

Ed Gamble No, but, king, queen or baby.

James Acaster

King, queen and baby of the vegetable world. It's very funny, like it's a phrase that already exists.

Ed Gamble

I've not forgotten that they're the baby of the vegetable world.

James Acaster

Recently, the film director William Friedkin died, who made The Exorcist and The French Connection. I've been watching loads of interviews with him, and he says stuff that sounds like it's a phrase, but no one's ever said it before. One is that he went off on, like, you know, he started off in a familiar place, where he was like, 'Fuck them and the horse they rode in on,' and then he added, 'And the ship that brought them here, and the dog that walks behind.' That really made me laugh.

Carol Vorderman

l like it.

James Acaster

There was another time, he was asked, it was almost like, 'Al Pacino said he didn't like the changes you made to his character,' and he interrupted them by saying, 'I don't give a flying fuck into a rolling doughnut what Al Pacino thinks.' So, stuff that sounds like a phrase, but it's not really. So, they're now the king, queen and baby of this.



Of the vegetable world.

Ed Gamble

We're going to use that, yes. How do you like your sprouts prepared?

Carol Vorderman

Well, what I normally do at home is I buy them already trimmed, and they come in a little plastic bag, don't they? So then, I pierce the plastic bag, put it in the microwave for 3 minutes.

James Acaster

You microwave your sprouts?

Carol Vorderman

Yes, and they're gorgeous. So, you don't have all the water interference, when you steam them. Obviously, you can roast them as well, which I often do. But, if it was for this, I would go with the steamed, microwaved sprouts.

James Acaster

You want microwaved sprouts?

Carol Vorderman

Quite simple, yes, with black pepper, salt-, I do like salt, I know it's bad for you. And butter, I'm going heavy on the butter today.

Ed Gamble

Welsh butter on the sprouts, as well?

Carol Vorderman

Welsh butter on the sprouts.

James Acaster

So, you're piercing the bag, putting it in the microwave. Then, I guess, you're taking them out and then salt and pepper and butter after they've been cooked.

Carol Vorderman

Obviously, yes, after the microwave, after this intense cooking escapade. I really hate cooking. I had to do it from the age of ten, I had to do tea, as we call it, every night. You know, my dad would come in at quarter to six and tea had to be on the table. In the days when we all had sliced bread and butter, you know, chopped up. If it was posh, you'd do it like a triangle. But, you had to slice it. I was so good at cutting bread and butter. And, like, lace doilies. So, I cooked all those years, and then, when the kids were older, I just thought, 'I bloody hate cooking.' I really don't like it. I did win star baker apron, though.

Ed Gamble

Did you?

Carol Vorderman Yes. I can cook, don't want to cook. That's me.

Ed Gamble

You're bringing up bad memories for James.

Carol Vorderman Why?

Ed Gamble He had the worst celebrity bake off appearance of all time.

Carol Vorderman

Did you? Did you come last?

James Acaster Well, they don't that make that official, but it was implied.

Ed Gamble It was really bad, Carol.

Carol Vorderman What was your show stopper?

James Acaster I made Wicksteed Park out of meringues.

Ed Gamble I mean, they were all show stoppers in a way. As in, they should have stopped the show.

Carol Vorderman Was it that bad, James?

James Acaster It was pretty bad.

Carol Vorderman Was it?

James Acaster Yes.







Mine was wonderful.

Ed Gamble

Mine was fine, so we've got the full gamut here.

James Acaster The full range.

Carol Vorderman I should've worn it, shouldn't I? I should've worn my star baker apron.

Ed Gamble That would have been amazing.

Carol Vorderman Can I tell you about my show stopper?

James Acaster

Yes, go on, let me hear about it.

Carol Vorderman

My show stopper, it was all about your favourite bit of leisure time, relaxing time. So, of course, everyone goes, 'Bath, I'll have a glass of champagne in the bath.' I thought, 'That is what I would do.' But, I wanted to think of something different, about proper leisure time. So, I made a cake, like, the size of a bath, not a big bath. But, that was the cake, rather than a little one. Then, I put fondant icing all the way through, like a roll top bath, and all of that, and then the champagne. Everyone else is boring and goes, 'I bought this icing that's done in a champagne.' Oh, no. So, I got Rob Rinder to strip a Ken and a Barbie. I put Ken and Barbie in the bath, and then, you had to pour a bottle of champagne into the bath, and drink it out of straws, before you're allowed to eat the cake.

Ed Gamble

That's good. Was Rob Rinder on the show with you?

Carol Vorderman

Yes. I didn't just happen to have him.

Ed Gamble

Well, we needed to get Rob Rinder to strip Ken and Barbie, because he's the guy that does that for people.

James Acaster

He's the guy that will strip a Ken and a Barbie. To be fair, that would make sense. I've met Rob Rinder, I'm sure he would happily strip a Ken and a Barbie for anyone who asked him.



He stripped Ken and a Barbie for me, and then, you had to drink the champagne, because it's like a party game. Drink the champagne, and everyone's involved, out of your straws. Then, you chop the cake. By that time, the champagne has, kind of, gone through the fondant icing, taken a lot of the sugar through, and it's not a dry cake, it's quite moist.

Ed Gamble

Did you come up with that yourself?

Carol Vorderman

Yes.

James Acaster

I mean, that deserves star baker, that does. I mean, I was nowhere near any of that, if I'm honest. I'll be completely honest. These prawns, we haven't heard much about the prawns. We've moved on to the sides.

Carol Vorderman

Well, I like the ones-, you know when you order an Indian, and they go, 'You can have a normal prawn, or you can have a big, fat Mm-mm'

James Acaster What?

Carol Vorderman 'Mm-mm prawn.'

Ed Gamble Tandoori?

James Acaster I do not know what word you are replacing.

Carol Vorderman

You know, it's like with everything. When it's over the top, you go, 'It's a Uh-uh.'

James Acaster

Fucking?

Carol Vorderman

F off dress, or an f off thing.



Ed Gamble

They say that to you in the Indian restaurant, do they? 'You can have a normal prawn, or you can have a big, fat, fuck off prawn.'

Carol Vorderman

Yes, but everyone knows what that means, don't they? You know what I mean immediately.

James Acaster

Well, eventually, when we got down to what it was. Is it off brand for you to swear, Carol?

Carol Vorderman

I think that is very expressive, because everyone knows what that is. It's like the king, the queen and the baby of prawns.

Ed Gamble

Do people use that phrase? If you don't mind me dwelling on it.

James Acaster

The king, queen, and the-,

Ed Gamble No, the big fat fuck off prawn.

Carol Vorderman

Well, I do.

Ed Gamble

No, I know people use it, but use it to describe size. But is that because when you see it, it's so big, you go, 'Fuck off.' Is that why?

Carol Vorderman

No, because it's a fond form of those words.

Ed Gamble

Yes.

Carol Vorderman

And there's a bit difference between, like, a scowly version.

Ed Gamble

Yes.

Carol Vorderman Or, like, a happy version.



Ed Gamble 'Oh, fuck off.'

Carol Vorderman No, not like that.

Ed Gamble Oh.

Carol Vorderman It's, like, a-, like that.

James Acaster You said it a little bit.

Ed Gamble You said it a little bit.

James Acaster What I love about this is that you've introduced this phrase into the conversation-,

Carol Vorderman You two have said it, like, twenty times.

Ed Gamble But you're refusing to say it, yes.

James Acaster But are the most reluctant one to say it. You can swear on this podcast.

Ed Gamble But you don't want to-,

James Acaster But do you think your fanbase would not like it if you swore?

Carol Vorderman No, it's not that. I don't think about things like that. Do you remember Tom O'Connor?

James Acaster Yes, Tom O'Connor.

Ed Gamble Yes.



Lovely Tom O'Connor. So, Tom used to be on Countdown all the time in Dictionary Corner.

James Acaster

Yes.

Ed Gamble

Yes

Carol Vorderman

And he always used to go, 'Oh,' like that because-, he'd go-, so, he used to have this story. So, he went to this wedding, went to a do, you know, in his suit. And he said, 'Oh, and I went to this wedding, and I said to the girl, you know, "Oh, I've missed the bride." She said, "Oh, yes, she had a great dress, Tom. It was fantastic. And so, it was, like, all dead white, and it had a fuck off skirt." So every time, which I thought was a brilliant description.

Ed Gamble

Yes, it's lovely.

James Acaster

Yes.

Carol Vorderman

We all know what that means.

James Acaster

Yes.

Ed Gamble

Yes. Also, that's just a description of a wedding dress.

Carol Vorderman

Yes. So, every time Tom came in, he just used to do the thing with his hands. He used to go, 'Oh, and a fuck off skirt.'

James Acaster

So, he was at a lot of weddings, Tom O'Connor.

Carol Vorderman

So, every time I think of it, I think of that. I love Scousers.

Ed Gamble

Yes. Oh, it's funny.



Yes, I love that. Oh, I was going to tell you a story about a skirt. No, that's probably very rude actually.

James Acaster You can't tell that one. Is that the story of how you got your nickname?

Carol Vorderman

No, I'm not going to tell you that one. That was a Leeds story.

James Acaster I want to get this nickname out of you.

Carol Vorderman Well, you're not going to.

Ed Gamble I don't feel like you are.

Carol Vorderman No, I don't think he is either somehow. Yes.

Ed Gamble Yes.

James Acaster So, just to-, I mean, we'll recap it all at the end I guess, but-,

Carol Vorderman Oh, I've got a funny Scouse story.

James Acaster Yes, please. Yes.

Carol Vorderman

Okay. Really funny Scouse-, last time I went up there. So, you've got to understand, I grew up in North Wales, that strip of North Wales that's a third Scouse really.

Ed Gamble Yes.

James Acaster Yes.



Carol Vorderman Rhyl, I went to school in all my life. You know-,

James Acaster Oh, man, I had a bad gig there.

Carol Vorderman Did you?

James Acaster And it destroyed me.

Carol Vorderman Really?

James Acaster Yes, I supported Milton Jones. They absolutely destroyed me.

Carol Vorderman Did they? The audience?

James Acaster Heckled me to high heaven, yes.

Carol Vorderman They didn't, did they?

James Acaster Oh, yes, they showed me.

Carol Vorderman You've never been back.

James Acaster I've never been back.

Carol Vorderman

I understand. So, Liverpool is up the road. So, you'd go to Liverpool for the night out, and all that, kind of, thing. The last time I went, I went to a big do. It was Jamie Carragher, and it was to raise money for-, I think it was a local hospice, it could've been a hospice. But anyway-, it was this big gig-,

James Acaster Lovely.



At the Titanic Hotel. Have you been there?

James Acaster

Yes.

Carol Vorderman

Stunning. So, there were about 500 people who'd paid money. Rod Stewart was there, Pixie Lott was singing on a-, so, not a huge venue, but a lot of people. So, Rod was over on the next table, and I've known him for light years. Anyway, part of the thing is you go, don't you, and then you go from table to table and you have selfies, and all of that. And everyone's going, 'Oh, Carol come 'ed,' 'Oh, it's Carol. Oh, we love Vorders,' you know, and all of this. I absolutely loved it. So, we'd go round, the night's getting longer and longer. I'm having a great time.

James Acaster

Yes.

Carol Vorderman

Then I go to this-, and this woman goes, 'Oh, Carol, come 'ed. Oh, it's Vorders,' she's going. She said, 'Come here.' So, I'm going there, and we're, like, arm in arm, me and this woman. And she goes, 'See him there?' And she pointed to this bloke on the table who was, like-, I don't know, in his 30s or something. She said, 'You've been in his wank bank for six years. Can he have a selfie?'

Ed Gamble

I mean, I was going to say there are a lot of questions we can ask about that story, but I don't think we will.

James Acaster

Nothing we know. I think we already know the answer to them. The guy used to wank over you.

Carol Vorderman

Oh, it was very funny though. It's a classic. It is a classic

Ed Gamble

Well, six years is very specific.

James Acaster

Yes.

Carol Vorderman

I know. Anyway, I did have the selfie and told him not to laminate it.

Ed Gamble

Right, well.



James Acaster He doesn't need to, it's on his phone.

Carol Vorderman There we go. That's life.

James Acaster Straight on the screen.

Ed Gamble That's life?

James Acaster That's life.

Ed Gamble Did you just wrap up that anecdote by saying, 'That's life?'

James Acaster 'Anyway, that's life.'

Ed Gamble It's no one else's life, Carol.

Carol Vorderman

I went over and told Rod, he said, 'Oh, I've got to go over and shake his hand.' I said, 'I wouldn't advise it.'

James Acaster Your dream drink? If we haven't put you off. I mean, do you just-, you want it to be the one?

Carol Vorderman I've done it. The Margaux.

James Acaster Margaux all the way through.

Ed Gamble So, you can have throughout. Yes, you can have that throughout.

Carol Vorderman

Oh, yes.

Ed Gamble But if you wanted another drink, do you switch it up ever?

Carol Vorderman Well, I would drink champagne. Bollinger is my-, two, thank-,

Ed Gamble We'll give you a bottle of Bolly.

Carol Vorderman Oh, well, thank you. That's very kind.

Ed Gamble Yes, we'll sling that on there.

Carol Vorderman Thank you.

Ed Gamble No problem.

James Acaster Well, I mean, we're, kind of, at the dessert, even though it's been-, it's been a roller-coaster ride.

Carol Vorderman Yes, it's been very-,

James Acaster And but, you promised us the more negotiations here.

Carol Vorderman Yes.

James Acaster So-,

Carol Vorderman I am not going to say, happily for you, cheese board.

James Acaster Thank you so much.

Carol Vorderman Because I don't like cheese.





James Acaster No.

Ed Gamble Oh dear.

James Acaster Good on you.

Carol Vorderman I would eat it about once a year, I'd have a cheese board.

James Acaster Yes.

Carol Vorderman Because I couldn't think of anything else. But I'm also not into puddings.

James Acaster Okay. This is-,

Carol Vorderman So, this is the negotiation because long lunch. So, we started around 2, 2:30 ish.

James Acaster Oh, okay, I'm a bit nervous about this.

Carol Vorderman So, now we're at about 6.

James Acaster Yes.

Carol Vorderman

So, I would go for a, sort of, very specific afternoon tea with-, because a restaurant-, I live in Bristol, and I've seen them serve afternoon tea with dry ice on it, so it, like-, you know, when it-, what do they call it when it's on, like, different levels?

James Acaster

Yes, like, a tiered-,

Ed Gamble

Yes, I know what you-, yes.

Carol Vorderman

Tiered thing. And then they put dry ice, and it all, sort of, tumbles like that.

James Acaster

Yes.

Carol Vorderman

Again, it's about the performance of the food. So, I was thinking then I could have little mini this, and mini that. Because I'm not into puddings, and I don't really understand why people eat puddings.

James Acaster

What? You don't understand why?

Carol Vorderman

No, I don't.

Ed Gamble

But you're picking an afternoon tea, which presumably has, like, multiple different cakes and tarts on there, right?

Carol Vorderman

Well, I'm taking the sandwiches away. So, that's exactly the point. So, there'd be, like, the little things, you know, that you buy in Marksies for Christmas.

Ed Gamble

Yes.

Carol Vorderman

And you have twelve, like, little chocolate flapjacks or something like that.

Ed Gamble

So, you'd put some of those on there.

Carol Vorderman

It's that, yes. So, that then you can make it last for a couple of hours.

James Acaster

Lovely.

Carol Vorderman

And I could be kind and offer you my tiered thing with the dry ice.

James Acaster

And I would accept that invitation.





Carol Vorderman You would, wouldn't you?

James Acaster

Yes.

Carol Vorderman

So, I think on it, I'd have-, they're all the little mini ones, I'd have an Eton mess type of thing. I like that. A little trifle. I love trifle.

James Acaster A little trifle.

Carol Vorderman

Yes. I do like a trifle. I used to be really good at trifles.

James Acaster

Well, then you must understand why people eat desserts if you like a trifle.

Carol Vorderman

Well, yes, but you go, 'Oh, I'll have a pudding,' and then you have one thing.

Ed Gamble

Yes.

Carol Vorderman That's what I don't understand.

Ed Gamble Right, but you like dessert because you picked-,

Carol Vorderman

No, more often than not I wouldn't have one.

Ed Gamble You are in the process of picking about five different desserts-,

Carol Vorderman Yes, I am.

Ed Gamble Presented on a dry ice-,



Carol Vorderman But they're more tastes, I would say.

Ed Gamble

Yes, little tastes.

Carol Vorderman

Little tastes.

James Acaster

But when you described how much you like a trifle, you closed your eyes, you were, like-,

Carol Vorderman

Yes, I do like a trifle. I used to make trifle all the time on a Sunday.

James Acaster

Yes.

Carol Vorderman

Back in the day. I was going to tell you about my stepfather. So, he was a prisoner of war, Italian prisoner of war.

James Acaster

Wow.

Carol Vorderman

So, my father was in the World War 2 in the Dutch resistance border-men. Anyway, they split up. And then when I was about nine, my mum remarried in North Wales. My dad, I called him, and I loved him. And he swore-, every third word he swore. And he was, like, loud, and he'd laugh all the time. And his name was Gabriel Arizi. I called him my dad, my stepfather. So, every Friday we'd cook Italian food. And back in the '70s, you know, the only olive oil you could buy was from Boots chemist, and that was-, you warmed it up on a teaspoon, poured it in your ear to get rid of the wax.

James Acaster Yes.

Carol Vorderman

That was it.

Ed Gamble Yes.



Carol Vorderman

Otherwise, it was, like, vegetable oil and butter, is what people would cook with. But my dad on a Friday night, he'd get tomatoes pure, as he called it, tomato puree. Because people couldn't buy that, but he went to Italy every year and brought back-,

Ed Gamble

Nice.

Carol Vorderman

Like, gallons of olive oil and Italian food. And so, he'd get steak, bash it with the hammer-, and I would help him all the time on a Friday because I cooked through the week, and then Friday was Italian night. We'd bash, bash, bash. And then we had proper parmesan, not the stuff that you had in a dry tube that smelled like sick. Not like those. Like, proper grated parmesan, breadcrumbs, because you'd save the bread from the week before and then crumb it all, and then mix it all up, beat an egg. So, it was flattened steak. So, I suppose it's, like, Milanese really. And then put it in the egg, and then put it in this, like, fresh breadcrumbs and parmesan, then we'd fry it in olive oil. And then at the same time, chop a lot of peppers up, and then put it in this, sort of-, it became almost sludgy really, but it was so tasty. Of tomato puree and olive oil. And it just used to sit on the AGA cooker, that he'd found in a house that he was doing up, brought it home, put it in. And that was just bliss.

Ed Gamble Yes, that sounds amazing.

James Acaster Yes.

Carol Vorderman And that was-, like, Friday night would always be that.

James Acaster

Oh, well, lovely.

Carol Vorderman

And there was something lovely about you had the same thing on a Monday. Every Monday you had the same thing, every Tuesday you had the same thing. And, of course, you always back then because there wasn't processed food. You had to cook it from fresh. Now everyone goes, 'Oh, I cook from fresh.' Well, you had to then.

Ed Gamble

Yes.

Carol Vorderman

So, he was brilliant.



There's something quite Italian about these long lunches that you like as well.

Carol Vorderman

I think there is.

Ed Gamble

It feels quite Mediterranean, and yes.

Carol Vorderman Yes, and, sort of, just chilled.

Ed Gamble

Yes.

Carol Vorderman

Rather than being fussy about, 'Oh, and have we had-, you know, have they served us properly?' And all of that. You just dig in.

Ed Gamble

Yes.

James Acaster And with these desserts, you've got the trifle, you've got the-,

Ed Gamble Eton mess.

James Acaster

Eton mess.

Carol Vorderman Yes. Lemon meringue I like as well.

James Acaster Lemon meringue.

Ed Gamble Lemon meringue.

Carol Vorderman Yes.



One of those little chocolate flapjacks from M&S?

Carol Vorderman No, I'm not keen on chocolate really.

James Acaster No?

Carol Vorderman No, I'm cheap to keep, you see.

James Acaster You're cheap to keep?

Carol Vorderman

I am very cheap to keep. I do like a bit of ice cream, and I do like lemony stuff. And then I said to Jules, my friend who I was telling you about earlier, because she's disappointed she can't be here, and she said that I've got to choose food that she likes, and I said no.

James Acaster She's a fan of the pod.

Carol Vorderman But I said that I would allow on the afternoon tea tiered thing.

James Acaster She's allowed to come for this bit.

Carol Vorderman A Viennese whirl dipped in chocolate.

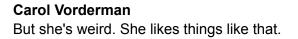
Ed Gamble Okay.

Carol Vorderman But I wouldn't eat it.

Ed Gamble Well, thank you for your contribution, Jules.

James Acaster

Yes, thank you, Jules.



James Acaster Yes?

Carol Vorderman So, yes.

James Acaster Has she got a nickname?

Carol Vorderman Jules. Ju-les.

James Acaster Ju-les, yes. Lovely.

Carol Vorderman Yes.

James Acaster I mean, I was really scared for a bit there we weren't going to get a dessert, it was going to be-,

Ed Gamble No, it's a great dessert.

James Acaster I thought you were eating all the way through to dinner and having another meal, and I was going to-,

Carol Vorderman No.

James Acaster You know, not see any puddings here, but there's just-,

Carol Vorderman No. Do you like a pudding?

James Acaster Love them.

Ed Gamble He loves them.





Carol Vorderman

Are you sweet tooth?

James Acaster

Yes.

Ed Gamble

I think I'd go for something more like what you've picked. Like, the little tastes of things.

Carol Vorderman Tastes.

Ed Gamble Yes, or a cheese board.

Carol Vorderman

But we'd have to have-, you know, you want that performance again, don't you? So, whoever's-, you know, who's there for serving, I could offer you, James, if you could have a selection, but before that we have to have more dry ice.

James Acaster Bring the dry ice along.

Ed Gamble Yes.

James Acaster Yes. I'll keep you stocked up on dry ice, don't worry.

Carol Vorderman Would you?

James Acaster Fully stocked.

Carol Vorderman As the genie?

James Acaster Yes.

Ed Gamble Yes.



James Acaster Fully stocked up on the dry ice.

Carol Vorderman

Marvellous.

James Acaster

Maybe I'll pump in some more when you do the tablecloth trick.

Ed Gamble

Now, does the dry ice not, sort of, trigger memories of Stars In Their Eyes? When they bring the dessert over.

Carol Vorderman

Yes, well, it might tune me into the song.

James Acaster That's why-, if I may-,

Carol Vorderman Yes.

James Acaster That's why the dessert is to Cher.

Carol Vorderman I've seen what you did there.

Ed Gamble That's great. It's just good stuff.

Carol Vorderman Genius.

Ed Gamble Let's cut that out, please.

James Acaster Thank you.

Carol Vorderman Absolute genius from this something Spankees.

Benito, if you could just cut that out, that would be great.

James Acaster

Retro Spankees.

Carol Vorderman Retro Spankees.

James Acaster Yes.

Carol Vorderman You could have a Retro Spankee pudding, couldn't you?

Ed Gamble

Yes.

Carol Vorderman 'I'll have a Retro Spankee, please.'

Ed Gamble

That's what that guy calls it when he watches old episodes of I'm a Celebrity.

James Acaster Hopefully I've got access to the retro spank bank. I hope I've remembered my pin number.

Ed Gamble Well, the pin number for the retro spank bank is one big one and five small ones.

Carol Vorderman You're very naughty.

James Acaster Good, isn't it? It's good fun.

Carol Vorderman Mine was an innocent tale.

James Acaster Wait, what?

Ed Gamble Carol, what are you talking about?



James Acaster 'It was an innocent tale.'

Carol Vorderman It was funny though.

James Acaster Yes, it was funny.

Carol Vorderman It was so funny.

Ed Gamble It was funny.

James Acaster

No one's arguing it. We laughed a lot. But no innocent tale- Has ever included the phrase, 'You've been in his wank bank for six years.'

Carol Vorderman I know. 'Can I have a selfie?'

Ed Gamble You said at the beginning, to be fair-,

Carol Vorderman Yes.

Ed Gamble 'You don't have to be polite with me.' So-,

Carol Vorderman Well, I did, yes, true.

Ed Gamble Yes, and-

Carol Vorderman And I maintain that, yes.

Ed Gamble Yes. James Acaster I'm going to read your menu back to you now.

Carol Vorderman Okay.

James Acaster See how you feel about it.

Carol Vorderman Okay, go on.

James Acaster So, this is a long lunch.

Carol Vorderman Long lunch.

James Acaster You would like sparkling water with a jug of fresh lime juice.

Carol Vorderman Correct.

James Acaster And you want Margaux red wine from the beginning. You're tanking.

Carol Vorderman I think so, yes. Well, I'm not tanking, but, you know, yes, I like Margaux, yes.

James Acaster Poppadoms or bread? You chose bread with yellow Welsh butter and salt crystals.

Carol Vorderman Yes.

James Acaster Starter-, part one of the starters, three scallops with the roe, in their shells with garlic butter and onions.

Carol Vorderman Yes, followed by a mini magician's trick.

James Acaster That's when you're doing the magician's trick. Oh, yes, with the mini one.





Ed Gamble Yes, that's-

Carol Vorderman Yes, James.

James Acaster The mini one with the-,

Ed Gamble The mini one with the-, yes.

Carol Vorderman I think we made that quite clear.

Ed Gamble Yes, I think it was very clear that-

James Acaster Absolutely. With the shells. Second starter. We didn't really get into this, but big prawns butterflied-

Ed Gamble Do you know the proper name?

James Acaster And more onion.

Carol Vorderman Yes.

James Acaster Big fuck off prawns.

Carol Vorderman Thank you.

James Acaster Would you ever have big fuck off butterflies prawned?

Carol Vorderman That's what I want, yes.

James Acaster Yes. Curled up with like prawns. Ed Gamble Yes.

James Acaster Sides. Lovely tomatoes and red onions.

Carol Vorderman Correct.

James Acaster Mashed potatoes and sprouts.

Carol Vorderman Yes.

James Acaster Salt and pepper and butter.

Carol Vorderman Lovely.

James Acaster The sprouts are done in the microwave.

Carol Vorderman I love sprouts. I literally- some weeks I have, like, sprouts every night.

James Acaster What?

Carol Vorderman

So, I will have a bag of sprouts, shove it in the microwave, and then I'll mix it with a little bit of curry, or something like that.

James Acaster Curry and sprouts?

Ed Gamble Fucking hell, Carol.

James Acaster

Fucking hell, are you trying to join the astronaut in space?





Carol Vorderman I love sprouts.

James Acaster Yes.

Carol Vorderman

And Richard used to love sprouts. We were Christmas babies, so it was a-, I think it's a thing.

Ed Gamble That's what I call the sprouts.

James Acaster Christmas babies? Yes.

Carol Vorderman Yes, exactly.

Ed Gamble Christmas babies.

James Acaster Christmas babies.

Carol Vorderman Yes, love sprouts.

James Acaster That's why they're the king, and the queen, and the Christmas babies.

Ed Gamble

For someone who said you don't eat too much bread because it really hits your stomach, you're eating sprouts mixed with curry.

Carol Vorderman No, sprouts, they're amazing.

Ed Gamble Oh, look, I love sprouts. And bread.

James Acaster

Oh, they're delicious, but, like-,



Every night.

James Acaster

I've never met someone who has sprouts every night and sometimes mixes it with curry.

Carol Vorderman

No, I have an obsession with sprouts.

James Acaster

Yes. Well, you're getting them here. Drink. Obviously, you're having the Margaux all the way through, but also chucking in a bottle of Bolly here.

Carol Vorderman

Bolly, yes, defo.

James Acaster

And then there's dessert. An afternoon tea, take the sandwiches away, and we've got a mini Eton mess, a mini trifle, lemon meringue, bit of ice cream, Viennese whirl dipped in chocolate for Jules, and it's all got dry ice coming out of it, which I'll top up whenever you need.

Carol Vorderman

You'll top up because you're a genie.

Ed Gamble

Yes.

James Acaster Yes. And then we're talking big tablecloth trick at the end.

Carol Vorderman Yes.

Ed Gamble Yes.

James Acaster Straight down into a bar.

Carol Vorderman

And then we're thrown out of the restaurant.

Ed Gamble

Yes.

James Acaster Yes, and then we chuck you out.

Carol Vorderman Boom.

Ed Gamble Off to the pub.

James Acaster Yes.

Carol Vorderman So, I'm very happy.

Ed Gamble Yes, that's a great menu.

James Acaster That sounds great.

Ed Gamble

And I love that we've-, yes, we've finally got a long, long lunch on the podcast. That's perfect.

Carol Vorderman Yes.

James Acaster Yes.

Ed Gamble Thank you very much, Carol.

Carol Vorderman Well, thank you both.

James Acaster Thank you, Carol.

Carol Vorderman I'm hungry now.

Ed Gamble Well, there we are, James. A fantastic chat and a brilliant menu from Carol Vorderman.







James Acaster

An episode for the wank bank.

Ed Gamble

It was lovely to have Carol in the dream restaurant.

James Acaster

Sorry, I'll hold my hands up, I don't know what that phrase means. I was pretending when Carol was talking about it, but I'll have to look it up later, what it means.

Ed Gamble

Okay.

James Acaster I assume he's positive.

Ed Gamble Well, yes.

James Acaster So, I'm using it-, but I'll look it up later.

Ed Gamble

Yes, okay. Thank you, James. Carol, of course, did not say Alphabetti spaghetti-,

James Acaster

Thank you, Carol.

Ed Gamble

So, she can stay well within the dream restaurant. And it was lovely to chat to Carol. And her new book, Perfect 10 Quiz Book. Carol Vorderman's Perfect 10 Quiz Book is out on the 14th of September.

James Acaster

Check out the podcast as well, Perfect 10 with Carol Vorderman.

Ed Gamble

Yes, go and check out all of that stuff. Also, if you like books, I've got one coming out in October. Ed Gamble is the name of the author, and the book is called Glutton: The Multi-Course Life of a Very Greedy Boy. That will be available everywhere you get books. You can pre-order now. You can pre-order the audiobook, which will be available from all those places.

James Acaster

Yes.



Just go and buy it. It is good.

James Acaster

It's going to be so good. I know it's going to be good. I'm really looking forward to getting it.

Ed Gamble

Thank you.

James Acaster

Also, if I may, I'm on tour and we've announced new dates for next year, and there are still tickets for them. So, you know, if you live in Liverpool, Nottingham, and some other places that I can't remember-,

Ed Gamble

Yes.

James Acaster

Then please come in.

Ed Gamble

If you live in Liverpool and you see there are tickets available, you'll probably go, 'Oh, there are fuck off loads of tickets left.'

James Acaster

Yes.

Ed Gamble

Yes.

James Acaster

Very good.

Ed Gamble

Something like that. That referenced something Carol did by the way. I'm not being offensive.

James Acaster

Yes, in case some-,

Ed Gamble

If you're one of those people who skips to the outro.

James Acaster

Just loves the outro. Yes, fair enough.

Thank you very much for listening. Oh, I'm on tour next year.

James Acaster

Oh.

Ed Gamble

Hot Diggity Dog. Edgamble.co.uk for tickets.

James Acaster

Yes.

Ed Gamble

We're going everywhere. Also, massive shout-out to Daylesford Organic for sending us a hamper. We once complained that they accidentally sent a hamper to the office, meaning to send it to someone else, and we loved all the look of the stuff in there, but we had to give it back to the people who actually deserved it.

James Acaster

Yes.

Ed Gamble Well, that worked.

James Acaster

Yes.

Ed Gamble And now we've got a hamper.

James Acaster I can't believe it's happened. We've been divvying it up between records today.

Ed Gamble

Yes.

James Acaster

It looks like Ed's got the cannolis and I've got the Florentines.

Ed Gamble

Well, I've got one pack of cannolis, and then I'm perfectly happy to give Benito a pack of cannolis.

James Acaster

Yes.





Because when you say divvying up, what happened is Benito left the room and then we really started raiding it.

James Acaster

Yes. We started-

Ed Gamble Yes. I gave him a cheese as well.

James Acaster Oh, that's nice of you.

Ed Gamble But I shouldn't really be eating cheese.

James Acaster No, because it's-,

Ed Gamble Shouldn't have cheese at home because I'll eat it like an apple, I'd eat it like a hand fruit.

James Acaster Yes.

Ed Gamble So, do you want some more cheese, Benito?

James Acaster I imagine you're hoping that he says no though. You want the cheese, don't you?

Ed Gamble

Yes, I want to take the cheese home and go, 'Oh, we were given this and it would be such a waste.'

James Acaster

Chop it up, put it in a fruit salad.

Ed Gamble

Yes.

James Acaster Thanks for listening.

Bye.

