

Off Menu – Ep 237 – Lucy Beaumont

Ed Gamble

Ding, ding, ding, ding, it's Saturday. What does that mean, James?

James Acaster

Beaumont.

Ed Gamble

It's a Beaumont Bonus. It's the live episode, the second live episode from Manchester, with special guest Lucy Beaumont, from the O2 Apollo, Manchester, recorded on 30th October 2023.

James Acaster

Very exciting, the third and final Taskmaster guest that we had. Well, as in, that current series of Taskmaster.

Ed Gamble

Yes, yes, yes.

James Acaster

That was airing at the time. Very excited to have Lucy on, the crowd went buck wild.

Ed Gamble

They went buck wild, baby, and the secret ingredient, as selected by that audience, was Crème de Menthe.

James Acaster

Crème de Menthe. I can't remember why now.

Ed Gamble

No, but it doesn't matter.

James Acaster

It was funny at the time.

Ed Gamble

It doesn't matter though. Also, I'd say, before we recorded this, we did the show. I'd say Lucy is the person who most, on the entire tour, and indeed the history of Off Menu, we've had to say, 'Stop saying that, we'll talk about that on stage.'

James Acaster

Yes, yes, she-, but I mean, luckily, Lucy is a never ending source of weird stuff.



Yes, yes. You're going to love this episode. It's absolutely brilliant, let's just crack on with it, Lucy Beaumont.

James Acaster

Lucy Beaumont.

Ed Gamble

Welcome to the Off Menu podcast, taking the moussaka of humour, removing the spices of bad times, adding in the lasagne flavours of friendship, and creating the mouss-agne of the Off Menu podcast.

James Acaster

That is Ed Gamble, my name is James Acaster. Together, we own a dream restaurant, and every single week we invite in a guest, and we ask them their favourite ever starter, main course, dessert, side dish and drink, not in that order. And this week, our guest is Lucy Beaumont.

Ed Gamble

Lucy Beaumont. An absolutely incredible comedian, currently, absolutely ripping it up on this series of Taskmaster. We are very excited to have Lucy on the podcast. So, James, we've already done the secret ingredient.

James Acaster

Keep it in your heads.

Ed Gamble

Keep it in your heads, not out your mouths. Let's crack on. This is the Off Menu menu of Lucy Beaumont.

James Acaster

Lucy Beaumont.

Ed Gamble

Lucy Beaumont. James? What are you doing?

James Acaster

Yes.

Ed Gamble

We've got to start the podcast, Lucy, so. So, obviously, James-, I mean, we don't assume you've listened to the podcast before, not everyone here has. So, James is a genie, so, the genie's in the lamp at the moment. So, if you would like to get up and rub the lamp, you're very welcome to.

James Acaster

Disgusted.



What are you so angry about, Lucy?

Lucy Beaumont

Rub James?

Ed Gamble

Rub James? No, not rub James, rub the lamp.

James Acaster

Rub me in this climate. I'm not just asking you to do that.

Ed Gamble

You know, can you see the thing that's in front of James, that's the lamp, like a genie's lamp.

Lucy Beaumont

You didn't tell me I had to do this.

Ed Gamble

Well, you don't have to. We can get the audience to-, they can rub it with their minds, if prefer that? Would you prefer the audience rubbed it with their minds?

Lucy Beaumont

Well, it's just totally thrown me. Well, I will.

Ed Gamble

Yes, so, just to be clear, just so nothing goes wrong, the thing in front of James, the, like, Aladdin lamp. Rub that. Please, don't rub James.

James Acaster

Hands off.

Ed Gamble

Hands off. Hands off the goods.

Lucy Beaumont

And what'll happen?

Ed Gamble

Well, this'll be the. Do you want me to talk you through it? Because it's a nice surprise for the audience sometimes.

James Acaster

I'm doing and a squat back here.



I just wasn't expecting it.

Ed Gamble

No, it's alright. It might throw you again, but it'll be exciting. Just, please go and rub the lamp, Mrs.

James Acaster

No, not me. Not me.

Ed Gamble

No, don't rub James.

James Acaster

No, Luce, not from behind here.

Ed Gamble

Have you seen Aladdin before, Lucy? Does he get into the fucking lamp before he rubs it?

James Acaster

Lucy.

Lucy Beaumont

I can't get through there.

James Acaster

Lucy, your arse is in my face.

Lucy Beaumont

There's a cloud. How do you rub it from this side?

Ed Gamble

Well, I mean, you could just rub the.

Lucy Beaumont

Is that all electrical stuff.

Ed Gamble

Well, you don't need to-, your hand was on it when you stepped over the cloud, Lucy, just, there you go. Yes.

James Acaster

Welcome, Lucy Beaumont, to the dream restaurant. We've been expecting you for some time.



Oh, that was amazing.

Ed Gamble

Was it worth it in the end?

Lucy Beaumont

I shouldn't have made such a meal of that, should I?

Ed Gamble

Good pun.

James Acaster

Not pleasant for me.

Ed Gamble

No, you've.

James Acaster

I was squatting for a long time behind there, killed my legs, and then you invaded my personal space by getting in the lamp to rub it. Now, I don't actually know much about if you're a foodie or not. We haven't really ever talked about food much in the past.

Lucy Beaumont

Have we not? No.

James Acaster

No. No, not really. I mean, sometimes, we will just talk about, you know, just what we've been up to, sometimes work stuff. The other day, you texted me to let me know that you'd only just found out Barry Cryer had died. So, you know, that's the kind of stuff we usually talk about.

Ed Gamble

Sorry, I hate to snort so early in an episode.

James Acaster

And how did you find out?

Lucy Beaumont

I tried to book him for something.

James Acaster

But yes, we haven't really talked about food.



No. But, no, I do. I am a foodie, I do really like my food. I like good food and, yes, no, food is important to me. But, some people it's not, is it? But no, I think it's wonderful. No, I am. I would say I'm a foodie and I'd spend good money on food.

James Acaster

How much?

Lucy Beaumont

Well, it depends. I do like going for a nice meal. I like to go out. You know, what I like, to go out, is just on a tea time. Just, like, on a Wednesday, just say, 'Shall we just go for tea?' I like doing that.

James Acaster

Wednesday tea.

Ed Gamble

Wednesday tea.

Lucy Beaumont

Do you know what I mean, though?

Ed Gamble

Why is it Wednesday that-, why is it Wednesday that?

Lucy Beaumont

I just mean, like, just real spontaneous. I like to go, 'Shall we go out for tea?'

Ed Gamble

Yes, so, spontaneously, every Wednesday.

James Acaster

So, like, who are you talking to in this scenario?

Lucy Beaumont

My husband.

James Acaster

Your husband. So, you go, 'Shall we go out for tea?' And what does he say?

Lucy Beaumont

No. He doesn't want to go.

Ed Gamble

He's not into spontaneity.



No. No. But I like, just, I mean a pub meal. I like just going to a pub for a pub meal.

James Acaster

Yes, yes.

Lucy Beaumont

Just, off the cuff.

James Acaster

And then when you're there, are you like, 'Wow. We didn't even think we were going to be here tonight, and now we're here'?

Lucy Beaumont

Well, yes, I'm a social butterfly. I like being around other people when I eat.

Ed Gamble

I don't think that's what social butterfly means. I might have been misunderstanding it.

Lucy Beaumont

What does it mean?

Ed Gamble

I think it means, you're, sort of, in lots of social groups and you just flit between the different groups, rather than, you like being around people when you eat.

James Acaster

Or maybe you do that, do you go from table to table?

Lucy Beaumont

Well, I do now, to be honest. I'm getting recognised a lot now.

Ed Gamble

You know, that doesn't mean you have to go table to table, Lucy?

Lucy Beaumont

Well, I do. I do, I'm big in a Toby Carvery. I'm big news.

James Acaster

I would say though.

Lucy Beaumont

I am. I am.



I'm not doubting it, Lucy. I'm just imagining you going to.

Lucy Beaumont

You ask my grandad. He couldn't get a word in edgeways when we went to a Toby Carvery together.

Ed Gamble

Really?

Lucy Beaumont

Yes, he said, 'Come and sit down, it's getting cold.'

Ed Gamble

So, you're just going, table.

Lucy Beaumont

Going and doing pictures.

Ed Gamble

Yes

James Acaster

The thing I'd say though is that, if you're-, you know, we all know a lot of comedians who are on telly for various reasons, and are quite well recognised, and usually, if they're really recognisable, people come to them.

Ed Gamble

Yes.

James Acaster

They don't get up and go, 'I'd better go table to table, people recognise me now.'

Ed Gamble

Yes, leaving their grandad at the table alone. 'Grandad, wait there. I've got to go table to table.'

James Acaster

Ducking down, 'Uh oh, look who it is.' 'You can all get in, come on.' Well, that's good. That's fun at the carvery, a lot of people recognising you at the carvery. Did you have to have photos with the roasts?

Lucy Beaumont

What, with the actual?

James Acaster

Was there any food in shot for the photos?



No, but I would've done if they'd've asked.

James Acaster

What would be your favourite roast to have a photo with?

Lucy Beaumont

Turkey.

Ed Gamble

I love the way you answered that.

James Acaster

Yes.

Ed Gamble

Because it was defensive, and as if James should've known the answer already.

James Acaster

Yes.

Lucy Beaumont

I'm a vegan, so it is quite defensive.

Ed Gamble

Yes, three vegans in. So-,

Lucy Beaumont

I'm a vegan but I do eat meat.

Ed Gamble

Yes.

Lucy Beaumont

Just a little bit.

Ed Gamble

Yes, so you're ethically a vegan, but in practice you're a meat eater?

Lucy Beaumont

I've slipped. The rule used to be, 'If I could kill it with my bare hands, then I would eat it.' And now, I won't eat anything that holds hands with each other.



Can you give us an example of something that holds hands with-,

Lucy Beaumont

Yes.

James Acaster

There's one, there's example.

Ed Gamble

Yes, yes, yes.

Lucy Beaumont

Octopuses.

James Acaster

Okay, there are two.

Lucy Beaumont

And rabbits.

Ed Gamble

Rabbits hold hands with each other?

Lucy Beaumont

Yes.

James Acaster

What?

Lucy Beaumont

What?

James Acaster

In Watership Down, maybe, not in real life.

Ed Gamble

Otters? How often do you think that's at the fucking Toby Carvery?

James Acaster

Otters is the only one I could think of.

Lucy Beaumont

Oh no, there are more, I think.



James Acaster

Rabbits hold hands, what are you talking about?

Lucy Beaumont

Yes, oh, yes, yes.

James Acaster

What? Real life rabbits, not cartoon ones?

Lucy Beaumont

Yes, when they skip.

James Acaster

Huh?

Ed Gamble

When they skip?

Lucy Beaumont

Yes. Have I got that right?

James Acaster

When have you seen that?

Lucy Beaumont

On telly.

Ed Gamble

So, octopus, otters, rabbits.

Lucy Beaumont

Octopus, otters, and rabbits.

Ed Gamble

Those are the three things you won't eat.

Lucy Beaumont

Yes.

Ed Gamble

So, the rule used to be that you wouldn't eat anything that you couldn't kill with your bare hands. What did you used to think you could kill with your bare hands?



James Acaster

That's a good question.

Lucy Beaumont

A chicken.

James Acaster

Yes.

Lucy Beaumont

And a cow.

Ed Gamble

Do you mind taking us through?

James Acaster

Sometimes, we have the same question.

Ed Gamble

How you'd kill a cow with your bare hands? The process.

Lucy Beaumont

I can't because it's really graphic.

Ed Gamble

When Lucy arrived today at the venue, I think, I believe your opening words were, 'When I first heard that you guys were doing this podcast, when you first announced it, I thought it was a terrible idea and I nearly rang one of you.'

James Acaster

This was in 2018 when no episodes had come out.

Lucy Beaumont

I was worried about-, yes. I saw it, an article about it, and I just thought, 'They're so talented, what are they doing? It'll never catch on,' because you're not actually going to a restaurant, and you're not really eating the food, you're just talking about food. And I just thought, 'It's just going to be a waste, because your careers are going to end and no one will listen to it.' And then, no, I am annoyed about being here tonight.

James Acaster

Yes.

Lucy Beaumont

But it's done really well.



Yes.

Lucy Beaumont

But no, you've made the most.

James Acaster

We have made the most of it.

Ed Gamble

We have, thank you, Lucy.

Lucy Beaumont

No, I'm in the wrong.

James Acaster

We always start with still or sparkling water, Lucy. Do you have a preference?

Lucy Beaumont

Yes, yes.

James Acaster

Do you want to tell us?

Lucy Beaumont

Yes. I would like still water, please.

James Acaster

A few boos.

Ed Gamble

There are a few sparkling-heads in because there are some fans of sparkling water. Is this because you love still water, or are you anti-sparkling?

Lucy Beaumont

No, I think it'd be wrong to be anti-sparkling water, I don't mind it. I prefer it with lime cordial, but then you're having to get into that thing of asking for that. I'd just rather go still and, to be honest, I don't want to get too full. No, because I find sparkling water just fills you up a little bit more than still water, and if we're going for it, I need to make sure-, I will have water, but I won't have a lot of water before a meal. It is more for the-, when they say, 'For the table,' it is for the table really, isn't it? It just makes the table look better, doesn't it? Because, if they didn't put anything down, there'd just be people waiting for a meal with nothing on the table. So, it's more of a gesture, isn't it?



So, you see it as more of, sort of, table decoration than anything else.

Lucy Beaumont

People don't really drink it, do they, the water?

Ed Gamble

I think.

Lucy Beaumont

No, but you.

Ed Gamble

People are very proud of their water in Manchester.

James Acaster

The tap water here is very nice.

Ed Gamble

The tap water.

Lucy Beaumont

Oh, I know, it is really good water.

James Acaster

Good tap water.

Lucy Beaumont

Yes. it is.

Ed Gamble

What's the tap water like in Hull?

Lucy Beaumont

It's not the same, it's got a lot of fluoride in it. But this water, we used to live Hebden Bridge and it was the same water. Yes, that's nice, isn't it? And it was, it was good water, yes.

Ed Gamble

Yes. So, you'd drink it there?

Lucy Beaumont

Oh yes.



Yes.

Lucy Beaumont

You don't need to filter it. You never ever-, in five years, we never had to descale the kettle, that's how good this water is.

James Acaster

That's exciting.

Lucy Beaumont

Yes.

James Acaster

There are not many couples I know that'd be excited about that.

Lucy Beaumont

But no, still water, please, with a bit of lemon in.

James Acaster

A wedge or a slice?

Lucy Beaumont

Well, a wedge, please?

James Acaster

Do you want to talk us through the thought process there?

Lucy Beaumont

Of a wedge or a slice?

James Acaster

So, yes, it seemed to be more perplexing than-, I didn't intend it to be, but, like.

Lucy Beaumont

Well, I don't really mind, really. I mean, at home, I just, sort of, squeeze it into my drink.

James Acaster

You squeeze a lemon wedge or?

Lucy Beaumont

I tear it with my fingernail. When I have lemon at home, I just get the lemon, and I just dig my fingernail in it to make a little hole, and then squeeze it into the drink. I've got it here, actually.



James Acaster

What are you going in your bag for? What's this? It's a Harry Potter, children's bag.

Lucy Beaumont

Just like that, look.

James Acaster

What have you brought a lemon in here for?

Ed Gamble

You've brought a lemon with you?

Lucy Beaumont

Yes, so that's how I did it. I just went like that.

James Acaster

Okay, hold on a second. Hold on. Now, I asked you how you wanted the lemon. That took you completely by surprise, but you had that prepped.

Lucy Beaumont

Yes, because I've got other things in here. Because that's for.

James Acaster

Yes, but one of the things you've got is a lemon that's cut so you can.

Lucy Beaumont

No, this is for the tequila. I've brought you both a tequila.

James Acaster

Thank you.

Ed Gamble

Thank you. Oh, so the lemon was for the tequila?

Lucy Beaumont

Yes.

James Acaster

Oh, I see.

Ed Gamble

So, you just dig your fingernail in?



Yes.

Ed Gamble

Is your rule with fruits, 'You'll only eat the ones that you can tear apart with your bare hands'?

James Acaster

That's good stuff, that's funny.

Ed Gamble

Cheers, man.

Lucy Beaumont

Yes, that's really good that.

Ed Gamble

Thanks, man. Yes, I put a button in it. Yes.

James Acaster

I like that.

Lucy Beaumont

It sort of is, isn't it? Really.

James Acaster

How would you kill a lemon?

Lucy Beaumont

How would I?

James Acaster

How would you kill a lemon?

Lucy Beaumont

I'd kill a lemon. Sit on it.

James Acaster

Poppadoms or bread? Poppadoms or bread, Lucy Beaumont? Poppadoms or bread?

Lucy Beaumont

Oh my god, you scared me. That's probably one of the most I've ever been scared in my life.

James Acaster

I got you. Why have we got tequila?



For us all to have a tequila.

James Acaster

Oh, yes. That's fair enough.

Ed Gamble

When do you want us to have the tequila, Lucy?

Lucy Beaumont

Oh, I don't mind, when do you want to have it? It's your show.

James Acaster

Not right now.

Lucy Beaumont

No, let's wait, then.

Ed Gamble

Later, I think later, yes.

James Acaster

Poppadoms or bread, Lucy Beaumont?

Lucy Beaumont

Why? Why is it just poppadoms or bread?

Ed Gamble

Well, this is the question I've been asking since the beginning, Lucy.

Lucy Beaumont

Oh, yes, yes.

Ed Gamble

But it's a format point now, so it's too late.

Lucy Beaumont

But, you've missed the bridge in between the two, which I would like to have.

James Acaster

Yes?

Lucy Beaumont

Crackers.



James Acaster

You can absolutely have crackers for this.

Ed Gamble

Hang on, crackers is the bridge between poppadoms and bread?

Lucy Beaumont

Yes.

Ed Gamble

What are you on about?

James Acaster

I'll buy this.

Lucy Beaumont

In the middle of-, if there are poppadoms there, and bread was there, then the cracker is in the middle, isn't it? Isn't it a mixture of both.

James Acaster

Yes.

Ed Gamble

Yes, I think you're right, actually. Would you like crackers to start this meal?

Lucy Beaumont

No, I don't want crackers either, actually.

Ed Gamble

No.

Lucy Beaumont

I want bread.

James Acaster

Right, well, what was that?

Lucy Beaumont

I know, but I just wondered why it was just poppadoms or bread, but I do want bread, but I don't want fancy bread. Right, what I want is-, do you know Jackson? Are you allowed to say actual names of things?

Ed Gamble

Feel free, yes.



James Acaster

It's nice to know you've listened to some episodes.

Lucy Beaumont

I have, oh no, I've listened to a lot of them, I just can't remember if they've.

James Acaster

Yes, I know. Yes, you can say a brand.

Ed Gamble

You told us you'd listened to a lot of episodes in a row, didn't you?

Lucy Beaumont

Yes, yes. I listened to loads of them.

Ed Gamble

Can you just tell us what happened? Why you ended up listening to loads in a row?

James Acaster

Oh yes, you listened to quite a lot in a row, didn't you? More than you were anticipating.

Lucy Beaumont

Yes. I got stuck behind a horse. God, it was a night-, it's not yet funny to me. Do you know what I mean though, it was only a few days ago. This bloody horse. There's a very large wood where I live, and I couldn't get past the horse, and if I'd have taken a different turn off, I would've had to have gone a long way round. So, I just walked behind it for.

Ed Gamble

Hang on. Hang on, this is the second time I'm hearing this story, and this is the first time that I'm realising you were on foot.

James Acaster

Yes, I didn't know that. I thought you were in a car, on a road, behind a horse. I didn't know you were in some enchanted woods, walking, that sounds magical, Lucy.

Ed Gamble

Yes. How do you get stuck behind a horse on foot?

Lucy Beaumont

Well, but I don't have a driver's licence, so.

Ed Gamble

But can't you walk round the horse?



I didn't want to scare it. I just, I thought, I was thinking, she'll-, because there was a woman on the horse. I was thinking, 'She'll notice me soon, and she'll move to the side and let me go past.' But, I didn't feel comfortable with trying to take over the horse, and she just didn't, for absolutely ages. And so, I listened to quite a few podcasts.

Ed Gamble

So, how long would you say you were slowly walking behind this horse?

Lucy Beaumont

I think, two hours. It's a really big wood.

Ed Gamble

So, plenty of room to, maybe.

Lucy Beaumont

Oh yes, and then finally, she noticed me, and she moved to the side, and she let me past, and I was like, 'Thank god for that.' And then my shoelace came undone. I'd bent down to do it and just saw this fucking horse, just go past, and then, so it happened again. I was behind the horse for ages, she let me then again go past, and a guy said, 'Come here, Lucy.' So, I went to him and the horse overtook me.

Ed Gamble

Hang on.

Lucy Beaumont

And he was talking to his dog. He wasn't. He wasn't. He said, 'I'm talking to my dog, love.'

Ed Gamble

I mean, it's consistent with what happens in a Toby Carvery, isn't it? You hear, 'Lucy,' like, 'Here.'

Lucy Beaumont

Oh, I was so annoyed when I got home. I was like, 'It's just wasted my day.' And then I've got to pick my child up from school, like, the whole day is gone. I haven't got anything done, I've been, like, just looking at this horse's arse for ages.

Ed Gamble

How often would you say you're walking through the woods, and someone beckons you over, and you immediately go over, Lucy?

Lucy Beaumont

He said, 'Lucy.' Yes, but in the area I live, everyone-, you know, like, they're nice people and I feel safe.

Ed Gamble

It's the nice people in the woods.



Yes, but a lot of people know my name, and stuff.

Ed Gamble

Well, that's what you thought.

James Acaster

Getting your autograph ready. Bread.

Ed Gamble

So, what sort of bread was it you?

Lucy Beaumont

So, you know, there's a particular-, I want fairly cheap bread. What I love, it goes back from being a kid, you know Jackson's bread? Have you had it? It's a particular bread. You know, the first slice of bread you take out, it's so soft, isn't it? Like, it won't ever be that soft. Like, no other slice'll be as fresh and soft.

Ed Gamble

You don't mean the end of the bread, right?

Lucy Beaumont

No, the actual, like, when I was a kid, I used to take that slice out and just rub it on my cheek. And that.

Ed Gamble

I was going to ask, because when you went, 'That first slice of bread is-,' you went like this, 'So soft.'

Lucy Beaumont

Yes.

Ed Gamble

So as a kid, you used to rub that first.

Lucy Beaumont

Rub it on my cheek, yes.

Ed Gamble

Yes.

Lucy Beaumont

Just, but no other slice will be as fresh and soft as that first one that you take out.

Ed Gamble

How did you know? Did you rub all the other slices of bread on your face?



No, I mean, like, when you go back the next day, it's already changing, isn't it? It's ageing.

Ed Gamble

It's stale, yes.

Lucy Beaumont

And what I used to do, I got in a really bad habit, it's the only time my mother's ever hit me.

James Acaster

Here we go, this'll be the bit that gets cut out and reported by the Daily Mail.

Lucy Beaumont

No, not, like, just a little, not a proper hit, just a tap on the head. Was because what I really liked doing, you know folding a slice of bread? And you know where the crease is, like eating that, like biting that but then putting it back. So, when my mum opened it, it was just, like, a hole, you know? And she, just, was so angry. I just couldn't help but do it.

Ed Gamble

So, you'd fold it, bite a hole out the middle, unfold it.

Lucy Beaumont

Yes.

Ed Gamble

And put it back in the.

Lucy Beaumont

Put it back, yes.

Ed Gamble

Would you do that with all the slices all the way down?

Lucy Beaumont

No, I'd maybe do it with a couple of them but I just couldn't help myself. It was just, like.

James Acaster

End up like The Very Hungry Caterpillar, all the way through the.

Ed Gamble

So, I mean, but you're in the dream restaurant now. If you want, for your bread course, Jackson's bread and you can just bit the middle out of all the slices, you're very welcome.



That'd be amazing, is that okay?

Ed Gamble

Yes, yes.

James Acaster

No one will lay hands on you.

Lucy Beaumont

Thank you, I would like to. Do you know what I mean?

James Acaster

I'm afraid-, well, basically, I understand what you've described.

Ed Gamble

Yes.

Lucy Beaumont

Yes.

James Acaster

I haven't experienced it myself, but I understand you're saying that the first slice is really soft, so you would rub it on your face.

Lucy Beaumont

I thought you understood that, did that bring back a memory?

James Acaster

No, I laughed for the same reason Ed pointed out, that you went, 'It's so soft.' And as soon as you did that, I realised that you rubbed it on your face, so I started laughing.

Lucy Beaumont

Okay, she was so angry. She hit me as well once, for.

Ed Gamble

Okay.

James Acaster

Twice now.

Ed Gamble

Yes, it was twice. You said it was the only time she ever hit you.



No, I remembered another time. They weren't hard, just, like.

Ed Gamble

Little tap, yes, little tap. Yes, just on the head.

Lucy Beaumont

We'd been learning about the Vikings, you know, at school, doing a topic, and they showed us this video where the Vikings all had a big banquet, and they picked up the chicken drumsticks and, sort of, 'Aargh.' You know? And then, whilst they had the chicken in their mouth, they picked up a goblet and drank. And so, my mum made me chicken drumsticks and I did the same at home, and she hit me, she said, 'Don't be so disgusting.' And she didn't understand that I was trying to be a Viking. I remember that.

Ed Gamble

I know what you mean now.

James Acaster

Yes.

Lucy Beaumont

Do you?

Ed Gamble

I know exactly what you mean, they always show the Vikings doing that. I don't know how they found that this has any basis in history, that a Viking will take a bite of chicken, normally. And then, with it still in their mouth, they'll sip beer or something, and so it's all mixed in in their mouth.

Lucy Beaumont

Yes.

Ed Gamble

And I remember having that instinct as a child.

Lucy Beaumont

Do you? Yes.

Ed Gamble

And as an adult, to be fair.

Lucy Beaumont

I mean the Tudors, actually, not the Vikings. The Tudors, the Tudors, but it's the same sort of thing, isn't it?



It's all banquets. It's banquets, it's banquet stuff, yes, it's banqueting stuff. Yes. Do you want butter with your bread?

Lucy Beaumont

Well, I would love butter, but in a certain way. I went to a restaurant in London and they-, I tried to recreate it at home. God, it went so wrong, but it was absolutely amazing. So, they brought the bread over and then, they brought over a candle, you know, in one of those little candle dishes? You know, like in Wee Willy Winky?

Ed Gamble

I know exactly what you mean, yes, yes, yes.

Lucy Beaumont

I don't know what they're called, but you know what I mean, where you hook them with your finger.

Ed Gamble

Yes, like a candle holder.

Lucy Beaumont

Yes, but, like, a Victorian candle holder.

Ed Gamble

Yes, yes, yes. As opposed to a modern candle holder.

Lucy Beaumont

They brought.

James Acaster

Or a Tudor one.

Lucy Beaumont

They brought that over and it was, like, this amazing, culinary experience where they lit the candle and I said, 'Have you got any butter to go with the bread?' And he said, and he pointed like that, and the candle was made out of butter. And as it melted, all the melted butter ran into the holder and then you dipped your bread into the holder. And it was just like-, I wanted to give a round of applause.

Ed Gamble

Yes. It's amazing. I've seen it in a few places now. I think, I mean, I might be wrong, there's a restaurant called Restaurant Story in London where I think the.

Lucy Beaumont

That's it.



Was it Restaurant Story?

Lucy Beaumont

Yes, yes.

Ed Gamble

Yes, I think that was the first place to do it as well. Yes.

James Acaster

The thing I would like to just dig into. You said you tried to do it at home.

Ed Gamble

Yes. Oh, don't worry, mate, I was looping back to that. I thought I'd do a quick bit of food chat.

James Acaster

Sorry. Yes, yes, yes, yes, yes. Sorry, sorry.

Ed Gamble

Just to keep the podcast on brief, basically, for a little bit, that'd be great.

James Acaster

Sorry, yes, sorry, yes.

Ed Gamble

Before we get to another story of child abuse.

Lucy Beaumont

No, they weren't, they didn't hurt. They were little taps, it was the nineties, it was alright.

James Acaster

Yes. So, you tried to make a butter candle.

Lucy Beaumont

Oh god, yes. Several attempts at this bloody thing. I bought some wicks off Amazon. I don't know how they did it, but I got butter, and then I rolled it into a candle shape, and then put the wick in, and then put it in the freezer. I just-, never worked. When you took it out, it wouldn't, it just didn't work.

James Acaster

What do you mean?

Lucy Beaumont

It didn't work. The wick would fall out or it wouldn't melt properly, it was a nightmare and I couldn't get the proper shape either.



Now, I think the issue might be, and I might be wrong about this, I'm fairly sure, at Restaurant Story, I don't think it's butter, I think they use lamb far.

Lucy Beaumont

What?

Ed Gamble

I think it might be animal fat rather than butter. I might be wrong about that. But, that probably reacts better as a candle than butter does.

Lucy Beaumont

Oh, god.

Ed Gamble

Also, they probably don't get their wicks of Amazon. Oh, there you go, Benito sent a message, it's beef fat.

James Acaster

It's beef fat.

Lucy Beaumont

Fab.

James Acaster

You can kill one of them, couldn't you? You were right.

Lucy Beaumont

Where do you get that from?

Ed Gamble

Beef fat? Cow.

Lucy Beaumont

But I mean, can you buy it, like in the shops?

Ed Gamble

Yes, I reckon so.

James Acaster

Probably get that on Amazon as well, actually, if you put it in.

Lucy Beaumont

Probably can, oh right. I'm not going to try that with beef fat.



James Acaster

Are you sure?

Lucy Beaumont

No, now I know it's beef fat.

Ed Gamble

Do you want that on your dream menu though, do you want the beef fat candle from Restaurant Story?

Lucy Beaumont

Well, yes, but tell me it's butter.

Ed Gamble

Okay.

Lucy Beaumont

Thank you.

James Acaster

They'll tell you whatever you need to hear. Your dream starter, Lucy Beaumont?

Lucy Beaumont

So, what I'd like, you know when you go to a posh restaurant and they give you, like, an amuse-bouche? Well, I, honestly, sometimes think that's the best part of the meal. So, I'd like a starter that's, like, a few little things. Because I really like, like, real, deep, savoury flavours. Like, I really, really like gravy.

Ed Gamble

No, respect.

James Acaster

Full respect.

Ed Gamble

Respect

Lucy Beaumont

What? What's happened? What did I do? What did I say wrong?

Ed Gamble

Nothing.

Lucy Beaumont

What?



No, you're fine.

Lucy Beaumont

You don't seem happy.

Ed Gamble

You can relax.

James Acaster

You're absolutely fine.

Ed Gamble

No, we're very happy with your love of gravy.

James Acaster

Yes. There was a trouble maker.

Lucy Beaumont

What's gone on?

James Acaster

In the first half.

Ed Gamble

There was a trouble maker, who tried to suggest that the secret ingredient that would get you kicked out the restaurant should be gravy.

James Acaster

We over ruled it.

Lucy Beaumont

It's not?

James Acaster

We over ruled it, it's not.

Ed Gamble

The boos, you should've heard the boos in here.

Lucy Beaumont

Oh, I bet. Well, it's northern.



Yes.

Lucy Beaumont

No, but the thing is, since we've had a Tory government in power.

James Acaster

I can't even think what that cheer's for.

Ed Gamble

You don't even know where this is going. She might be about to say, 'The gravy's got much better.'

Lucy Beaumont

No, what I mean is, if you've noticed, gravy's got worse.

James Acaster

Is that true? That's what Andy Burnham says, as his whole campaign.

Ed Gamble

Yes.

Lucy Beaumont

Yes.

Ed Gamble

The change of pace there almost made my neck snap. That was.

James Acaster

Yes.

Ed Gamble

'Pckow.' Now, Lucy, I'm no fan of the Tory government myself, but I would be interested to hear how and why you think the gravy's got worse under the current government.

Lucy Beaumont

Because gravy's love, and.

Ed Gamble

No, hang on. Guys, this is the problem. This is why the left's never going to get back on top, if we keep, just, applauding platitudes like, 'Gravy's love.'

James Acaster

This might fly in Toby Carvery, Lucy, but.



So, gravy's love.

Lucy Beaumont

And people don't care any more.

Ed Gamble

Who are we talking about specifically?

Lucy Beaumont

No, because we've been made to believe there's no such thing as society any more.

Ed Gamble

Right, yes.

Lucy Beaumont

We've lost some important morals, and one of them is making gravy. But, gravy, in the good, Blair years, before.

James Acaster

Here we go.

Lucy Beaumont

Before.

James Acaster

We're talking pre-Iraq.

Lucy Beaumont

Before we went, yes.

James Acaster

Here we go.

Lucy Beaumont

In those ones, where he'd made lots of.

Ed Gamble

Things can only get better, the election of new Labour.

Lucy Beaumont

Those ones, where there were lots of Sure Start Centres, the beginning ones. The first few years, I can remember, you'd go places and gravy was like nectar. No, it was. No, because it wasn't-, now it's



something, and it's about pride. Because now, it's just mostly packet gravy. And what they used to is, they made the gravy, get this, weeks before they made the Sunday dinner.

Ed Gamble

Who?

Lucy Beaumont

And I don't just mean at home, I mean, anywhere you went.

Ed Gamble

Anywhere we went.

Lucy Beaumont

Anywhere you went, the stock would be made weeks in advance and they would put offal, not offal. They would put things in it that would condense down and down over time.

Ed Gamble

Yes. But now you're saying, because of the Tory government.

Lucy Beaumont

The Italians.

Ed Gamble

Okay.

James Acaster

Whoah.

Lucy Beaumont

No, sorry, the Italians still.

Ed Gamble

Fucking hell, Lucy.

Lucy Beaumont

No, listen.

James Acaster

Oh, I'm listening.

Lucy Beaumont

When they make a tomato sauce, they don't get it out of a packet.



No. Famously, left wing government as well.

Lucy Beaumont

But, I don't mean-, that's not political. What I mean is, they-, we need to take pride in gravy again.

Ed Gamble

Yes. I think that's a good point to end on, for sure.

James Acaster

We do need to take pride in gravy again, yes. Can't wait to see Lucy at the next pride march. On a gravy float.

Ed Gamble

So, Lucy, I hate to push you.

James Acaster

Come on, if you cut me, do I not bleed?

Ed Gamble

I hate to push you 40 minutes in, but what's your starter?

James Acaster

Jesus Christ, it is 40 minutes in.

Lucy Beaumont

Oh god, I'm so sorry.

Ed Gamble

No, don't you be sorry.

James Acaster

No, no.

Ed Gamble

That gravy monologue.

Lucy Beaumont

Manifesto. Manifesto.

Ed Gamble

I will-, that will be.



Manifesto.

Ed Gamble

Manifesto, the gravy manifesto, the gravy mani-Bisto, I will.

James Acaster

Mani-Bisto.

Ed Gamble

I get the feeling that, when I'm very, very old, and maybe I have dementia, that'll be one of the only things that I remember. I'll be going, 'She said, 'Gravy was love." 'Grandad's lost it.'

James Acaster

Dani Rojas.

Ed Gamble

So, you like.

James Acaster

'Gravy is love.'

Ed Gamble

So, you like amuse-bouches, and you like deep, savoury flavours, gravy's got worse under a Tory government. What do you want for your starter?

Lucy Beaumont

I want little, Aunt Bessie's Yorkshire puddings, but this big. But with cottage pie inside them, but a really-, you know, like, where it's like, almost like, you know sometimes if you've ever had an intense cottage pie? Where, sometimes, if it's done well, it's sort of, a bit like, 'Ngh,' at first. Do you know what I mean?

Ed Gamble

Intense cottage pie.

Lucy Beaumont

So, on the roof of your mouth.

James Acaster

Hot or salty? What do you?

Lucy Beaumont

No, like, 'unami', like, intense.



James Acaster

An 'unami'?

Lucy Beaumont

No.

James Acaster

Yes, the umami sausage.

Lucy Beaumont

Umami, yes.

James Acaster

That other flavour.

Ed Gamble

The fifth flavour, yes.

James Acaster

In cottage pie?

Lucy Beaumont

Yes, so that's what I'd like.

Ed Gamble

And they're that size, are they?

Lucy Beaumont

Yes, they're really tiny. I don't want to get too full in my starter, but I want my taste buds to get going, you know?

Ed Gamble

Yes. So, little, tiny-, see, I don't normally like Yorkshire puddings, I say on this podcast a lot, 'I'm not a Yorkshire pudding fan.' Yes, yes, yes, but listen. Wait up. Wait up. I think they've actually got better under the Tory government. But my issue with them is they take up real estate on the plate, but these little ones seem perfect. They're almost like little, Tapas things, little, canapés, Yorkshire puddings with cottage pie in them, and I'm guessing a little bit of new Labour gravy?

Lucy Beaumont

Yes. And then, in some of them, I'd like different soups.

Ed Gamble

On top of the cottage pie or are these just the little, Yorkshire puddings with different soups?



Lucy Beaumont

Yes, different. This is the problem, you know when you say, 'What's the soup of the day?' It's never what you want, is it? You see, 'Soup of the day,' and in your head, you pick what it is. And you think, 'It's mushroom, I want mushroom soup,' and then you ask and it's parsnip. So, I'd like a few, there are different soups that I really like, and I'd like them so I can have different-, I'd like a few soups. Who wants one soup? One type of soup?

James Acaster

Most people.

Ed Gamble

Yes.

James Acaster

So, you've got all these-, Yorkshire puddings where there's cottage pie in them, that's got a bit of gravy in it.

Lucy Beaumont

Yes.

James Acaster

Have you had that before? Is that something you've had somewhere, where they put the cottage pie in the Yorkshire puddings?

Lucy Beaumont

No.

James Acaster

Okay. And the soup-, and then you also want, about the same size?

Lucy Beaumont

Yes, please. Yes.

James Acaster

In the Yorkshire puddings again?

Lucy Beaumont

Yes.

James Acaster

Soup in the Yorkshire puddings?

Lucy Beaumont

Yes.



James Acaster

That's all they need. A little Yorkshire pudding.

Ed Gamble

Do you want to take us through the soups that you want?

James Acaster

Yes, yes.

Lucy Beaumont

I really like mushroom soup.

Ed Gamble

Yes.

James Acaster

Yes.

Lucy Beaumont

It's brilliant.

Ed Gamble

So mushroom soup in one of them.

Lucy Beaumont

Yes. I had a incident.

Ed Gamble

Can I just check-, I can't wait to hear. But I'm just going to check because we're forty-four minutes in. Do you have an incident per soup?

Lucy Beaumont

No.

Ed Gamble

No. So just mushroom soup?

Lucy Beaumont

Yes.

Ed Gamble

I'd love to hear it.



Lucy Beaumont

Do you know during lockdown that-, you know that nice bit where everyone was dying but it was sunny?

Ed Gamble

I mean, yes, I do know the bit you mean. I'm going to say, if you say that in the future, sunny should come after the nice bit. The nice bit where it was sunny but unfortunately everyone was dying. That's the order I'd do it in.

Lucy Beaumont

Yes.

James Acaster

Yes.

Lucy Beaumont

Well, every morning I would open the curtains and I'd see on the lawn this little bird. And it was there every morning. And I would just go, 'Hello.' Like that. And I'd go downstairs, I'd go, 'That little bird was there.' And then one day I looked and it wasn't moving a lot. And so I went onto the lawn. It was a mushroom.

Ed Gamble

I don't know what I'm meant to do.

James Acaster

I mean, I would say-, obviously there's a lot to say about that. I think the fact that for days you mistook a mushroom for a bird and talked to it is pretty big news.

Ed Gamble

Went downstairs everyday and went, 'Saw the little bird again.'

James Acaster

Yes, would tell your husband, 'I saw the little bird again.' But I would also say that story doesn't need the context of, 'Do you remember that bit in lockdown where everyone was -,' I don't think it needed that.

Ed Gamble

Didn't even need to know it was lockdown.

James Acaster

I think you could have said that happened at any point.

Ed Gamble

Didn't need to know it was lockdown.



I didn't think it needed, like, in the background just that knowledge that everyone was dying.

Ed Gamble

Oh god. So, the first soup is mushroom.

Lucy Beaumont

Yes.

James Acaster

Did you eat the mushroom that you thought was a bird?

Lucy Beaumont

No, no. Because it could be poisonous, couldn't it?

James Acaster

Yes, yes.

Ed Gamble

Yes.

Lucy Beaumont

Yes. Do you like mushrooms?

James Acaster

Yes, yes. What are the other soups?

Lucy Beaumont

It's one-, I can't even tell you where I found the recipe from. I made it once and it was amazing. I tried it again without the recipe because I couldn't find it and then-, all it is, is you make a red pepper soup and then you make a yellow pepper soup. And what you do, in the bowl, you pour them in at the same time. And then, so, one half is red, and one half is yellow. And as I say, it was a-, and could never, ever repeat it again, couldn't find the recipe. I mean, the mess I made. So, the second time, they didn't stay in their separate-,

James Acaster

No. Didn't stay separate.

Lucy Beaumont

So, I would love if you could make me the original yellow pepper and-,

James Acaster

Yes, half and half.



Yes, we can definitely do that.

Lucy Beaumont

Thank you.

James Acaster

In a tiny Yorkshire pudding. Any other soups outside of those two?

Lucy Beaumont

Just those.

James Acaster

Just those two, yes, yes. Hope for the best.

Ed Gamble

Yes.

James Acaster

Your dream main course?

Lucy Beaumont

So, all I want, and I know this sounds like-, I've had some lovely meals, I really have.

James Acaster

This is the first time this bloke's heard the podcast.

Ed Gamble

I don't normally, like, genuinely cry on stage, mate.

James Acaster

This is the first time this has happened.

Ed Gamble

The first time on tour that I am genuinely-, and I don't even know why I'm crying anymore.

James Acaster

Because the world doesn't make sense anymore, Ed.

Lucy Beaumont

I had, on an aeroplane, it was meatloaf, mash, green beans and then, like, a creamy gravy. And it was the nicest meal I have ever had in my life. And it was because it had been left alone for a long time in the tray but it just was amazing. Because what it reminded me of is when I was-,



Don't go in there. What the fuck's in there? Did they bring out that mushroom and it turns out it was a dead bird all along?

Lucy Beaumont

Don't make me wee myself. Don't make me laugh.

James Acaster

Okay, well turn this off. I'm not allowed to say anything. So much stuff in there, Lucy.

Lucy Beaumont

What it reminded me of was, this meatloaf, when I was a kid we used to have a thing called penny duck. Does anyone remember penny duck?

Ed Gamble

Wow.

James Acaster

Never before have I heard a comic say to as big an audience, 'Does anyone remember whatever?' And fucking no one. One person there, 'Yes, I know penny duck.'

Lucy Beaumont

Someone did. Do you remember penny duck?

James Acaster

Are you saying penny duck?

Lucy Beaumont

Yes, Fletcher's.

James Acaster

Are you saying penny duck?

Lucy Beaumont

Penny duck, yes.

Ed Gamble

Penny duck.

James Acaster

What's-, yes. I don't know what penny duck is.

Lucy Beaumont

Yes, from Fletcher's. What is it? Yes, it is stuffing, isn't it?



But you're not sure either. Stuffing or something.

James Acaster

No one knows what penny duck is.

Lucy Beaumont

Yes, like, meat and stuffing. So I've done a replica for you.

Ed Gamble

So you've made this at home?

James Acaster

But you said you didn't know what it was two seconds ago.

Lucy Beaumont

No, I mean, I don't know exactly what it was. But I've tried to replicate the flavour at home so you can know what I mean by-,

James Acaster

So, this is like you-,

Lucy Beaumont

Basically, the replica of the meatloaf I had that tasted a bit like penny duck.

James Acaster

Yes.

Lucy Beaumont

There you go.

Ed Gamble

So, Lucy, what I'd say, this doesn't look like meatloaf at all.

James Acaster

Yes, thank you.

Lucy Beaumont

No, it don't.

Ed Gamble

Can you-,

Lucy Beaumont



Don't eat it.

James Acaster

No.

Ed Gamble

Can you take us through how you've made this penny duck?

Lucy Beaumont

Shall I be honest?

James Acaster

Yes.

Lucy Beaumont

I didn't have time, so that's a vegan chicken nugget.

Ed Gamble

So, you thought, 'My dream meal is meatloaf I had on a plane.' Which we haven't even got to the fact that sounds fucking disgusting yet. You thought, 'But it reminded me of penny duck so I will recreate penny duck.' And then you didn't have time, so rather than go, 'I just won't do that.' You brought us in a vegan chicken nugget and put it in a cupcake case with a cat on a cocktail stick.

James Acaster

Got a witch over here, brother.

Lucy Beaumont

But that, it tastes a bit like the meatloaf. There was reasoning behind. So, what I did bring you is a patty. I made a patty. And this I did actually really make.

Ed Gamble

You made a pate?

Lucy Beaumont

No. It's a patty.

Ed Gamble

Patty.

Lucy Beaumont

Yes.



Says hear, Lucy, that penny ducks are made of offal and off-cuts of pork minced up and wrapped in a fatty membrane.

Ed Gamble

That's penny duck.

Lucy Beaumont

It doesn't sound nice now, does it, that?

Ed Gamble

It sounds like it was created as, like, because duck was expensive meat, it was created as a recreation of duck.

Lucy Beaumont

Yes.

Ed Gamble

Yes. Now, Lucy, this patty.

Lucy Beaumont

Is a delicacy from Hull.

Ed Gamble

Okay. It looks like a new potato that you've smashed up with a fork.

James Acaster

Yes.

Lucy Beaumont

No, it's-, a patty is fried potato.

Ed Gamble

Yes, so I'm right.

Lucy Beaumont

With sage. And do you know what you have it with?

Ed Gamble

What?

Lucy Beaumont

Chips.



Hang on, you have fried potato with chips?

Lucy Beaumont

Yes.

Ed Gamble

What's a chip Lucy?

Lucy Beaumont

A potato.

Ed Gamble

Fried potato, yes.

Lucy Beaumont

Yes.

Ed Gamble

Well, thank you for-, actually no.

Lucy Beaumont

You're not going to try it?

James Acaster

No.

Ed Gamble

Feel free.

James Acaster

You are more than welcome. If you want to try it, mate. Who said boo? Put your hand up. Do you want it? You up for it?

Ed Gamble

You say you've had it before?

James Acaster

It's vegan. You've had it before? There you go. I'll put them in the same case-,

Ed Gamble

Yes, yes, yes.



Just so you've got the vegan chicken nugget-, sorry mate, that fell on the table. Hold on.

Ed Gamble

There you go mate.

James Acaster

There you go. We don't want any food going to waste here. You can have that. You eat that. And that's not my fault what happens to that man.

Ed Gamble

So, your dream meal is this meatloaf, mash, and green beans that you had on a plane? And the reason you liked it is because it's sat in the tray for a long time?

Lucy Beaumont

It just was a taste sensation. It was just the nicest thing I've ever had. I think it had helped that it had, you know, was in one of those trays and was almost sealed.

Ed Gamble

Yes.

James Acaster

Yes.

Lucy Beaumont

But it was amazing.

Ed Gamble

Where were you getting a flight to?

Lucy Beaumont

Gosh. Well, do you know, it must have been when I went to America.

Ed Gamble

Yes.

Lucy Beaumont

First time I went to America, yes.

James Acaster

He said-, He gave it one of these.

Ed Gamble

Yes.



He's doing a chef's kiss at you. He loves it.

Lucy Beaumont

Who does? Do you like it?

James Acaster

He likes it.

Lucy Beaumont

Thank you.

Ed Gamble

So, you're flying to America.

Lucy Beaumont

Yes. I think maybe flying back and that's why it was meatloaf, yes.

Ed Gamble

I would say plane food, sort of, classically is the worst food.

Lucy Beaumont

Yes.

Ed Gamble

Yes. And meatloaf on a plane sounds like the worst possible version of plane food. So what was it about-.

Lucy Beaumont

I know it doesn't make sense. But it was just everything I-, I must have been really hungry. I think maybe, because I like, you know, the snack boxes you get? I like eating high up. I like them as well.

Ed Gamble

You know that apparently plane food-, they put shit loads of salt in plane meals because your taste buds are completely dulled when you're at a higher altitude?

Lucy Beaumont

really?

Ed Gamble

Yes. So you can actually taste way less when you're at a higher altitude.

Lucy Beaumont

Well, that might be a good thing if you're not a good chef then, mightn't it? **Ed Gamble**



But you're saying this is your dream meal?

Lucy Beaumont

Yes. Because you should go by how you felt.

Ed Gamble

Yes.

Lucy Beaumont

How I felt-, I felt that it was the best meal ever and I still haven't come close to it.

Ed Gamble

Was your husband with you at the time?

Lucy Beaumont

No. I was a child.

James Acaster

The details that get left out are staggering.

Ed Gamble

Yes.

James Acaster

Every time, the most important bit isn't in there.

Ed Gamble

Yes. I was a child.

Lucy Beaumont

It was the first time I'd been away. No, so I was a teenager.

Ed Gamble

Yes.

Lucy Beaumont

About sixteen. First time I'd been abroad, yes. But no, I do like-, there's snack boxes. There was once, I was coming back from Tenerife, and I wanted, you know, one of the snack boxes? And she wouldn't give me one because my card wouldn't work in the chip and pin machine. And I was getting really desperate because I was really hungry because it was a four hour flight. And so I brought her over and I'm sorry to say this, Ed, I said, 'I'm diabetic.' So she came round, she bent down next to me and she said, 'Why didn't you say something before?' I thought, 'Well, I hadn't thought of it then.'



What was in the snack-box?

Lucy Beaumont

There's's some crap ones but you know the nice ones where they've got, like, a bit of hummus, a bit of cheese?

James Acaster

Yes.

Lucy Beaumont

Crackers, little pit of pickle.

James Acaster

Yes.

Ed Gamble

None of those things would help in a diabetic-,

Lucy Beaumont

I know, I know. She didn't know. But then I felt really bad because I think the air hostesses were Googling me. So I had to ring my best friend, Jackie, and get her to go on my Wikipedia.

Ed Gamble

No, fuck off, Lucy. What are you talking about?

James Acaster

Okay. So, this one's recent. I was imagining you were younger again because I was, like, fool me once. So clearly this is Lucy as a teenager again coming back from Tenerife. But this is recently, you lied about being diabetic on a plane?

Lucy Beaumont

This is in February.

James Acaster

Yes.

Ed Gamble

Yes. So you were worried that they would hear that you're a comedian, they were going to look you up on Wikipedia.

Lucy Beaumont

Yes.



And it wasn't going to say you were diabetic.

Lucy Beaumont

Yes.

Ed Gamble

So you got your friend Jackie to say you were diabetic on Wikipedia?

Lucy Beaumont

Yes.

Ed Gamble

Yes.

Lucy Beaumont

Obviously, I felt awful about it.

Ed Gamble

I think you overthought that one, Lucy, if I'm honest.

Lucy Beaumont

Well, then she-, I checked, you know, when I was waiting for my luggage. And I looked through all the Wikipedia and she'd just put at the end, 'And she is diabetic.'

Ed Gamble

Citation needed.

Lucy Beaumont

Yes.

Ed Gamble

Wow.

James Acaster

Your dream side dish.

Lucy Beaumont

Well, I don't need one because I've got green beans and I've got mash.

Ed Gamble

Yes.



Do you know what? Totally fine. Your dream drink.

Lucy Beaumont

I don't think James is enjoying himself.

Ed Gamble

Trust me, he is.

James Acaster

Wrong. I am enjoying myself a lot.

Ed Gamble

Trust me.

James Acaster

Your dream drink, Lucy Beaumont.

Lucy Beaumont

At the moment, because I go through stages, like anyone I suppose.

James Acaster

Yes.

Ed Gamble

Well all go through stages.

Lucy Beaumont

Yes.

James Acaster

We all go through stages. Talking to a mushroom, that's a stage.

Lucy Beaumont

Do you through stages with drink? Like, you drink of the month, sort of thing.

James Acaster

Yes, absolutely.

Ed Gamble

The problem with drink of the month is you pick one before and then they tell you what the drink of the month is and it's not the one you want.



I call it drink de monthe.

Ed Gamble

Pronouncing that wrong.

Lucy Beaumont

So, at the moment it's a margarita. I'd love a margarita. I'm really into tequila. I find you can have it in a morning.

James Acaster

No law against it.

Lucy Beaumont

Yes.

Ed Gamble

Yes. Starting to explain that mushroom-bird mix up now.

Lucy Beaumont

I've only done that a couple of times but it doesn't-, you feel alright, you know?

Ed Gamble

Well, it's an upper, isn't it?

Lucy Beaumont

Yes.

James Acaster

When were you having tequila in the morning? What was the-,

Lucy Beaumont

Just, like, if I had a hangover. If I'd been to-, I've only done it, like, twice but,

James Acaster

Yes.

Lucy Beaumont

Yes. But, yes, I'd like a margarita please if that's alright.

Ed Gamble

Salty rim?



Sorry.

Lucy Beaumont

Not all over it. Not all-, just on one half.

Ed Gamble

Half rim.

Lucy Beaumont

Yes.

Ed Gamble

Half salt rim. I like that. Places have only started doing that recently and I respect it.

James Acaster

Yes.

Ed Gamble

The half rim because then you can just be like, 'I'll have a bit of salt. No salt.'

Lucy Beaumont

Yes.

Ed Gamble

It's good.

Lucy Beaumont

It's lovely.

Ed Gamble

It's made that this has turned back into a normal episode, isn't it?

James Acaster

I, kind of, want salt in each sip and I find if it's just half I get through that and then all the salt is gone. I want it all the way round.

Lucy Beaumont

Do you?

James Acaster

Yes, I want to do round the world.



But you can ask for that. You can ask for a full rim.

James Acaster

Okay. I'll have that. Yes, I'll have it full rim please.

Ed Gamble

Yes.

Lucy Beaumont

Do you drink margaritas?

James Acaster

Yes.

Lucy Beaumont

Do you?

James Acaster

Why is that surprising?

Lucy Beaumont

I can't see you with a margarita?

James Acaster

Can you not?

Ed Gamble

Yes, what do you see James with drink-wise?

Lucy Beaumont

Well, definitely a beer. Definitely red wine. Even a whiskey.

Ed Gamble

Yes.

Lucy Beaumont

But just cannot see you drinking a margarita.

James Acaster

Can't picture me drinking a margarita.

Ed Gamble

Because you see him as, sort of, a man's man?

Lucy Beaumont



Just that I don't think-, it's a bit fussy, isn't it? I don't see you as fussy.

Ed Gamble

I like a margarita as well, Lucy. Does that surprise you?

Lucy Beaumont

Yes, I could tell.

Ed Gamble

Okay. Yes, yes, yes.

James Acaster

This is interesting.

Ed Gamble

Yes. Is that why you brought the tequilas with you?

Lucy Beaumont

Yes. I just love tequila. I just think it's amazing.

James Acaster

What type is this? Is this a type you like in particular?

Ed Gamble

Is it a Patron?

James Acaster

It's a Patron.

Ed Gamble

Silver Patron.

James Acaster

It's got a bee on it.

Lucy Beaumont

That's what I brought back from Tenerife.

Ed Gamble

This came back with you in February?

Lucy Beaumont

I think so.



Hang on, what do you mean, 'You think so'? Where's this come from, Lucy?

Lucy Beaumont

Well, it might come from Spain. I can't remember. One or the other.

Ed Gamble

Tenerife's in Spain.

James Acaster

It's one or the other, man.

Ed Gamble

Lucy's had a bit of tequila.

James Acaster

Yes, I mean, fair enough. I mean, I thought we were probably all going to do it together. But just dove in over there like it's 7:00am.

Lucy Beaumont

Let's do it together then.

Ed Gamble

That is nice tequila as well actually.

Lucy Beaumont

Let's do it together. Are you ready?

James Acaster

Oh, I'm in too late. You two have already got a head start. Cheers.

Ed Gamble

Teguila.

James Acaster

Tequila. That's very nice.

Lucy Beaumont

Nice, isn't it?

James Acaster

That's very nice, yes. Where's the best margarita you've ever had?

Lucy Beaumont



That's a question.

Ed Gamble

Yes.

James Acaster

Yes, they all are.

Lucy Beaumont

I go on a lot of bottomless brunches now. I've had a really good one in York actually.

Ed Gamble

Yes?

Lucy Beaumont

A bottomless brunch.

James Acaster

Few York fans in.

Lucy Beaumont

There's some nice cocktail bars, yes. Do you go on bottomless brunches?

Ed Gamble

Don't tend to. I'll be honest.

James Acaster

No.

Ed Gamble

Who are you going on bottomless brunches with?

Lucy Beaumont

Other forty year old women. I went on one bottomless brunch and we drank so much that I lost my eyesight. And the only reason that they let me go is because my legs gave way and I woke up later in a taxi and I had a bit of cucumber on my shoulder. And I got home and John was still up and I said, 'I'm so sorry.' I said, 'Because I've lost my phone and I couldn't ring you.' And I was like, 'I'm sorry you had to do bedtime. I'll lock up.' And he said, 'Lucy, it's two o'clock in the afternoon.'

James Acaster

Thought you were going then, thought that was it. I thought you were just going to get up, bow, and then leave. That's a dream dessert, I reckon.

Lucy Beaumont



You're going to like this one, James, I think.

James Acaster

Good, I'm glad to hear that.

Lucy Beaumont

I am more of a dessert person than, like, definitely than starters.

James Acaster

Earlier on-,

Ed Gamble

Yes. Yes, yes, yes. Thank you.

James Acaster

So, my mind might be playing tricks on me here.

Ed Gamble

No. No, no, no.

James Acaster

But earlier on you were like, 'I'm all about the starters. That's the best meal.'

Lucy Beaumont

Yes. I know.

James Acaster

'That's the best part.'

Ed Gamble

You like deep, savoury flavours.

James Acaster

'Deep, savoury flavours. I love it.' And now, you're a different person.

Lucy Beaumont

But if I had to pick. You know, sometimes on a set menu?

James Acaster

Yes.

Lucy Beaumont

Starter and main or main and pudding, I would always pick main and pudding.



Good on you.

Ed Gamble

Yes.

Lucy Beaumont

So that proves it, doesn't it?

James Acaster

If proof be needed.

Ed Gamble

We did a set menu today.

Lucy Beaumont

Yes.

James Acaster

Don't.

Ed Gamble

We went to Kala Bistro today. It's very, very good. It's an excellent restaurant.

James Acaster

Yes, it was great.

Ed Gamble

But you get-, there's starters, mains, desserts. And we had starter and main, both delicious.

James Acaster

So good.

Ed Gamble

And we're looking at the desserts being like, 'Great, we can't wait for this dessert.' And then we said, 'But we're in Manchester. We need to go Idle Hands and get a slice of pie.'

James Acaster

No, it's a sad story.

Ed Gamble

So we said, 'We're not having dessert.' We said to the good people at Carla, 'We're not having dessert here so we won't need that on the set menu. We'll just pay and leave. We're going to Idle Hands for pie.' And we arrived, Lucy, and they'd sold out of fucking pie. I have never seen him look sadder and he's done entire stand-up socials about being sad.



Lucy Beaumont

What a shame.

James Acaster

It was so bad, man. Like, all the desserts at that restaurant looked amazing on the-, I was going to get chocolate oblivion. It looked so good. I was all excited because oblivion's also a roller-coaster.

Ed Gamble

Very quietly to himself he went, 'Chocolate oblivion. The world's first vertical drop dessert.'

James Acaster

Said it to himself and then giggled to himself.

Ed Gamble

I fucking wedgied him and flushed his head down the toilet. Not having that on our tour.

James Acaster

And we're on our way, and we're telling Paul our tour manage about Idle Hands. 'Here's all the different pies they do. The dessert pies. You're going to love it, Paul.' We got there. There's a little bit of paper saying, 'No pies. Sold out of pies.'

Lucy Beaumont

What? But did they do other things?

James Acaster

Well, they were pretty much sold out of everything.

Ed Gamble

Yes.

James Acaster

Yes.

Lucy Beaumont

But they were open? So you could go in but they didn't-,

James Acaster

They said, 'Sorry -.' Yes, they were open. We could have got a coffee if we wanted.

Ed Gamble

Yes.

Lucy Beaumont

That's it?



James Acaster

Yes. And they were like, 'Sorry. It's school holidays, kids come in and eat all the pies.'

Lucy Beaumont

Did they know who you are?

James Acaster

Yes, yes.

Ed Gamble

Well, this is what I said and apparently you're not supposed to say that out loud. But the problem is even if they were like, 'Here come those boys who keep talking about the pies.' You can't just magic a pie up.

James Acaster

No.

Lucy Beaumont

No, no. But they could have-, well, if you'd have rang ahead. What's so good about it though?

Ed Gamble

Well, I've never had one. And by the way, I'm so stroppy that the fact that they'd run out of pies, and I'm very happy for them they're doing well as a business. They'd run out of pies on this day, I will never ever have one now. As a matter of principle.

James Acaster

Yes, that's just Ed's personality.

Ed Gamble

Yes.

James Acaster

He was born that way, can't help it.

Ed Gamble

Correct.

James Acaster

He will never go. I love the banana cream pie, the caramel custard pie there is great, the key-lime pie's great.

Lucy Beaumont

Sounds lovely.



James Acaster

Yes. So it's just really-, their flavours are spot on. The pastry is delicious, you know. Doesn't distract from the pie.

Ed Gamble

Also, I think pies were better under the coalition government.

Lucy Beaumont

What is it about sweet-, is it a thing about sweet stuff that you like? Because for me it's, like, lots of texture. It's not just that-, I'm not bothered about sweets or chocolates. Like, I like puddings that have got lots of textures.

James Acaster

Like what? Like a trifle?

Lucy Beaumont

Yes, love a trifle.

James Acaster

For example. Loads of different textures there.

Lucy Beaumont

Viennetta.

James Acaster

Yes, lovely.

Ed Gamble

You picked two things with no different textures.

James Acaster

What are you talking about? Trifle has got tons of different textures in there.

Ed Gamble

Fucking trifle?

James Acaster

Yes.

Ed Gamble

It's soft all the way down.

James Acaster

No, but like, the sponge compared to the jelly.



Ed Gamble

The sponge is soaked in stuff so it's just-, literally this is cutting into a trifle. All the way down to the bottom.

James Acaster

If I blindfolded you now.

Ed Gamble

Yes.

James Acaster

And I rubbed a sponge on your face, some jelly, some cream, and some custard, you'd be able to tell what each of those was, right? They're different textures.

Lucy Beaumont

But what do you like about sweet things?

James Acaster

Just the flavours have always made me happy. I love sugar, I guess. It was always a treat.

Ed Gamble

This is a scientific experiment into what happens when three people have tequila. The conversation has just gone fucking mad.

James Acaster

Yes, because we started out from a place of absolute sanity. Sorry, I forgot earlier on when we listened to a fucking whole speech about how the Tories have ruined gravy and it was better under Blair.

Ed Gamble

It's like a Frank Sidebottom song.

James Acaster

You think it would have been good under Brown, gravy. But sadly not.

Lucy Beaumont

Oh dear.

Ed Gamble

We've not heard your dessert yet.

James Acaster

We haven't heard your dessert. You've just asked me what I like about desserts.



Lucy Beaumont

I want a couple of little desserts. I really love it-, what's that, there's a chain, isn't there? What is it? That they do you little desserts of each one. It's just such a good idea. So my favourite dessert in the world, which is just-, A, it's misunderstood. B, it's under-represented. You don't see it enough and it's the best pudding in the world and it's banoffee pie.

James Acaster

Yes. banoffee pie is amazing. I would say though-,

Lucy Beaumont

What?

James Acaster

I think it's-, I see it quite a lot, banoffee pie.

Ed Gamble

Yes. I don't think it's under-represented.

Lucy Beaumont

Where? Where? I don't see it anywhere.

James Acaster

I tell you what, where you want to go.

Lucy Beaumont

Yes?

James Acaster

You want to go to Idle Hands.

Lucy Beaumont

They do it there?

James Acaster

They do a banoffee pie, yes, sometimes.

Lucy Beaumont

What do they put on top of it?

James Acaster

Cream, from memory. I don't know.

Lucy Beaumont



Yes, but I like it when it's-, I don't know what you might call it but I call it miracle whip. Do you know what I mean?

James Acaster

Yes, yes.

Lucy Beaumont

Right, yes. I don't like real cream.

James Acaster

You like miracle whip.

Ed Gamble

So the fake, sort of, chemically cream that you can-,

James Acaster

Yes.

Ed Gamble

Yes

James Acaster

I get you. That's what you would like?

Lucy Beaumont

Yes. And then-,

Ed Gamble

Did you get the-, sorry, because you've just done Taskmaster.

Lucy Beaumont

Yes.

Ed Gamble

Did you get the banoffee pie on the catering at Taskmaster? Because after James done Taskmaster, all you said to me was, 'Oh man, it's just a good show to do.' I was like, 'Great, I can't wait to hear about all the tasks and how fun it is in the studio.' He went, 'At the studio, there'd be one day where you get banoffee pie for dinner.'

James Acaster

I'd forgotten about. It's the absolute best. And Would I Lie To You has the same catering company and there's that banoffee pie. And that's all I talked to David Mitchell about in the green room. I was like, 'Have you had this?' He was like, 'Yes it's great every week.' Really good.

Lucy Beaumont



You know that Wagon Wheel story, don't you? Because I've been doing it in stand-up for, like, all my life.

James Acaster

But they might not have heard it. Do you want to do it?

Lucy Beaumont

But it is my favourite chocolate.

James Acaster

Okay.

Lucy Beaumont

It is my favourite. I love that because that's the same. It's, like, chocolate, wafer, jam, marshmallow, chocolate.

James Acaster

Wafer?

Lucy Beaumont

Well, biscuit sorry.

James Acaster

Yes.

Lucy Beaumont

Chocolate business, you know.

James Acaster

Yes just.

Lucy Beaumont

So, I'd like a posh version of that. I don't want the actual Wagon Wheel but if you could do me a posh version of a Wagon Wheel.

James Acaster

Yes, absolutely.

Ed Gamble

Yes.

James Acaster

I think some places do. I think at Tebay Services you can get a, kind of, posh-ish.



I think you can get a posh version of a Wagon Wheel. It's almost, like, a Tunnock's teacake as well. But, yes.

James Acaster

Maybe that's what I'm thinking of. But it's good.

Lucy Beaumont

Yes. That's what I'd like, please.

Ed Gamble

How would you like it posher? What makes it posher for you?

Lucy Beaumont

Maybe the chocolate could be better. I'm not that bothered about the marshmallow. The biscuit's a bit weird. If the biscuit could be, like, crushed Hobnobs. Sort of, a bit thicker, that'd be good.

Ed Gamble

So you want little banoffee pie with miracle whip?

Lucy Beaumont

Yes.

Ed Gamble

And a posh Wagon Wheel?

Lucy Beaumont

Yes.

Ed Gamble

Anything else?

Lucy Beaumont

And then lots of ice-creams, different types of ice-creams with sprinkles.

James Acaster

Yes, yes, yes. Let's hear it. Let's hear the ice-creams. Because I had to listen to soup and that annoyed me. But let's listen to these ice-creams.

Lucy Beaumont

Salted caramel.

Ed Gamble

Nice.



Lovely.

Lucy Beaumont

A chocolate.

James Acaster

Yes.

Lucy Beaumont

Raspberry ripple.

James Acaster

Yes please.

Lucy Beaumont

And then just vanilla.

Ed Gamble

No, that's great. Vanilla's a solid flavour. I think people worry about it being too basic. But a nice vanilla ice-cream is up there. James, not happy?

James Acaster

Well, it's fine. No, no, it's your dream. And, like, if you want a vanilla ice-cream, that's fine. I would love this smorgasbord of desserts so who am I to complain at this point? But, like, yes. I was just getting ready for something crazy.

Lucy Beaumont

What do you mean?

James Acaster

I don't know. Just a bit more of a flavourful.

Lucy Beaumont

What like?

James Acaster

Like a Ben & Jerry's flavour or something. Something a bit like-,

Lucy Beaumont

Like Phish Food?

James Acaster

Have you had that?

Lucy Beaumont



I think it's overrated.

Ed Gamble

Big talk.

Lucy Beaumont

Give me a Carte D'or any day.

Ed Gamble

Give me a Carte D'or any day. That's what she said.

James Acaster

I mean, you like Wagon Wheels. Phish food is, like, chunks of chocolate and marshmallow swirl in chocolate ice-cream.

Lucy Beaumont

Yes.

James Acaster

It's basically like a Wagon Wheel ice-cream.

Lucy Beaumont

But I think it's because it's called Ben & Jerry. I think it's-,

Ed Gamble

You think it's branding is?

Lucy Beaumont

It's a little bit misogynistic.

Ed Gamble

Yes, actually.

Lucy Beaumont

I think it's because it's two older men telling you it's good ice-cream.

Ed Gamble

Yes.

Lucy Beaumont

If it was called, like, Vicky & Pam, I don't think people would like it as much.



You don't think it would have done as well if it was Vicky & Pam?

Lucy Beaumont

It's just massively overrated. Carte D'or is the best ice-cream. Do you know what I like? You know when you bring it home from the shop and then you know when-, because, like, I don't drive. So I carry my shopping home.

Ed Gamble

Yes. Fuck, that ice-cream must have been really melted after you.

Lucy Beaumont

That's what I like. And I cannot put it in the fridge without just getting my finger and just going round, you know, all the melted bit.

James Acaster

Respect. Yes, love it.

Ed Gamble

Yes.

James Acaster

Respect.

Lucy Beaumont

And that's nicer than Tom & Jerry.

James Acaster

But you know if you got Ben & Jerry's?

Lucy Beaumont

Yes.

James Acaster

And you walked that home from the supermarket, you would be able to do the same thing.

Lucy Beaumont

It's not as smooth. It's got all the, like, bit. I don't like the phish in it.

James Acaster

Bits of chocolate.

Lucy Beaumont

I don't think the ice-cream is as nice. I think it goes quite bitty. I'm just saying Carte D'or is so smooth.



You're here to give your opinions, Lucy.

James Acaster

Yes, yes.

Ed Gamble

We all respect them.

James Acaster

I'm going to read your dream menu back to you now, Lucy. See how you feel about it. You want still water with a wedge of lemon. You would like to bite the middle slices out of a Jackson's loaf of bread with candle butter. You would like little Aunt Bessie's Yorkshire puddings filled with intense cottage pie and two different soups which are mushroom and the half red pepper, half yellow pepper soup. Main course, meatloaf with mash, green beans, and creamy gravy on the air-plane coming back from America. Side dish, pass. Drink, a margarita with a half salty rim. Dessert, banoffee pie and miracle whip, a posh wagon wheel, and salted caramel, chocolate, raspberry ripple, and vanilla ice-cream. Lucy Beaumont.

Ed Gamble

Give it up once more for Lucy Beaumont.

James Acaster

Lucy Beaumont, everybody.

Ed Gamble

Thank you so much Manchester, you've been absolutely amazing. Thanks so much for coming to the show.

James Acaster

Thank you for coming.

Ed Gamble

Bye, bye.

James Acaster

Goodbye.

Ed Gamble

There we are. A classic.



I mean, you might want to, you know, just after listening to that just sit in a quiet room for about an hour and let your brain just get back to normal.

Ed Gamble

Yes.

James Acaster

Because otherwise you're going to be thinking like Lucy all day.

Ed Gamble

Yes. I had to regularly in this episode, for people who weren't there, I was laughing so much and I was so confused that I had to keep standing up and running around the stage like I was in the audience at Def Jam comedy.

James Acaster

Yes. It was like David Blaine had just showed Ed a magic trick on the street. Of course, Lucy is currently on tour with The Trouble & Strife. So go to lucybeaumont.co.uk for tickets.

Ed Gamble

And of course Lucy is doing a podcast with Sam Campbell, a previous live guest on that tour of ours-, tour of ours.

James Acaster

Lucy and Sam's Perfect Brains, produced by Plosive.

Ed Gamble

Yes. Will you be editing it, Benito? Benito will be delegating the editing to one of Benito's angels.

James Acaster

Yes. I mean, if at some point during our podcast we start referring to a different producer and we've no longer got the great Benito, it's because Lucy and Sam's Perfect Brains has broken him.

Ed Gamble

Yes.

James Acaster

And he's had to quit the industry.

Ed Gamble

Yes. Bye.

James Acaster

Bye.