



# Off Menu – Ep 229 – Sam Campbell

**Ed Gamble**

James, it's Saturday, so do you know what time it is?

**James Acaster**

Bonus.

**Ed Gamble**

It's bonus time with another brilliant live tour episode from the 'Off Menu' tour that we did in 2023. This one, specifically, was on the 18th of October 2023, in the Nottingham Royal Concert Hall, with our brilliant special guest, Sam Campbell.

**James Acaster**

Yes. Now, we said in previous episodes, you know, there are some call-backs to the first half that might not make sense, we've let you know that the audience chose a secret ingredient, which in this case is Vegemite.

**Ed Gamble**

Yes, Vegemite.

**James Acaster**

Keep that in mind. Also, I think you should know, in this episode, that Sam Campbell, for the whole thing-, and it was a surprise to us when he walked on stage, is wearing a crash helmet that has an upright fork stuck to it, that's coming out of it, with a sausage skewered on the fork.

**Ed Gamble**

Yes.

**James Acaster**

For the whole episode, he's wearing that on his head.

**Ed Gamble**

And a t-shirt.

**James Acaster**

And a t-shirt.

**Ed Gamble**

That says 'food lover'.

**James Acaster**

It says 'food lover' in caps lock, that fills the whole t-shirt.



**Ed Gamble**

I think there is a picture of that available on our social media, if you want to go and have a look.

**James Acaster**

Yes, so you'll be able to go and see that, but just so our reaction to Sam-, maybe we even describe it to the listener.

**Ed Gamble**

I think we probably do, yes.

**James Acaster**

Maybe we were professional on the night.

**Ed Gamble**

Yes, I think we probably do describe it, but what we really can't do justice to is our faces when Sam came out and does what he does at the beginning of the episode.

**James Acaster**

Yes.

**Ed Gamble**

So, look forward to that.

**James Acaster**

I remember seeing an interview with Teller, once, from Penn & Teller, because he talks in the interviews.

**Ed Gamble**

Does he?

**James Acaster**

Yes. He said that, like, a magician had shown him a trick and, because he's a magician himself, he knew where the trick was going.

**Ed Gamble**

Yes.

**James Acaster**

So, the magician threw in a little thing there where he did the opposite of what a magician would expect and that it filled him with joy and that it was a lovely gift that the magician gave him, to make him feel like he believed in magic, and magicianship was done for him, like a genuine audience member. I felt like that was Sam Campbell doing the outfit.



**Ed Gamble**

Yes.

**James Acaster**

I think he came, he deliberately kept it a secret from us, really went out of his way, because he wanted to make us laugh as well, when he came out, and not just have us be in on it. He wanted to make us audience members, too.

**Ed Gamble**

Yes.

**James Acaster**

Thank you, Sam, for that gift.

**Ed Gamble**

Here it is, Sam Campbell live in Nottingham. Thank you for this gift.

**James Acaster**

It's time to do the podcast proper, Ed Gamble, kick us off like only you can.

**Ed Gamble**

Welcome to the 'Off Menu' podcast, taking the John Dory fish and chips of humour, getting Tommy at home to cook the steak of friendship, put them all together and getting the Foskers fish and chips surf and turf 'Off Menu' podcast.

**James Acaster**

That is Ed Gamble, my name is James Acaster, together we own a dream restaurant and every single week we invite in a guest and ask their favourite ever starter, main course, dessert, side dish and drink, not in that order. This week, our guest is Sam Campbell.

**Ed Gamble**

Sam Campbell. You all know Sam Campbell, one of our favourite comedians, currently absolutely smashing it on 'Taskmaster'. We are very, very excited to have Sam here. We all know the secret ingredient, we did that in the first half, so, without further ado, this is the 'Off Menu' menu of Sam Campbell.

**James Acaster**

Sam Campbell.

**Ed Gamble**

Welcome, Sam.



**Sam Campbell**

Thanks so much. Sorry, can I just say, on behalf of all of us, on behalf of the city of Nottingham and on behalf of the entire Midlands region, thank you so much for a delicious and spellbinding evening.

**Ed Gamble**

Take a seat, please, Sam.

**Sam Campbell**

Sorry, can I just say, I mean, this means a lot to me. I've been a casualty of the loneliness epidemic, I've faced a lot of obstacles, you know? Tell you what, the man upstairs really knows how to throw a curveball, but I was never truly alone, because every Wednesday, my body is filled with a warmth that enters through my ears in the form of the most amazing podcast. I've been to so many places with so many incredible people, I've smiled with excitement as Scroobius Pip describes his crazy pizza. I've trembled with delight as Claudia Winkleman describes her most perfect tuna melt. I've gasped as the magician Dynamo talks about his corned beef hash. I was never alone, because I was with you guys, you've got me through so many storms.

**Ed Gamble**

Thank you, Sam.

**James Acaster**

Thank you, Sam.

**Ed Gamble**

Thank you, Sam. Oh, God. Why did I-, I literally thought Sam was just going to walk out and sit down, but of course he's not going to fucking do that.

**James Acaster**

Yes, I don't know why we thought that.

**Ed Gamble**

Yes.

**James Acaster**

I don't even know where all that stuff came from.

**Ed Gamble**

No.

**James Acaster**

Honestly, we've not seen any of this, it's not been mentioned to us. We were side of stage, Sam was dressed completely differently, he didn't have a bag on him at all, of any sorts, he's clearly arranged that with these guys, and they've been hiding that. That was the first time we'd seen it, that speech was the least of our worries.



**Ed Gamble**

Yes. Sam was texting me last night, going, 'I'm really worried about the show, about my menu,' and stuff, and turned up with a fucking fully-prepared monologue.

**James Acaster**

Those were the correct dishes for each of those guests, as well.

**Ed Gamble**

Yes. Well, welcome, Sam.

**Sam Campbell**

Hey, how have you been?

**Ed Gamble**

Yes, good. Yes, James, please. We need to start this properly, Sam.

**Sam Campbell**

Oh, yes.

**Ed Gamble**

So, yes, get ready. So, Sam, obviously, is a student of the show, you know that James is a genie and so we need to get the genie out the lamp.

**Sam Campbell**

Yes, absolutely.

**Ed Gamble**

I always ask this of the guest, would you like to rub the lamp or shall we do it in an imaginary fashion? Do you want to rub the lamp?

**Sam Campbell**

Yes.

**Ed Gamble**

You can go and rub the lamp.

**Sam Campbell**

Oh, yes. It's funny it's called a lamp, isn't it? It's more-, yes. Like, you wouldn't be like, 'Oh, yes, a lamp.' It's like a strange pot.

**Ed Gamble**

Yes. I think, traditionally, you would light the ends, because it would have oil in it.



**Sam Campbell**

It's an oil lamp?

**Ed Gamble**

Yes.

**Sam Campbell**

Okay, well, let's get oily. I summon this great-, oh my God.

**James Acaster**

Welcome, Sam Campbell, to the dream restaurant, we've been expecting you for some time.

**Ed Gamble**

Genuinely scared, he was genuinely scared by that.

**James Acaster**

Sorry.

**Sam Campbell**

That was amazing.

**James Acaster**

We didn't want to scare you, man.

**Sam Campbell**

Oh, no, it was awe, it was excitement, it was everything.

**James Acaster**

How's that staying on your head? When you walk, it's like you're trying to balance it a bit. No, but you're fine, then, that's solid.

**Ed Gamble**

Yes.

**James Acaster**

What we talking?

**Ed Gamble**

Oh, if you're just listening to this, Sam is wearing a t-shirt that says 'food lover' and a helmet with a sausage on a fork on it. Just thought I should describe it for the listener.

**Sam Campbell**

Then, for the big finale, you guys are going to 'Lady and the Tramp' that sausage.



**Ed Gamble**

Could happen.

**James Acaster**

Is that a real sausage or is that a-

**Sam Campbell**

It's a vegetarian sausage. It's not that old.

**James Acaster**

Makes me quite suspicious, Sam, I'm not sure I want to 'Lady and the Tramp' that sausage anymore.

**Sam Campbell**

No, no, no, this is fine to 'Lady and the Tramp'.

**James Acaster**

Yes.

**James Acaster**

I mean, you've been a vegetarian for how long now?

**Sam Campbell**

Maybe for three years. So, ever since I watched that big documentary, 'Leaving Neverland'.

**Ed Gamble**

Yes, that'll do it.

**James Acaster**

That'll do it, yes. Well, we're very excited to hear your menu, Sam.

**Sam Campbell**

Oh, yes, I can't wait.

**Ed Gamble**

You've been putting a lot of thought into it?

**Sam Campbell**

I have, yes, putting everything. That and this hat.

**Ed Gamble**

Yes.



**James Acaster**

You were texting Ed a lot about your concerns and whenever I saw Ed, Ed would go, 'Yes, Sam's been saying, "I don't know what to say," and all of that. I was like, 'Why haven't I received any of these texts from Sam? All the concerns are just aimed towards Ed.

**Ed Gamble**

You focused a lot on me, yes.

**Sam Campbell**

Ed's less moody. I don't want to catch you in one of your moods. I was just nervous about-, I'm just not the biggest foodie in the world, like I'm just-, yes, but I'll give it a crack, yes.

**Ed Gamble**

Yes, good, thank you.

**Sam Campbell**

You know when people talk about food, I do zone out.

**Ed Gamble**

Okay. This might be an issue, then, Sam. Yes.

**Sam Campbell**

Yes.

**James Acaster**

Well, we always start with, 'Still or sparkling water?' Sam, do you have a preference?

**Sam Campbell**

I'm going to have to go with sparkling water.

**Ed Gamble**

Some boos, though, some boos for sparkling water. Why do you like sparkling water or why do you prefer it to still? Did you not know there'd be follow-up questions?

**Sam Campbell**

Have you ever had a guest who thinks about what they're trying to say?

**Ed Gamble**

Should have learned to leave gaps, I apologise.

**Sam Campbell**

Sorry, sorry. I've really got into it at the library in Sydney, in a big way.





**Ed Gamble**

Say again?

**Sam Campbell**

So, you know, in Sydney, there's the Marrickville Library and Pavilion, it's like this amazing-, it was voted as one of the top ten libraries in the world by a major website. It was. Yes, you can get free refills of sparkling water, so once you get your first bottle, you hold onto that all day and you can just, yes, continue that journey.

**Ed Gamble**

How many bottles of water would you say you get through, and I've never asked this question before, during a day at the library?

**Sam Campbell**

I'd say four or five bottles of sparkling water.]

**James Acaster**

Wow, and do they offer the same deal with still water, as well, or is it only with sparkling?

**Sam Campbell**

Oh, I reckon, yes, it would be the same, because that's free in most-, and clean drinking water is a human right.

**Ed Gamble**

I like you're whooping that, as if, 'Finally, someone in the show has said that. Why didn't Ed and James open with, "Clean drinking water is a human right"?'

**James Acaster**

I'm more concerned about the majority of the audience who didn't whoop that. So, at the library, you would have a choice between still or sparkling water but you went for sparkling?

**Sam Campbell**

I would often go for the sparkling, yes.

**James Acaster**

So, I would say, when Ed asked you how long you've had that preference, it sounds like before then?

**Ed Gamble**

Yes.

**Sam Campbell**

Oh, yes, that wasn't the first time I had it.



**James Acaster**

Is it because it feels like a better deal? When you're offered still or sparkling water for free, sparkling feels like a better deal to get for free, right?

**Sam Campbell**

Yes.

**James Acaster**

Yes, absolutely.

**Sam Campbell**

I would never really have it at home.

**James Acaster**

Why?

**Ed Gamble**

You'd not buy a bottle of sparkling water for home?

**Sam Campbell**

I've bought a SodaStream, but never for myself, as a gift.

**Ed Gamble**

You bought it as a gift for other people?

**Sam Campbell**

For my friend's wife.

**Ed Gamble**

Yes. That's a bit weird.

**Sam Campbell**

I was living with him and-, I was living with them both.

**Ed Gamble**

Yes.

**James Acaster**

Yes.

**Sam Campbell**

She's my friend, as well.



**James Acaster**

Yes, okay.

**Sam Campbell**

They're in their 50s.

**James Acaster**

Is this Mark Silcox?

**Sam Campbell**

Yes, it is, yes.

**James Acaster**

It's Mark Silcox's wife.

**Sam Campbell**

I used to live with Mark Silcox, near the airport.

**James Acaster**

I think it's a shame that not everyone will know who Mark Silcox is.

**Ed Gamble**

Yes.

**James Acaster**

Also, it would take way too long to explain to you this man.

**Ed Gamble**

Yes, yes.

**James Acaster**

Mark Silcox, okay, just quick run through. If Mark Silcox came on now, you would all look to Sam as the voice of reason. That's what kind of a man Mark Silcox is.

**Ed Gamble**

Yes.

**James Acaster**

So, Mark Silcox's wife, as far as I understand, I've never met her, but she's a very normal person and you bought her a SodaStream?

**Sam Campbell**

Yes.



**Ed Gamble**

Is that because she expressed an interest in having a SodaStream?

**Sam Campbell**

It must have come up.

**Ed Gamble**

Was it for her birthday or something?

**Sam Campbell**

It was when I left their home. Like, when it was time for me to find my own place, I can't be living with-, yes.

**Ed Gamble**

Yes, so you left a SodaStream at their place, essentially? Yes.

**Sam Campbell**

Yes.

**James Acaster**

Poppadoms or bread? Poppadoms or bread, Sam Campbell? Poppadoms or bread?

**Ed Gamble**

The sausage stayed, I really thought that was the end of the sausage there and it's rock solid up there.

**James Acaster**

It's impressive.

**Sam Campbell**

Oh.

**James Acaster**

Poppadoms or bread, Sam?

**Sam Campbell**

Oh. Listen, I'm going to go with poppadoms and don't be conservative with the yoghurt.

**Ed Gamble**

Is that something that annoys you, if people bring you poppadoms and they're conservative with the yoghurt?

**Sam Campbell**

Oh, a little bit. I mean, I do like the yoghurt to be there, yes, to be present.



**Ed Gamble**

Yes, and plenty of it?

**Sam Campbell**

Yes.

**Ed Gamble**

How often are you having poppadoms? On a weekly basis, how many poppadoms would you say you're eating?

**Sam Campbell**

How many times am I having it a week and how many am I having?

**Ed Gamble**

Yes.

**Sam Campbell**

Oh, shivers, I reckon once a month. Once a month and maybe, I don't know, I'll have three or four. It's usually with a group, a group of people and a group of poppadoms.

**Ed Gamble**

Yes.

**Sam Campbell**

Yes.

**Ed Gamble**

Is that the term for lots of poppadoms, 'a group', would you say?

**James Acaster**

I'm still stuck on 'shivers'.

**Ed Gamble**

Yes. It was so natural, as well, wasn't it? It's part of your vocab.

**James Acaster**

Yes, yes. A stack.

**Ed Gamble**

A stack.

**Sam Campbell**

Big stack.



**Ed Gamble**

Big stack of pops.

**James Acaster**

Big stack of poppadoms. Are you mainly having the yoghurt? Is that the main dip there or are you getting all the other dips and sauces?

**Sam Campbell**

What I like to do, and you might want to try this, is I dip the poppadoms in the yoghurt.

**Ed Gamble**

That's pretty clever, man. You know what I've been doing? I've been eating all the poppadoms completely dry, it's horrible, and then I've been necking the yoghurt and trying to just mix them up in my stomach.

**Sam Campbell**

Yes.

**Ed Gamble**

That's genius.

**Sam Campbell**

There is an argument for that, but I like to, when I eat, I really-, no, I do, I like to, kind of, combine all the different flavours.

**Ed Gamble**

Yes.

**James Acaster**

Yes, yes. Lime pickle?

**Sam Campbell**

Sorry?

**James Acaster**

Lime pickle?

**Sam Campbell**

Absolutely, yes. Yes.

**James Acaster**

Mango chutney?



**Sam Campbell**

Oh, yes, yes. Thank you, yes.

**James Acaster**

No, I saw that you did understand that one.

**Ed Gamble**

You came back straight with, 'Yes.'

**James Acaster**

Yes, okay, so if I went back to lime pickle now, would you know what I was talking about?

**Sam Campbell**

Ah, yes. We just don't have the time.

**James Acaster**

The chopped up, raw onion, are you having that with it?

**Sam Campbell**

Yes, yes.

**James Acaster**

Yes, yes, love that.

**Sam Campbell**

I'm, sort of, an onion fanatic.

**James Acaster**

Are you? Oh, wow, I didn't know that. Let's hear more about you being an onion fanatic.

**Sam Campbell**

Well, you know, something that's happened for me this year, yes, I guess, caramelised onions have, kind of, made their way in.

**James Acaster**

Yes, to the diet?

**Sam Campbell**

Yes.

**James Acaster**

What are you having those with, the caramelised onions? What are your favourite dishes?



**Sam Campbell**

I'm on a caramelised onion diet. It's the only thing I eat.

**Ed Gamble**

Are you caramelising at home?

**Sam Campbell**

How do you caramelise? Teach me, I want to be you.

**Ed Gamble**

Okay.

**James Acaster**

This is why you get the texts, man.

**Sam Campbell**

I don't even want to swap lives with you, I want to be, like, a passenger inside your mind and just see-, I want you to make the decisions, but I see them.

**Ed Gamble**

Like 'Being John Malkovich', that sort of thing?

**Sam Campbell**

Yes.

**Ed Gamble**

Yes.

**James Acaster**

'Being Ed Gamble-ovich'.

**Ed Gamble**

I was in Melbourne at the same time as you, you were texting James quite a lot saying that you were in the same hotel as me.

**Sam Campbell**

I couldn't believe it.

**James Acaster**

Yes, that's a weird text to receive, 'Oh my God, I'm in the same hotel as Ed Gamble.' 'Okay, have you said hello?' 'I don't want to bother him.'





**Ed Gamble**

I'd say the key is just don't turn up the heat too high, you've got to-, low and slow with caramelised onions. It's going to take way longer than you think it is.

**Sam Campbell**

Alright. Is it one of these things-, some people are talking about things that take twelve hours to cook, is that real?

**Ed Gamble**

I think it's real, but not for onions. You're looking at half an hour plus, but I wouldn't-, don't cook an onion for twelve hours, whatever you do.

**James Acaster**

How low would you have to go, heat wise, to cook them for twelve hours and they're still how you want them?

**Ed Gamble**

You could put them in the oven, I reckon, overnight, on a very, very low heat and it would-, I mean, it probably wouldn't caramelize them, but it would bake it overnight. Do that with tomatoes, man, you do little tomatoes in the onion, you're essentially drying them out in the oven overnight.

**James Acaster**

Overnight?

**Ed Gamble**

Pretty cool.

**James Acaster**

I wouldn't be able to sleep. I wouldn't.

**Ed Gamble**

You wouldn't be able to sleep?

**James Acaster**

I'd think the house is going to catch fire.

**Ed Gamble**

Oh, right.

**James Acaster**

Yes.

**Ed Gamble**

I thought you meant you'd be so excited about the tomatoes.



**James Acaster**

No. Well, maybe but I think-

**Ed Gamble**

Getting up, you keep looking through the-, it's like Christmas.

**James Acaster**

Yes, it is a bit.

**Ed Gamble**

My wife used to share a flat with someone, he's a lovely man and still a very good friend, but the first night she was sharing a flat with him, she was, like, weirded out because she was in a new place or whatever. She got up in the middle of the night to get a glass of water at about 3:00, 4:00 in the morning, she came into the kitchen and all of the lights were off, but he was stood in front of the oven and the light from the oven was just lighting him. He was baking a cake. 4:00 in the morning, completely silently, watching a cake bake.

**James Acaster**

You respect that?

**Sam Campbell**

Pretty late for a cake.

**Ed Gamble**

So, yes, I think half an hour to 45 minutes.

**Sam Campbell**

What's the longest that someone has cooked something for and it still came out okay?

**James Acaster**

Wow. Good luck with this one.

**Ed Gamble**

I guess, like, barbecue, like Texas barbecue, food, you could probably cook that for, you know, fifteen, sixteen hours sometimes, like a brisket or pulled pork.

**Sam Campbell**

Wasn't there something that was cooking for 1,000 years or is that one of my-,

**James Acaster**

Why are you asking questions if you've already got the answers to them?

**Sam Campbell**

No, I thought he would know.



**Ed Gamble**

Do you mean, like, in-, I think there's a temple in Japan somewhere, it might be in Japan, apologies if I'm wrong, but they've got, like, a soup that's been cooking for hundreds or thousands of years?

**Ed Gamble**

Do they ever dip into it?

**James Acaster**

Yeah, I think-,

**Sam Campbell**

No, they haven't any yet. I hope it's good.

**James Acaster**

But I think that's, like-, they're adding to it all the time, so there's, like, bits that have been there for that long. Like a sourdough starter. You know, a sourdough starter, you're just adding to it all the time-,

**Sam Campbell**

Didn't someone do that with a rock, and it was a trick?

**James Acaster**

No, I think you're right-, it might be a fable or something, like a stone soup, yes.

**Sam Campbell**

Do you know about this?

**Ed Gamble**

Oh, the stone soup fable?

**Sam Campbell**

Yes.

**Ed Gamble**

Yes.

**Sam Campbell**

You know this one?

**Ed Gamble**

Yes, and they keep adding-,

**Sam Campbell**

So, this guy, he's got, like, a-,



**James Acaster**

Okay, that's not how a fable starts, Sam.

**Ed Gamble**

Let him tell his-, we don't know how Australian fables go.

**James Acaster**

Okay, and then this other fable-,

**Ed Gamble**

I'd fancy most Australian fables are going to start off with 'This guy', or 'This Sheila.'

**Sam Campbell**

There was this fellow, and pretty much all he had was a rock-, that's all he's got. Somehow, he ends up with an incredible meal? How? Here's what he did. So, basically, he goes, 'Oh my god, we're making this amazing soup. Everyone's got to contribute something. I've got this rock. What have you got?' Someone's like, 'I've got some amazing-', type of food.

**James Acaster**

Ham?

**Sam Campbell**

Ham. I've got some-,

**Ed Gamble**

Celery.

**Sam Campbell**

Celery. Basically, everyone in the community contributes one thing, and at the end of it, he's got this amazing soup. He goes, 'Well, yes, we've made this.' and then he got to have some of it.

**Ed Gamble**

I had forgotten that fable.

**James Acaster**

Yes.

**Ed Gamble**

And when you told it, I was like, 'Ah, yes.'

**James Acaster**

I like the way you told that fable, though-, as if it was just something your friend told you. Can you do 'The Tortoise and the Hare' for me?



**Sam Campbell**

Basically, there was a pretty huge race-, I'd be surprised if you didn't hear about it. So, yes, I think a lot of animals were involved. I'm actually not too sure about which other animals were in it-, these two do tend to dominate this story. But yes, a huge race, everyone thinks the hare is going to win, everyone's like, 'Man, you've got this in the bag. This is yours.' And the tortoise? The tortoise is like, 'Oh, do I even stand a chance? Should I even enter?' His coach was like, 'You should do it. It is for charity.' So, yes, beautiful charity-,

**Ed Gamble**

What charity?

**Sam Campbell**

Sorry?

**Ed Gamble**

What charity was the tortoise running for?

**Sam Campbell**

Alopecia.

**Ed Gamble**

It affects tortoises quite badly.

**James Acaster**

Yes, it does.

**Sam Campbell**

It is, maybe, in poor taste to have a hare. I've still got it, never lost it.

**Ed Gamble**

Well, let's get on to your menu proper, Sam-, your dream starter.

**Sam Campbell**

Oh, yes. I'm going to go with a sandwich.

**James Acaster**

Now, I did have a little sneak preview of this because one of the texts Sam sent me late last night was, 'Do you think a sandwich could be a starter?' What I wasn't expecting was for Sam to just say, 'I'm going to go with a sandwich.'

**Ed Gamble**

So where, in the library, did you discover sandwiches? Is it a specific type of sandwich, Sam?



**Sam Campbell**

Yes.

**Ed Gamble**

Yes? Go on, buddy.

**James Acaster**

Go on-,

**Sam Campbell**

Caramelised onion-, actually, no, that's not involved. Red onions-,

**Ed Gamble**

Okay, are you, and fine if you are, making this sandwich up as you go along?

**Sam Campbell**

This is a real sandwich that I had recently.

**Ed Gamble**

Great. Okay, let's pick up from red onion, then. You've got this, man. So, red onion?

**Sam Campbell**

Red onion, bechamel sauce?

**Ed Gamble**

Yes, so-, that's like it's in a film, where there's a scene, and two women are talking and it's not about a man?

**James Acaster**

Yes, the 'Bechamel' Test.

**Sam Campbell**

Yes, this operation would not pass that test. And then roast-, what were we talking about?

**Ed Gamble**

The sandwich that you brought up-, that's what we're talking about. So, you've got-,

**Sam Campbell**

Roasted peppers.

**Ed Gamble**

Roasted peppers.



**Sam Campbell**

I don't think I know what a pepper really is, because in Australia we have capsicums, and then we have chillies, but I think you call all chillies and capsicum-, everything's a pepper over here, huh?

**Ed Gamble**

I get it, yes. So we've got, like, bell peppers, which would be the standard ones, then chilli peppers.

**James Acaster**

But bell peppers are very American, right? I think in the UK, we just call everything peppers.

**Ed Gamble**

We just call them peppers, but I'm just-, I mean, look at what I'm explaining to.

**Sam Campbell**

James, would you even let the word 'capsicum' pass your lips?

**James Acaster**

No.

**Ed Gamble**

Capsicum is what we would just call a pepper, right? The bigger-, yes.

**Sam Campbell**

What about zucchini? Would you ever say that?

**Ed Gamble**

Courgette, I think we'd go with.

**James Acaster**

Courgette.

**Sam Campbell**

Really? Change that, lose that- zucchini? Zucchini.

**Ed Gamble**

No, I wouldn't go-,

**Sam Campbell**

Zucchini. 'What are you doing later?', 'Yes, I might have a zucchini. What about you?', 'I'm to have a courgette.' It's very boarding school-, it's wrong.

**Ed Gamble**

You've won me around.



**James Acaster**

So, you've got the bread?

**Sam Campbell**

Yes?

**Ed Gamble**

What kind of bread is it?

**Sam Campbell**

I couldn't say. It was toasted.

**James Acaster**

Where was this from?

**Ed Gamble**

He made it in his own fucking house-

**Sam Campbell**

No, I didn't make it-

**Ed Gamble**

Okay. Sorry, Sam. I got angry.

**Sam Campbell**

A man gave it to me.

**Ed Gamble**

A man gave it to you? Did you give the man money?

**Sam Campbell**

Yes. It was all above board, guys.

**Ed Gamble**

So, where do you buy it from?

**Sam Campbell**

Crunch & Co.

**Ed Gamble**

Crunch & Co?

**Sam Campbell**

Yes.





**Ed Gamble**

Where's Crunch & Co?

**Sam Campbell**

In Brighton. It's got a 4.4 rating, but it deserves more. Are you allowed to have one that's from a place?

**Ed Gamble**

Yes.

**Sam Campbell**

I was actually going to just describe it and not mention the place, to sound more-, like, I'm glad I mentioned the place.

**Ed Gamble**

Yes. You can mention the specific place every time, if you want.

**Sam Campbell**

Yes.

**Ed Gamble**

Yes, so Crunch & Co, in Brighton. 4.4, it deserves higher?

**Sam Campbell**

Yes.

**James Acaster**

So, red onion, bechamel, peppers-, like, roasted peppers?

**Sam Campbell**

Yes.

**James Acaster**

Anything else in there?

**Sam Campbell**

There was some other stuff I don't know about.

**James Acaster**

What do you mean you don't know about?

**Sam Campbell**

I think there was one other thing-, it doesn't come to mind, but it was really sensational. But I think the main stuff's there.



**James Acaster**

I don't think the main stuff is there. I think the things you've mentioned can't be the main stuff. I think the red onion, the bechamel sauce, and the peppers-

**Sam Campbell**

It's all a bit Spartan, isn't it?

**James Acaster**

None of those are the headliner of any sandwiches. I think what you're missing out, right now, is the main bit.

**Sam Campbell**

Well, it wasn't great.

**James Acaster**

I know it's going to be a veggie one.

**Ed Gamble**

Do you know what it looked like, the main thing? Or what it tasted like? We can try and really narrow it down. If this turns out to be a veggie sausage, I'm going to go mental.

**James Acaster**

Have you got your phone on you?

**Ed Gamble**

I've got my phone on me, yes.

**James Acaster**

Google 'Crunch & Co, Brighton'.

**Ed Gamble**

Right, okay.

**James Acaster**

Because normally Benito would be able to do this, because he'd be in the room with us, with the laptop-

**Sam Campbell**

And can I say it wasn't an open-faced sandwich?

**James Acaster**

It wasn't an open-faced sandwich, it was a-



**Sam Campbell**

Closed casket. But yes, sorry, I-

**Ed Gamble**

Sam, is it 'Crunch N' Co' or 'Crunch & Co'?

**Sam Campbell**

I think it's 'Crunch & Co'.

**Ed Gamble**

'Crunch & Co'-, okay, you guys just keep chatting-,

**Sam Campbell**

He's a great guy, Michael Crunch. And an amazing team.

**James Acaster**

Can you tell me more about Michael Crunch and his team?

**Ed Gamble**

Okay, I'm going to say, Sam, big things have happened because 'Crunch & Co', on Google, is 4.8.

**Sam Campbell**

This podcast changes lives.

**Ed Gamble**

'Grilled sandwiches'-, here we go.

**Sam Campbell**

Oh, my gosh.

**James Acaster**

Here we go. This is tense now, Sam.

**Sam Campbell**

It is tense.

**James Acaster**

It's exciting. Oh-, oh dear.

**Ed Gamble**

You're going to feel like a real fool, James. 'Pepper Crunch. Roasted peppers and red onions with bechamel sauce and cheese mix.' Bang, that's it.



**Sam Campbell**

Is that real?

**Ed Gamble**

You're right-, you're correct. It's the main stuff.

**James Acaster**

Do you know what? Like, when I said, 'It can't be the main thing,' I don't know if I did say it now but, I nearly said, 'It's not a pepper sandwich, is it?' Did I say that out loud or was it in my head?

**Ed Gamble**

No, you didn't.

**James Acaster**

Well, that's what I was going to say. And it was called pepper crunch.

**Ed Gamble**

Well, let me tell you, their classic crunch is exactly the same but without the peppers or onion. It's bechamel sauce and cheese.

**James Acaster**

What?

**Ed Gamble**

A.k.a. the wettest sandwich in the fucking world.

**James Acaster**

Yes. And it's got the word crunch in it somehow.

**Ed Gamble**

And the bread is a choice of white or brown Campainou or white sourdough or gluten free bread. So, there you go. But you need to pay 75p extra for gluten free. Well, look, that sandwich is real. We know Sam's not making shit up here.

**James Acaster**

Really? You loved it? You love Mike Crunch and his team?

**Sam Campbell**

Yes.

**James Acaster**

So, yes, that's a beautiful start.



**Sam Campbell**

Can we move that? Can we get that up there? Or can we?

**Ed Gamble**

Logged. It's logged. That's just logged there.

**Sam Campbell**

Oh, great.

**James Acaster**

Your dream main course?

**Sam Campbell**

Oh. I'm going to go with biang biang noodles.

**James Acaster**

Bang bang noodles?

**Sam Campbell**

I think there's an I in there. Biang biang.

**James Acaster**

Biang biang noodles.

**Sam Campbell**

Biang biang. Biang biang.

**Ed Gamble**

I couldn't quite work out whether you were saying that or you were just saying bang in a weird way.

**Sam Campbell**

How would you say it?

**James Acaster**

How's it spelt?

**Sam Campbell**

B-I-A-N-G.

**Ed Gamble**

Yes. Biang biang I guess.

**Sam Campbell**

Biang biang.



**James Acaster**

Biang biang.

**Ed Gamble**

Sam, what are biang biang noodles?

**Sam Campbell**

You've had this dish.

**Ed Gamble**

I'm not sure I have. Take me through it. What's in them?

**Sam Campbell**

You've never had them?

**Ed Gamble**

I don't think so.

**Sam Campbell**

Well, it is from the city of Xi'an. The Shaanxi Province. It's a delicious, long, flat noodle.

**James Acaster**

I've not had it.

**Sam Campbell**

You've never had that?

**James Acaster**

No.

**Sam Campbell**

This is a really good dish.

**Ed Gamble**

Yes. Tell us about it. Describe it to us.

**James Acaster**

It's exciting. So, it's from the Shanghai Province?

**Sam Campbell**

I think it's the Shaanxi Province.

**James Acaster**

What? What? What? What?



**Ed Gamble**

Shaanxi Province.

**James Acaster**

Shaanxi Province?

**Sam Campbell**

Yes. It's just the longest noodle you've ever seen. So, when you see a bowl of this stuff you're like, 'Oh, there's probably 40 noodles in there.' There's, like, three. It just keeps going. You're like, 'I've been eating this same noodle for, like, twenty minutes. What's going on?'

**Ed Gamble**

So, if you wanted to Lady and the Tramp with someone you could do it from about 800 metres away?

**Sam Campbell**

Yes. Yes. You could have a long distance relationship with noodles like that.

**Ed Gamble**

So, what are they served with, the biang biang noodles? What's the flavouring in there?

**Sam Campbell**

I think oil.

**Ed Gamble**

So, just oil?

**Sam Campbell**

Yes. You can get it in the Emirates Stadium.

**Ed Gamble**

Hang on. So, you want just the biang biang noodles, three of them, with oil.

**Sam Campbell**

It's, like, a seriously long noodle.

**Ed Gamble**

Yes. No.

**James Acaster**

Yes. Yes.

**Ed Gamble**

Yes. Yes. But just with oil? It doesn't come with any-,



**Sam Campbell**

There is other stuff. There's chilli and you can get it with a tomato base.

**Ed Gamble**

Okay. The plot thickens.

**Sam Campbell**

Yes.

**Ed Gamble**

But no, like, other veggies in there or anything?

**Sam Campbell**

Bok choy.

**James Acaster**

That's good. Yes. Bok choy. Is that the end of the list of the veggies that are in there?

**Sam Campbell**

I really think that's it.

**James Acaster**

That's it. And I'm not going to question that this time. You fooled me once.

**Ed Gamble**

Yes, I've been fooled before.

**James Acaster**

So, I believe that it's just the bok choy and the oil.

**Ed Gamble**

Yes. There must be garlic in there, Sam.

**James Acaster**

Ed, look, take it from me, man, you don't want to go there and start saying, 'This must be in there.' Because I'll look like an absolute prick over here after pepper crunch.

**Ed Gamble**

Yes. But we can't Google biang biang noodles, Emirates Stadium, can we?

Audience: Xi'an Impression.

**Sam Campbell**

Yes, this is it.





**Ed Gamble**

Oh, it's Xi'an Impression?

**Sam Campbell**

Yes.

**Ed Gamble**

Is that near the Emirates Stadium?

**Sam Campbell**

Yes.

**James Acaster**

What is, sorry? What's it called?

Audience: Xi'an Impression.

**Ed Gamble**

Xi'an Impression. It's a very famous restaurant.

**Sam Campbell**

Have you been there?

Audience: I've ordered it twenty three times with Uber Eats.

**Sam Campbell**

He's got it twenty three times from Uber Eats.

Audience: I'm in the top one percent.

**Sam Campbell**

He's in the top one percent.

**James Acaster**

Some people can't hear what you said. He said he's ordered from there twenty three times on Uber Eats. He says he's in the top one percent of customers. And I can't see him but I'm pretty sure he's wearing a helmet with a sausage on it. Twenty three times.

**Ed Gamble**

And it sounds absolutely delicious.

**James Acaster**

How did you find that stuff out? Is there, like, a Deliveroo Wrapped or something at the end of the year? How does he know that?



**Sam Campbell**

Yes. They do keep stats on people.

**James Acaster**

They do do stats?

**Ed Gamble**

They keep the stats. Did Uber Eats contact you to tell you that?

Audience: It was when I was moving out. I was going to order one last time.

**Ed Gamble**

What, and they knew you were moving out?

Audience: It happens manually.

**Ed Gamble**

It happens manually?

**James Acaster**

Hold on. When you move house, Uber Eats then says, 'Before you go, here's everywhere you ordered from and how many times and you were in the top one percent of the customers at this place.'?

Audience: Yes.

**Ed Gamble**

Man.

**Sam Campbell**

I've got a question. What's your name?

Audience: Sam, my name is Anthony. Can you shout out my girlfriend, Chloe, as well please?

**Ed Gamble**

No.

**James Acaster**

I imagine Chloe is half way home right now but hello, Chloe.

**Sam Campbell**

Thank you, Chloe. You've got a beautiful family.



**Ed Gamble**

Classy. James, I'll ask you this first. I'm going to ask you this as well, Sam. When you move house what restaurant do you reckon is going to be the top one for you, that Uber Eats are going to tell you?

**James Acaster**

Uber Eats would tell me I'm in the top one percent for Sticks'n'Sushi, is what it will tell me.

**Ed Gamble**

Sticks'n'Sushi. Top one percent, do you reckon?

**James Acaster**

Yes. I order from Sticks'n'Sushi a lot and I always get the Hell's Kitchen sushi and the salmon tartare stuff. Top one percent. More than twenty three times as well. I'm not a fucking wimp.

**Ed Gamble**

Are you ordering a lot of takeaway to your house, Sam?

**Sam Campbell**

I really try not to.

**Ed Gamble**

Why not?

**Sam Campbell**

Just the way they treat their riders and drivers.

**Ed Gamble**

Sam's always got a curveball and it turns out this time it was a genuinely serious point.

**James Acaster**

Sending them out with helmets that don't have sausages on top of them.

**Sam Campbell**

I used to get Makimayo a little bit when I was living in London, you know. Do you ever go there?

**Ed Gamble**

Makimayo?

**Sam Campbell**

Makimayo.

**Ed Gamble**

No. What's that?



**Sam Campbell**

It's like Gangnam chicken but I would get the Gangnam tofu.

**Ed Gamble**

Nice. Like, Korean friend tofu stuff?

**Sam Campbell**

Yes, I would get that. Yes.

**Ed Gamble**

Yes. Nice. I don't really want to say now because you've made that point about how they treat their riders and drivers.

**Sam Campbell**

Oh, no, no, no, no, no. A lot of them are bad people.

**Ed Gamble**

Bread & Truffle. They do big focaccia sandwiches and I'm like, 'I'll only have that if I'm hungover and feeling a bit sad.' And I got it three times last week.

**James Acaster**

These noodles sound great. We know where they're from now. Have we found out what's in them after all that?

**Ed Gamble**

No. The Xi'an Impression website was being a little slow. Safari could not open the page because the server stopped responding.

**James Acaster**

Have you had these noodles before?

Audience: Yes. I order it every time.

**James Acaster**

Those noodles every time? And is it bok choy, oil and tomato base?

Audience: Yes.

**James Acaster**

Nothing else?

Audience: Loads of garlic.



**Sam Campbell**

Ah, come to think of it, there was a bit of garlic actually. No, wait, hold on a minute. Yes.

**James Acaster**

Your dream side dish?

**Sam Campbell**

Oh, wow.

**James Acaster**

Sam, we literally saw you reading your notes before you came out here.

**Ed Gamble**

And, also, you then delivered a monologue about how much you love the podcast and how it's got you through, I believe, the epidemic of loneliness is what you called it.

**Sam Campbell**

It's so hard to read that document because it's quite blue writing.

**James Acaster**

The writing's quite blue?

**Sam Campbell**

I've run out of my black cartridge on my printer. So, it's, like, just blue and it's hard to read blue.

**James Acaster**

Yes. Yes. Yes.

**Ed Gamble**

One of my favourite things about you, Sam, and there are many, but certainly it's only occurred to me on this podcast, is the way you say something completely that has no response to it and then look at me as if, 'Your turn now.' You go, 'It's hard to read in blue.'

**Sam Campbell**

I don't know. Just hoping stuff will spark. You'll go, 'Oh, I just had a problem with my printer,' or, 'I've got a great recommendation. You've got to switch. There's a new colour that we've discovered.'

**James Acaster**

And do you know what? I understand what you mean and you're completely right. And, look, I'm a weird guy but, like, I think what Ed is saying is it's like you're playing tennis with Ed and your either side of a net and you've just served over a wet cabbage. And then, you look at Ed like-, because nothing is going to top what you did. It's too funny.



**Sam Campbell**

You know what is getting huge? Is pickleball. It's the fastest growing ball sport in North America.

**James Acaster**

Before we talked about this. This is a genuine thing that Sam has been playing. I've spoken to him about this offstage. Sam is playing pickleball a lot. So, let's hear about it. Go ahead and talk about pickleball. There's some enthusiasts here.

**Sam Campbell**

There's a few people in this crowd who really get me. So, pickleball, seriously, it's huge in America. Someone I know went on a date with Larry David's pickleball coach. Doesn't that just rock your world? It's insane.

**Ed Gamble**

Sam, what is pickleball?

**Sam Campbell**

Oh, okay.

**James Acaster**

Now, this is the exact conversation I had with him. Every time I asked him what pickleball was he said something like that. 'What's pickleball?' 'Someone I know has met Larry David's pickleball coach.' 'Yes. What's pickleball?' 'Oh, it's the fastest growing sport in North America.' 'Yes. What is pickleball?'

**Sam Campbell**

Okay. I will get into it but there are pickleball magazines. So, like, if something has magazines, it is going to take over. But it's almost like a cross between table tennis and tennis. It's using wooden bats and a pickleball, which is, like, a plastic ball with holes in it. I mean, it's just a pickleball really. It's a yellow, plastic ball with holes. It's quite plasticky. And you thwack that over and I think the good thing is that elderly people can play it.

**Ed Gamble**

So, is it on, like, a full size tennis court?

**Sam Campbell**

No. No. Much smaller, Ed. About the size of this custom mat.

**Ed Gamble**

Okay. So, about the size of this custom mat and it's, like, a big ball with holes in it?

**Sam Campbell**

It's not that big. It's about this big.



**Ed Gamble**

About this big.

**James Acaster**

Tennis ball size? Tennis ball size?

**Sam Campbell**

Yes.

**James Acaster**

Yes. Yes.

**Ed Gamble**

And elderly people can play it?

**Sam Campbell**

Yes.

**Ed Gamble**

And that's why you like it?

**Sam Campbell**

You can pick it up really quickly and I've just fallen in love with the sport.

**James Acaster**

Okay. I think so far I understand the size of the court and what the ball looks like. I still don't understand the objective of the game, what the rules are, how people play it.

**Sam Campbell**

And I'm not super clear on that stuff but, yes, it's just like tennis basically.

**James Acaster**

So, there's a net?

**Sam Campbell**

There is a net, yes.

**James Acaster**

Bats. And you hit it over? So, it's like tennis but in a smaller enclosure.

**Sam Campbell**

It's like tennis table if you were on the table but it wasn't tennis and you had wood and there was a pickleball.



**Ed Gamble**

Table tennis if you were on the table is just tennis, isn't it?

**James Acaster**

Yes. As soon as you said it's like a cross between table tennis and tennis, it's like one of those is what the other one is based on in a smaller way. It's like a cross between football and table football.

**Sam Campbell**

It is weird to say that. It's like a cross between a cousin and a nephew but aren't they, sort of, similar?

**James Acaster**

No.

**Ed Gamble**

No.

**James Acaster**

Not like that.

**Ed Gamble**

No, it's not like that at all. Cousins and nephews are different relations.

**Sam Campbell**

So, for my starter I'll probably have a fattoush salad or a mujadara.

**Ed Gamble**

A what?

**Sam Campbell**

Mujadara.

**Ed Gamble**

What's that?

**Sam Campbell**

This is something else. I was eating a lot of Middle Eastern food for a while and that was a favourite of mine. It's lentils and I think it's caramelised onion and that's really nice. So, I love a fattoush salad that's really fresh.

**Ed Gamble**

Sorry. Are you picking your starter again?

**James Acaster**

I think it's the side dish now.





**Sam Campbell**

Oh, whatever. Yes. Yes. So, they are similar dishes in a way, sides. Yes.

**Ed Gamble**

Yes. Sides.

**Sam Campbell**

Sorry. Yes.

**Ed Gamble**

Fresh fattoush salad?

**Sam Campbell**

Yes.

**Ed Gamble**

That is delicious. It's good stuff.

**James Acaster**

I don't think I've had a fattoush salad.

**Sam Campbell**

Really?

**James Acaster**

I don't think I have.

**Ed Gamble**

I bet you have.

**James Acaster**

What, it's lentils and caramelised onions?

**Ed Gamble**

No. No. No. That's the other thing.

**Sam Campbell**

No. No. That's a mujadara.

**Ed Gamble**

That's a mujadara.

**James Acaster**

Okay. So, what's a fattoush? I've only just learned what pickleball is. What's a fattoush salad?



**Ed Gamble**

Do you want to go ingredient for ingredient with the fattoush?

**Sam Campbell**

Yes. Yes.

**James Acaster**

Oh, this is fun. This is like watching pickleball but with words.

**Sam Campbell**

James, you'll be the death of me. We're starting with, like, a pitta bread and it's fried and it's sliced up finely.

**James Acaster**

Oh, I like the sound of this salad so far.

**Ed Gamble**

Tomato.

**James Acaster**

Oh.

**Sam Campbell**

Cucumber.

**James Acaster**

Okay.

**Ed Gamble**

It's a Sam Campbell favourite, so it must feature, our old friend, red onion.

**James Acaster**

Oh.

**Sam Campbell**

How have you been? What's another one? Carry on. Carry on.

**James Acaster**

No. No, he cant carry on. It's not swingball. He's not going to just keep hitting it.

**Sam Campbell**

I knew this would happen, that you would put me under the microscope.



**Ed Gamble**

How have you been? Carry on.

**Sam Campbell**

Some cheese is involved.

**Ed Gamble**

No, I don't think there's cheese involved.

**Sam Campbell**

Could there be?

**James Acaster**

This salad sounds very boring.

**Ed Gamble**

Don't shout anything out.

**James Acaster**

Tomatoes, cucumbers, red onions and pitta bread.

**Ed Gamble**

Parsley I think is a big player in it.

**Sam Campbell**

Parsley.

**Ed Gamble**

Olive oil.

**Sam Campbell**

But you only like things that have, like, 400 ingredients. Some things have only three.

**Ed Gamble**

Olive oil. Lemon juice. Probably quite a lot of lemon juice.

**Sam Campbell**

Anthony, baby, what you got on fattoush?

**James Acaster**

Did you say, 'Anthony, baby.'?

**Ed Gamble**

He's left. He came here to shout out Xi'an Impression. He owns the place.



**Audience**

Sorry, what did you say?

**James Acaster**

Stop snogging Chloe for two seconds, mate.

**Ed Gamble**

Sam wanted you to help him and give him an ingredient from fattoush salad.

**Sam Campbell**

Yes. When you're finished pashing, chuck us an ingredient for a fattoush.

Audience: Salt and pepper.

**James Acaster**

Salt and pepper, was that?

**Ed Gamble**

Salt and pepper's a good shout.

Audience: Olive oil.

**Ed Gamble**

Yes, done that.

**Sam Campbell**

Olive oil.

**Ed Gamble**

Sam, I've said that. I said that ten minutes ago I reckon.

**Sam Campbell**

Jimmy, baby. James, olive oil.

**James Acaster**

Olive oil?

**Ed Gamble**

It's a delicious choice anyway.

**James Acaster**

Still no clearer on what anything is but-,



**Ed Gamble**

It's lovely to watch you realise what it's like to have a conversation with you.

**Sam Campbell**

And, you know, the sad thing, backstage, they don't talk. They're just on their phones. It's sad. It's really sad.

**James Acaster**

Well, that sounds like a salad, Sam. What was the other thing you said?

**Sam Campbell**

Oh.

**Ed Gamble**

Mujadara.

**Sam Campbell**

Mujadara. That, I've only had once but it was really-, and, you know, a businessman paid for it.

**James Acaster**

What? No.

**Sam Campbell**

Yes. Someone who was quite influential in the community paid for it, at this place. I think it's called Al Aseel in Sydney. And I wanted to live out in the bush. I was so just sick of it all. I was, like, yes, pretty far out west for a while there, living in Lakemba and it's a pretty good restaurant, Al Aseel. And then, this guy who's, like, quite a famous businessman, who's maybe a little bit like-, okay. His family owns a lot of stuff. He's, sort of, involved in the entertainment world as well. So, he paid for my meal. Do you know what? And then, I saw him, I was like, 'Hey.'

**James Acaster**

Do you think there were strings attached?

**Sam Campbell**

Well, you know, I had to leave the country for a reason. No. No. No. No strings. I think it was just that people like to give favours and stuff like that. And this guy, I've heard a rumour, whatever, you know, but I heard one time he just walked into a shop and just bought a jacket like it was nothing. And just, like, he was cold and he goes, 'Hold on,' and just bought the jacket. Like, without even thinking about it, just went and did that.

**Ed Gamble**

So, you heard a rumour that he bought a jacket?



**Sam Campbell**

No. No. No. But just, like, in the most relaxed-, just like, 'Oh, yes. Yes. Sorry. Get this.'

**James Acaster**

Oh, yes. No, we know what you mean. So, this guy is either me or Ed or anyone.

**Sam Campbell**

But you would think about it. You'd be like, 'Oh, should I buy a jacket?' He didn't.

**James Acaster**

No. I would just buy it.

**Sam Campbell**

You just buy jackets?

**James Acaster**

Yes.

**Ed Gamble**

That's how James buys clothes. So, I'd say over the last month maybe three times James has arrived at the Off Menu studio and smelt himself and gone, 'God, I stink.' And then, when we had a break, just gone to Ted Baker in the station around the corner and just bought a new top. That's how he buys clothes. He stinks in the old ones and then just buys whatever's available in Ted Baker.

**James Acaster**

Yes. Most of the time I'm buying new tops I stink and I walk in there stinking and I say, 'Have you got anything in a medium?' And they go, 'Yes.' And then, I just go, 'Yes. Just give me that.' And then, I go back and the next podcast episode, I'm wearing a different top which is brand new. Still got the tags on it.

**Ed Gamble**

But isn't that incredible? Because James is actually a really stylish man and he looks really good in everything he buys and it looks like a curated wardrobe but it's simply whatever they have in medium because the other thing stinks.

**Sam Campbell**

And what happens to some of this, you know, stinky stuff that you're getting rid of?

**James Acaster**

Wash it, give it to a charity shop. Someone else's problem. And, you know, a lot of my fans I think are the kind of people, like, they shop at charity shops. They find, you know, some charity chic. So, it tickles me to think that a James Acaster stan could be walking around in my sweaty t-shirt and not even knowing it.



**Sam Campbell**

They're like, 'Oh, I don't know if I'll get this one. It absolutely reeks. But, wait-,'

**James Acaster**

Yes, exactly.

**Ed Gamble**

Do you think you have a unique stink, Sam?

**Sam Campbell**

As in my scent?

**Ed Gamble**

Yes. Do you have a natural scent that is unique to you?

**Sam Campbell**

I do. I mean, you know, I live in a corporate new build these days and it has a treadmill. I've been trying to run. I'm trying to run ten kilometres every day.

**Ed Gamble**

That's pretty good, man.

**Sam Campbell**

And I often get lost in my building. Like, I haven't really figured it out yet.

**Ed Gamble**

Hang on. Are you running on the treadmill or around the building for ten K?

**Sam Campbell**

It's just a complicated building. Like, it's only at 30% capacity and there's some weird stuff going on where I live.

**Ed Gamble**

Like, what sort of weird stuff?

**Sam Campbell**

There's no lights in the gym, so I run in complete darkness.

**Ed Gamble**

Are you supposed to be living in this building? Because to me it sounds like you've moved into, like, a show property. You know when they build the flats first of all and they deck some of them out with, like, furniture to show you what it would be like if you bought them? But it'll say, 'Opening in 2026.' Have you just moved in?



**Sam Campbell**

This explains why a lot of my flat mates are, you know, cut out people. No, it's real. It's the real deal.

**Ed Gamble**

It's the real deal. Yes.

**James Acaster**

It's at 30% capacity?

**Sam Campbell**

Yes.

**James Acaster**

Have you met everyone else who lives there?

**Sam Campbell**

I've met a few, and it's pet-friendly. I don't have a pet but they're having soon the Meet the Pets event and, you know, they can't stop me from going to that.

**Ed Gamble**

Yes.

**Sam Campbell**

Yes, after I run, I do-

**Ed Gamble**

You stink, yes.

**Sam Campbell**

Yes. Do you stink? Or do you worry?

**Ed Gamble**

Yes, I stink sometimes, yes.

**James Acaster**

Is the Meet the Pets event in a room that has lights, or is it in complete darkness again and you have to feel the pet and guess which pet it is?

**Ed Gamble**

That's got him, hasn't it?

**Sam Campbell**

Man, that is so messed up. Imagine going to a fully in-darkness Meet the Pet event. Your mind.





**Ed Gamble**

If you went to a fully in-darkness Meet the Pet event, what would be your favourite?

**Sam Campbell**

Eel.

**Ed Gamble**

That would be your favourite animal to meet, would it, in the dark?

**Sam Campbell**

To touch.

**Ed Gamble**

Yes, to touch in the dark, would be an eel?

**James Acaster**

I mean, I would worry the lights would come up and no-one's got an eel.

**Sam Campbell**

I know that you've worked so hard on this format and all the food stuff, yes, but make this the whole show. It's darkness, it's pets in the darkness, this is nice.

**Ed Gamble**

Yes?

**Sam Campbell**

Yes.

**James Acaster**

Do you think you could identify different people's, like, what animals they were in the dark if you touched them?

**Sam Campbell**

I think most of them I'd go, 'Okay, yes.' I'd struggle with some of the breeds.

**James Acaster**

Yes, sure.

**Ed Gamble**

Yes.

**Sam Campbell**

Like, 'We think Jack Russell but, you know, let's see.'



**James Acaster**

Then here's the twist of the meeting pets in the dark event in your building. So, all the pets are at one side of the room and you go and feel them, and the owners are at the other side of the room, and you have to feel them and then match them up with their pets. Do you think you could do that? What would be your technique of the way you would figure out-

**Ed Gamble**

Sorry, I've just seen two people leave.

**James Acaster**

It was me who did it, Sam. That's not on you, buddy.

**Ed Gamble**

I imagine that's the point.

**Sam Campbell**

'Where are you going?' 'We need to grab the cockatiel.' Wow, so yes, feeling pets, texture and then matching, I don't know if I'd be good at matching the owner and the pet.

**James Acaster**

I mean, you know, you're doing well on Taskmaster right now, you've won a few episodes.

**Ed Gamble**

It'd be a good task, that, yes.

**James Acaster**

So, like, if that's the task, how are you-

**Sam Campbell**

Am I allowed to speak to the pet?

**James Acaster**

Yes, that's the one you'd want to speak to, I guess, yes.

**Ed Gamble**

Yes, you can speak to one of them and you've chosen the pet, yes?

**James Acaster**

Yes, that's one of the rules, that you can either speak to the pet or the owner, but you can't speak to both of them.

**Sam Campbell**

No, hold on, can I change my answer? I will talk to the owner.



**James Acaster**

Your dream drink, Sam Campbell?

**Sam Campbell**

Well, I'm going to go with Portino.

**James Acaster**

Portino? I so badly wanted it to be something that I knew what it was.

**Ed Gamble**

Yes, but why break the habit of a lifetime?

**James Acaster**

What is it? What's Portino? I don't know.

**Ed Gamble**

Do you know what it is, Sam?

**Sam Campbell**

To me, it's a really luxury soft drink. Wimmers, Wimmers, Wimmers, Wimmers, Wimmers, Wimmers, Wimmers, Ed Gamble, Wimmers. It's this amazing-

**Ed Gamble**

What are you saying?

**Sam Campbell**

In North Queensland, where I'm from-

**James Acaster**

What were you saying a minute ago? What was that?

**Ed Gamble**

What was all that?

**James Acaster**

What was widders or Wimmers?

**Sam Campbell**

Just connecting with other people.

**James Acaster**

Did you say, 'Widders?'



**Sam Campbell**

Wimmers.

**Ed Gamble**

Wimmers wimmers

**Sam Campbell**

Wimmers.

**James Acaster**

What's Wimmers? W-I?

**Sam Campbell**

Double M.

**James Acaster**

Double M.

**Sam Campbell**

E.

**James Acaster**

E-R-S, Wimmers.

**Ed Gamble**

What's Wimmers wimmers?

**Sam Campbell**

That's the company that's making these amazing drinks.

**James Acaster**

Wimmers makes the soft drinks.

**Ed Gamble**

Wimmers.

**Sam Campbell**

So, to me, the top three flavours of Wimmers, I'd say Portino, I'd say there's one double sarsaparilla, do you have that here, double?

**James Acaster**

Not a double, we don't really even have sarsaparilla, but, like, I know what you mean, I know those drinks.



**Ed Gamble**

I don't know what Sarsaparilla is, really.

**James Acaster**

No, we've never really been clear on it, I think we've talked about it on the podcast before, we've never really known what sarsaparilla is.

**Ed Gamble**

I only know it from The Simpsons.

**James Acaster**

Yes.

**Ed Gamble**

From the saloon scene in The Simpsons, and grandpa drinks it.

**James Acaster**

Yes, sarsaparilla.

**Ed Gamble**

Yes. Do you know what sarsaparilla is, Sam?

**Sam Campbell**

Yes.

**Ed Gamble**

What is it? How do they make it? What's actually in-,

**Sam Campbell**

Oh, I couldn't. Molasses, I don't know, yes.

**Ed Gamble**

Yes, okay, yes.

**James Acaster**

What does it taste like?

**Ed Gamble**

Don't know.

**Sam Campbell**

It does taste, like, sort of liquoricey, I think.



**James Acaster**

Okay, liquoricey and sweet?

**Sam Campbell**

Yes.

**James Acaster**

Yes, okay. What's your number three on the top three, even though we still don't know what Portino is? What's the third Wimmers?

**Sam Campbell**

Portino is number one. Number three is there's one called Crave, and I couldn't tell you what that is but it's blue, it's just called Crave.

**Ed Gamble**

Yes.

**James Acaster**

Crave, the blue thing.

**Ed Gamble**

It's called Crave but it's your number three, right?

**Sam Campbell**

Yes, of Wimmers, yes. I got back into Wimmers soft drinks kind of recently, I was back in Queensland for a little bit, and yes, I think it is the most popular soft drink, the biggest-selling.

**James Acaster**

Where? In Australia?

**Ed Gamble**

In Queensland.

**Sam Campbell**

Not in Australia. Like, most places in Australia don't even have it. This is, like, there are even places in Queensland that don't have it, but if you're in Nambour or Peregian or Noosa, you will get this.

**James Acaster**

Okay, what are any of those places? Where are they?

**Sam Campbell**

This is, like, North Queensland.



**James Acaster**

North Queensland?

**Sam Campbell**

Yes, you've been to Queensland, surely?

**James Acaster**

Yes, but I haven't been in those places, that's all, but, like, I think I saw the last one on a sign once, but I've not been there. So, Wimmers soft drinks are the most popular soft drinks in those three places?

**Sam Campbell**

I reckon they might be, yes.

**James Acaster**

Yes, that's good stuff.

**Ed Gamble**

What, they beat Coke as well? They're more popular than Coca-Cola?

**Sam Campbell**

Yes, it's like in Scotland, how Irn-Bru outsells Coke, which is just amazing.

**James Acaster**

Yes. So, what's Portino? This is your big favourite.

**Sam Campbell**

Yes, this is, like, I just remember the first-, well, if I could take you to Mon Repos.

**James Acaster**

You can tell me about it, Ed's just doing some admin.

**Sam Campbell**

Okay, so I was friends with this kid called Joseph O'Hare, our families are friends, he's got a pigeon chest, juts out his ribcage like that, which he's had fixed.

**James Acaster**

Congrats to Joseph O'Hare.

**Sam Campbell**

I never knew it was a thing that he even cared about but, you know, whatever, yes?

**James Acaster**

Yes.



**Sam Campbell**

And so we used to muck around Mon Repos, that's where the turtles lay their eggs.

**James Acaster**

The hare and the turtles? This the O'Hare and the turtles story?

**Sam Campbell**

No, so this is where turtles go up to lay their eggs and also the eggs hatch, and that was the best because if they went off-course, you got to actually pick up a baby turtle and put it into the ocean, amazing.

**James Acaster**

Yes. The thing is, because we got you to tell the hare and the tortoise earlier, I feel like you're Keyser Söze-ing us right now with a story that you're just piecing together from stuff we talked about earlier, so your friend Jimmy O'Hare who used to live near the turtles, it just feels a little bit suspish. Carry on.

**Sam Campbell**

You know, this is my life, just my reality. But yes, we used to love, we just loved drinking Portino and making up our own-,

**Ed Gamble**

Benito, I don't have enough reception to find out what Portino is, will you Google it and put it on the screen for us, thank you? Sorry, Sam.

**James Acaster**

So, you and Jimmy O'Hare, Jimmy O'Hare would live near-,

**Sam Campbell**

Joseph O'Hare.

**Ed Gamble**

Joseph, okay.

**James Acaster**

Joseph O'Hare lived near where the turtles came and laid their eggs, and you and Joseph O'Hare would go and look at the turtles?

**Sam Campbell**

Yes.

**James Acaster**

And you would drink a lot of Portino while you were doing that?





**Sam Campbell**

Yes.

**James Acaster**

Great. What is Portino?

**Sam Campbell**

So, we were huge into playing, like, cricket, but just with the lid of the bin, do you know what I mean?

**James Acaster**

Yes.

**Sam Campbell**

That's we did, and I remember this guy coming up to us, and we don't even know this guy, and he goes, 'You guys could have fun in a plastic bag.'

**Ed Gamble**

It's grape and berry flavour.

**James Acaster**

It's grape and berry. Yes, now sounds nice. It's carbonated?

**Sam Campbell**

Yes, absolutely.

**James Acaster**

Yes.

**Ed Gamble**

Not an alcohol boy? No alcohol for you?

**Sam Campbell**

In my life? Ever?

**Ed Gamble**

In your life?

**Sam Campbell**

Not so much, I'm not a huge-, are you guys big, big drinkers? Do you get crazy with that stuff?

**James Acaster**

We like alcohol, we're not big drinkers. I mean, on occasion, sure.



**Ed Gamble**

Yes.

**James Acaster**

We like it, but we like soft drinks as well a lot. My agent listens to the podcast and is completely blown away by how many soft drinks Ed and I keep shouting out, and how men in their late 30s seem to be able to shout out so many different types of fizzy pop they love.

**Ed Gamble**

The drink that gets me most excited, and I talked about it earlier, is Pepsi Max cherry flavour. If I'm driving back from somewhere, from a gig late at night, I go in and my special treat is getting a Pepsi Max with cherry, and I skip to the car, I'm so excited, I'm over the moon. But also I do have alcohol, yes, I've got a problem, yes.

**Sam Campbell**

I mean, we'll probably all have a beer after this to unwind. Ed Gamble.

**James Acaster**

If I went for a beer with you, I imagine you would take the fork out, replace it with a bottle opener and then we'd be there all night. 'You wanted a beer, right, Gamble?' You're smashing on-, 'I'll line up another one, it's okay. You know, me and Joseph O'Hare used to drink these.'

**Sam Campbell**

Do you like aloe vera juice?

**James Acaster**

Sure.

**Ed Gamble**

I don't think I've ever had aloe vera juice, you know.

**Sam Campbell**

That's what you'd have at Xi'an Impression.

**Ed Gamble**

Oh, really?

**Sam Campbell**

Yes.

**Ed Gamble**

Do you have it there when you go there?



**Sam Campbell**

I think it feels like it's the most refreshing drink, but it's secretly not that refreshing.

**Ed Gamble**

Right. To me, aloe vera I always connect with, like, shampoo, because there was a big thing of it being in shampoo in the '90s and early '00s. Every shampoo advert would be like, 'Aloe vera,' so I don't think I can pop it in a drink, really, I'd just be thinking of henna.

**James Acaster**

Yes, same.

**Sam Campbell**

You've been conditioned?

**James Acaster**

Yes, some washing-up liquids and stuff as well.

**Ed Gamble**

Yes.

**James Acaster**

And, like, washing detergents, aloe vera kind of gets into all that stuff that's mainly cleaning, I wouldn't really want to drink it.

**Sam Campbell**

That's said. I have the same thing with gingerbread.

**Ed Gamble**

What do you mean?

**Sam Campbell**

Well, I just don't want to eat-, you know, I spend so much time throwing it at trains.

**Ed Gamble**

Yes, I forgot that about you. Talking of gingerbread.

**James Acaster**

Your dream dessert, Sam Campbell?

**Sam Campbell**

Right, it's so hard. Do people ever, they say two and then you help the person choose?

**Ed Gamble**

Yes, we can do that if you've got two.



**James Acaster**

Yes, we can give you a hand.

**Sam Campbell**

Okay, so for me it's a toss-up between the sponge roll or the pikelets. No, listen, it is.

**Ed Gamble**

I have never seen you like this, James.

**James Acaster**

Well, because we haven't done a live episode.

**Ed Gamble**

Yes.

**James Acaster**

We've had eccentric guests on the podcast, in the studio, and I know what my role is in those ones. I'm like, 'Okay, I can't go full GD weirdo on this one, we've got to keep a balanced podcast going, let them run.' Sam, I'm loving this here, but I'm very torn because also I'm in front of an audience who have seen me in the first half and now I'm suddenly this other guy who's going, 'Well, I guess this has to happen now. Because I can't be saying that shit from earlier with this, because this would be like a fever dream for everybody.' Also, I wasn't sure what Sam said then.

**Ed Gamble**

Sponge roll, or did you say, 'The pikelets'?

**Sam Campbell**

Just pikelets.

**Ed Gamble**

Pikelets.

**James Acaster**

Pikelets, yes.

**Ed Gamble**

What's your issue now, James? What's the problem?

**James Acaster**

Well, I think I know what pikelets are. I think that, actually, I think I know what pikelets are. I think that Karl Pilkington likes pikelets and I think I've listened to an old XFM radio show clip of Karl Pilkington saying he likes pikelets and getting bullied for liking pikelets.



**Ed Gamble**

Are you sure you've just not confused his surname because it sounds a bit like pikelets?

**James Acaster**

I don't know anymore, Ed.

**Ed Gamble**

So, pikelets as in thin crumpets, right?

**Sam Campbell**

They're actually, I think, quite thick. So, the difference between, I think start with a pancake in your mind, 'This is good, actually.' So, that's there.

**Ed Gamble**

Is this, like, a guided meditation?

**Sam Campbell**

Yes. Picture a pancake, you don't have anything to worry about, you're alright. Hold on, what's that? A pancake? Far out. That looks alright. What are you going to do? Put it off, we're looking at this. You've got this pancake. Shrink it down, make it not for breakfast but for lunch, make it thicker, and I had it in my lunch-boxes. I'd get that in my lunch-box at school and it was sort of admired.

**Ed Gamble**

That meditation ended quickly.

**Sam Campbell**

And breathe.

**Ed Gamble**

So, thicker than a pancake?

**Sam Campbell**

Yes.

**Ed Gamble**

But I thought they were thin crumpets?

**Sam Campbell**

I think a pikelet, maybe I'm, like, yes, wrong, but I picture it's very pancake-like, maybe a bit thicker, just in every way.

**Ed Gamble**

Yes, and sweet?



**Sam Campbell**

Maybe more flour, I think, really.

**Ed Gamble**

And they taste sweet?

**Sam Campbell**

Yes, sort of, yes.

**Ed Gamble**

Would you have anything on the pikelets?

**Sam Campbell**

Just butter.

**Ed Gamble**

Butter?

**Sam Campbell**

Yes.

**Ed Gamble**

Butter on pikelets. You seem sad, James, what's up with you?

**James Acaster**

This doesn't sound like a dessert, this doesn't sound like a good dessert, just to have something that's kind of sweet, kind of a pancake but not, with some butter on it.

**Ed Gamble**

Would they be in your lunch-box as a dessert item or would they be the main bit of the meal?

**Sam Campbell**

No, they were something for afterwards.

**Ed Gamble**

Something for afterwards?

**Sam Campbell**

Yes.

**Ed Gamble**

What would your mum put in your lunch-box to eat before the pikelets?



**Sam Campbell**

I would have bananas, I'd have Chicken Crimpy Shapes.

**Ed Gamble**

Hang on.

**James Acaster**

I didn't hear it properly, I think you said, 'Chicken cribby shakes,' or something?

**Sam Campbell**

Is anyone Australian? Chicken Crimpy Shapes, I mean, that does, yes.

**Ed Gamble**

Chicken Crimpy shakes?

**Sam Campbell**

Chicken Crimpy is a type of Shapes. Okay, so Shapes is a family of biscuits, of savoury crackers.

**Ed Gamble**

Okay, I'm completely lost here. Shapes are a family of crackers?

**Sam Campbell**

So, Shapes is the name of this whole operation, Shapes.

**Ed Gamble**

Shapes are the company? I thought you were about to explain to me what shapes are.

**James Acaster**

Yes.

**Sam Campbell**

I don't think anyone could do that.

**Ed Gamble**

Here we go. 'English pikelets are a cross between a drop scone, Scotch pancake and a crumpet', so that's what I was imagining.

**James Acaster**

Okay, yes, I can kind of imagine that.

**Sam Campbell**

To me, crumpet-, what is a crumpet? That's got many holes in it?



**James Acaster**

Yes. So, I got into crumpets because of my friend Jackie O'Hara, and he used to live near a dolphin sanctuary and we would go and we would, like, throw marbles and dolphins would balance them on their nose, and a guy came up to us once and he said, 'You guys sure are crazy marble legends.'

**Sam Campbell**

What's that got to do with anything?

**James Acaster**

I don't know, I'm sorry.

**Sam Campbell**

He's on drugs, he's smacked out, he's on drugs.

**Ed Gamble**

I apologise, Sam, I apologise.

**James Acaster**

Sorry, Sam.

**Ed Gamble**

So, it's either the pikelets or sponge roll?

**Sam Campbell**

Yes, which I think here is called a Swiss roll.

**Ed Gamble**

Swiss roll.

**Sam Campbell**

Do you know this one, the jam line?

**James Acaster**

So, it's vanilla sponge?

**Sam Campbell**

Yes.

**James Acaster**

Then you've got jam and cream?

**Sam Campbell**

I love what they're doing with the jam.





**Ed Gamble**

Would you have that on birthdays or anything?

**Sam Campbell**

Yes, special occasions.

**Ed Gamble**

Special occasions would be the Swiss roll, or sponge roll?

**Sam Campbell**

We would call it a sponge roll.

**Ed Gamble**

Yes, yes.

**James Acaster**

What special occasions are we talking? Birthdays, obviously?

**Sam Campbell**

Yes, we had many. I know my mum is making them again like crazy, and she is so about quantity, this woman is all about quantity. So, she is a great artist, I think, and she does these beautiful watercolours, but she makes thousands. She's just, like, a machine, and then sponge rolls, everyone in the community, she lives in Cygnet in Tasmania, everyone is getting a sponge roll.

**Ed Gamble**

That's lovely.

**Sam Campbell**

Yes.

**Ed Gamble**

So, which do you want? Which are you leaning towards, the Swiss roll? Sorry, sponge roll or the pikelets?

**Sam Campbell**

Just based on some of the stuff James has said, probably the Swiss roll.

**Ed Gamble**

Yes.

**James Acaster**

Are you having custard with that or is it just on its own?



**Sam Campbell**

Maybe ice-cream.

**James Acaster**

Lovely. Vanilla?

**Sam Campbell**

Yes.

**James Acaster**

Yes, some vanilla ice-cream.

**Sam Campbell**

What other ones are there?

**Ed Gamble**

What other flavours are there? Okay. I can't deny this guy, every time he looks at me.

**James Acaster**

Yes, no, I'm aware. This is, like, I mean, look, if you weren't this type of person, our podcast wouldn't work. You would have looked at me episode one and gone, 'I'm not fucking responding to that.' So, yes, this is an important part of your personality.

**Ed Gamble**

It's like talking to a kitten. He goes, 'What other flavours are there?' And then just looks at me with these big, open eyes. Like, chocolate?

**Sam Campbell**

Chocolate, of course, yes.

**Ed Gamble**

I think vanilla is the best choice to go with the sponge roll.

**Sam Campbell**

Yes, yes, yes. Isn't it insane. You know, ice-cream, can we just talk about, like, quantity? Suddenly, you were like, 'Do you want this or do you want double the amount of food you were going to have?' Do you know what I mean? It's the scoop, you're like, 'Another scoop,' it is a big deal.

**James Acaster**

Okay.

**Sam Campbell**

Imagine being like, 'I want a steak.' You're like, 'You want a steak? Well, do you want two steaks?'



**Ed Gamble**

I see. So, in ice-cream shops they offer a scoop or a whole other scoop?

**Sam Campbell**

Yes.

**Ed Gamble**

What would you prefer they did?

**Sam Campbell**

Fractions.

**Ed Gamble**

So, a scoop and an eighth of a scoop?

**Sam Campbell**

Yes. I've seen him have a gelato burger, sort of thing.

**James Acaster**

He has seen that. We got it a few weeks ago. Well, I got a gelato burger.

**Ed Gamble**

What? Don't tell me you're going to fucking start doing this now.

**James Acaster**

It was, like, a brioche bun and you could choose the ice-cream that would be the burger and an ice-cream that would be the burger sauce, that was, kind of, ice-cream that they made into-, so I had hazelnut ice-cream as the burger and this pistachio, like, sauce on it with the bun. And it didn't look like they'd put a lot in it but actually it was the perfect amount. Sam got, what did you get?

**Sam Campbell**

I don't know if I had-,

**James Acaster**

You got something on a stick?

**Sam Campbell**

Yes, didn't I get, sort of like, an ice-cream sandwich with wafers?

**James Acaster**

Yes, it was like an ice-cream sandwich on a stick, dipped in chocolate, and Sam had that.

**Sam Campbell**

Yes, it had been dipped.



**Ed Gamble**

It had been dipped?

**James Acaster**

We walked around and we ate them, and we talked about how lucky we were to be alive.

**Ed Gamble**

We're going with the Swiss roll and vanilla ice-cream?

**Sam Campbell**

Yes, with very healthy, you know, the dandruff.

**Ed Gamble**

The thing is, I've had such a lovely time but I can't help but think when you go to restaurants, Sam, this is how long the order actually takes.

**James Acaster**

Sam, I'm going to read your menu back to you.

**Sam Campbell**

I only just learned recently, if they have a name tag that says their name, don't say their name.

**James Acaster**

Really? That's fine to do that.

**Sam Campbell**

Really? I think people are like, 'Oh my gosh.'

**Ed Gamble**

Yes, I agree with Sam.

**James Acaster**

Yes, I don't do it. No, you are right, it's like a douche-y businessman move, being like, 'Well, Linda, you can get us-, ' yes, fuck off.

**Sam Campbell**

We shouldn't even have names.

**James Acaster**

You would like sparkling water. You want poppadoms, and you don't want them to be conservative with the yoghurt, plus lime pickle, mango chutney, raw onion. Starter, Pepper Crunch sandwich from Crunch&Co in Brighton. Main course, Biang Biang noodles from Xi'an Impression?



**Ed Gamble**

Yes.

**James Acaster**

Near the Emirates Stadium. Side dish, fattoush salad with mujadara from Al Aseel in Sydney. Drink, Wimmers. Fuck, I'd forgotten about Wimmers.

**Sam Campbell**

I feel like we barely touched on Portino.

**Ed Gamble**

Yes, we barely had anything about Portino, you're right.

**James Acaster**

Yes, you're right, we didn't really get to delve into Portino because there was quite a lot of time spent learning what Wimmers was and hearing quite a bit about Joseph O'Hare. And dessert, your mum's sponge roll with vanilla ice-cream. That is the menu of Sam Campbell.

**Ed Gamble**

Sam, thank you so much for coming on the Off Menu Podcast. Fantastic. Give it up once more for Sam Campbell. Thank you so much everyone, thank you, simply fantastic.

**James Acaster**

Thank you.

**Ed Gamble**

Bye-bye.

Well, there we are. I mean, that episode was mad, but I loved it.

**James Acaster**

Absolute madness, we did love it, and Sam is on tour now with Wobservations. You can go to [SamCampbellTour.com](http://SamCampbellTour.com).

**Ed Gamble**

He's called his fucking show 'Wobservations'.

**James Acaster**

Also, listen to Sam's podcast with Lucy Beaumont, which is called Lucy and Sam's Perfect Brains, wherever you listen to your podcasts. They obviously did Taskmaster together.

**Ed Gamble**

Yes, and Lucy's in an upcoming live episode of this. I cannot imagine what that podcast is going to be like.



**James Acaster**

You know, I believe it's being produced by the same people who produce our podcast.

**Ed Gamble**

Yes, more power to Benito.

**James Acaster**

Yes, I'll tell you this. It'll be produced very professionally.

**Ed Gamble**

I can't wait. Bye.

**James Acaster**

Bye.