



Off Menu – Ep 328 – Katy Wix

Ed Gamble

Welcome to the Off Menu podcast taking the beef mince of conversation, the tomato of the internet, the kidney beans of friendship, and the chilli powder of having a lovely chat. It's chilli con carne, but there's so many ingredients that you need for chilli con carne that it really threw me, James.

James Acaster

That's Ed Gamble. My name is James Acaster. Together we own a dream restaurant and every single week we invite in a guest.

Ed Gamble

Onions, garlic.

James Acaster

And we ask them their favourite ever starter, main course, dessert, side dish and drink. Not in that order.

Ed Gamble

Not chilli without rice.

James Acaster

And this week our guest is Katy Wix.

Ed Gamble

Katy Wix. Katy Wix, wonderful comedian, actor, author. She does it all, James.

James Acaster

Your former rival.

Ed Gamble

Former rival on Taskmaster, of course.

James Acaster

Who you-, your slain foe.

Ed Gamble

Yes, my slain foe. She was brilliant on that show. She's brilliant on everything to be honest. She's one of a select group of comedy actors who, if she's in it, I know it's going to be good.



James Acaster

Yes. And do you know what? Not only do you know it's going to be good, you know that Katy Wix is going to be good in it.

Ed Gamble

Well that's why it's good, because Katy Wix is good in it. You know what I mean?

James Acaster

That's why it's good, that's why it's good.

Ed Gamble

Yes.

James Acaster

And we're very excited about Katy Wix coming on this podcast. But here's the thing. Even though Ed has already slain Katy on another show.

Ed Gamble

Is she a ghost? That's why she's a ghost. Because she lost to me on Taskmaster.

James Acaster

That's what happened.

Ed Gamble

Yes.

James Acaster

That's why if you watch Ghosts, there's a bit in it where they cut out-, where they talk about her character.

Ed Gamble

Yes.

James Acaster

And how she died.

Ed Gamble

Same with Lolly, because she lost on Taskmaster.

James Acaster

Yes. She was slain by Noel Fielding?

Ed Gamble

Yes. And Kiell is alive in Ghosts, but he did lose on Taskmaster.



James Acaster

Yes, so maybe-

Ed Gamble

Charlotte Ritchie can see Ghosts because she lost on Taskmaster. The theory's not holding up, James.

James Acaster

Kiell and Charlotte ruined it for us.

Ed Gamble

Yes. Baddiel's not in Ghosts-, but he's not even become a ghost because I ground his body down to dust in Taskmaster.

James Acaster

Baddiel had already lost his mind. His brains had already been ground to dust before he even went on that show. My nephews declared him an idiot when they watched it.

Ed Gamble

And what did they declare me?

James Acaster

The coolest person in the world ever.

Ed Gamble

Eddie Eddie Gamble.

James Acaster

Eddie Eddie Gamble, they think you're so cool.

Ed Gamble

Yes, baby.

James Acaster

They think you're cool and they think you talk by saying, 'Hey dude, hey man, yo.'

Ed Gamble

I do do that.

James Acaster

When they write text messages as you to me, thinking that they're tricking me because they don't know how phones work, and they write, 'Yo, it's me Ed. Yo. Hey man.' And then insult me.

Ed Gamble

Yes. It pretty much is what I do to you anyway on texts.



James Acaster

Yes, I mean, yes pretty much.

Ed Gamble

Hey man, you suck.

James Acaster

Yes, yes.

Ed Gamble

Stuff like that.

James Acaster

'Yo, yo dude, you suck. Just saying. Bye.' And then they'll write, 'From Ted.'

Ed Gamble

Yes.

James Acaster

Because you're saved as Ted Grumble in my phone.

Ed Gamble

Ted Grumble, yes.

James Acaster

If Katy Wix chooses the secret ingredient, an ingredient which we deem to be unacceptable, we will have to kick her out of the dream restaurant and she will be slain all over again. And this week the secret ingredient is toast. A piece of toast.

Ed Gamble

A piece of toast. It has to be a piece of toast because this was your suggestion.

James Acaster

Yes.

Ed Gamble

Because based on the Des'ree song Life, I don't want to see a ghost a.k.a. Ghosts.

James Acaster

Yes, like Katy.

Ed Gamble

Katy Wix. I'd rather have-, that's the sight that I fear most.



James Acaster

Yes.

Ed Gamble

I'd rather have a piece of toast, watch the evening news.

James Acaster

Yes.

Ed Gamble

So that's where a piece of toast comes from. But it's a very broad secret ingredient, James.

James Acaster

Yes?

Ed Gamble

Poppadums or bread. She might say, 'A piece of toast.' And then she's gone.

James Acaster

And then she's gone. And listen, that's just the way it is.

Ed Gamble

Yes.

James Acaster

That's just the way it is. And I think that's exciting.

Ed Gamble

It is exciting but also it's awful.

James Acaster

Yes.

Ed Gamble

Because I know Katy listens to this podcast sometimes and I think she's excited to come on.

James Acaster

Yes.

Ed Gamble

But what we do if-, because obviously when we kicked Jade out, it was within the dessert so it worked. What are we going to do if we kick Katy out at the poppadums or bread course?



James Acaster

Sing Life, sing that Des'ree song Life.

Ed Gamble

The whole thing?

James Acaster

For an hour, I guess.

Ed Gamble

Yes. Well let's say now that Katy has a brilliant book out called Delicacy.

James Acaster

Yes.

Ed Gamble

So you should absolutely go and buy that. We'll do the plug now just in case we kick her out after five minutes.

James Acaster

Yes. Katy Wix, Delicacy. Out now. Buy it on paperback and audiobook.

Ed Gamble

This is the Off Menu menu of Katy Wix.

James Acaster

Katy Wix.

Ed Gamble

Welcome Katy to the dream restaurant.

James Acaster

Welcome Katy Wix to the dream restaurant. Why do you swallow your chewing gum?

Katy Wix

Hi. Hi, boys.

Ed Gamble

Sorry, this rarely happens.

Katy Wix

So that's sexier than I thought-, yes?



Ed Gamble

That we just get into it this quickly.

Katy Wix

Why am I so special?

Ed Gamble

But just before we started recording, you said you were going to swallow your chewing gum.

James Acaster

Yes, what the hell?

Katy Wix

Well, it's-, you're making me out to be a ridiculous figure.

Ed Gamble

Yes.

Katy Wix

It's a half-, A, it's half a chewing gum.

Ed Gamble

Right.

Katy Wix

And B, it was a, sort of, panic. I was thinking of you guys.

James Acaster

But why were you going to.

Katy Wix

I was thinking I'll take one for the team. Would it be easier if I just quickly swallowed half a chewing gum?

Ed Gamble

It wouldn't be if you died. That would be awful.

Katy Wix

I have done it before and I'm still here to tell the tale, so.

Ed Gamble

Yes.



James Acaster

How many chewing gums have you swallowed?

Katy Wix

Over my life time?

James Acaster

Yes.

Katy Wix

Maybe ten.

James Acaster

I don't think I even could do it.

Ed Gamble

You know what it makes you think of? And we were just mentioning Steve Coogan as well because he's done an episode recently.

Katy Wix

Yes.

Ed Gamble

I went to see Steve Coogan live when I was thirteen. My mum took me to his live show and one of the pre-show announcements was, 'If you have any chewing gum, don't swallow it. It wraps around your heart.'

Katy Wix

Wow.

Ed Gamble

And so now anytime anyone mentions swallowing chewing gum, I think of that.

James Acaster

Wow. Wraps round your heart, Katy.

Katy Wix

I've got a big one. There's plenty of room.

James Acaster

Well, I think it's insane. I've never met anyone who swallows chewing gum before. So I think you're, like, the most risk-takey, bad ass guest we've ever had on.



Katy Wix

Thank you.

Ed Gamble

Yes.

Katy Wix

That could have been the one that killed me. And Ben swooped in with a receipt for-, can't remember. And I've put it in there. So it's all okay now.

Ed Gamble

Yes.

James Acaster

What was the receipt for?

Katy Wix

What was it for? A card.

James Acaster

It was for a card, a greetings card. Birthday?

Katy Wix

Memory card?

James Acaster

A well done card?

Katy Wix

This is a great format.

James Acaster

You bought someone a well done card, Benito? That's fine, isn't it?

Ed Gamble

That's nice.

Katy Wix

I hope it's for me after I've done this.

Ed Gamble

Yes. We give all our guests a well done card.



Katy Wix

James put his head in his hands when I said that.

James Acaster

It's funny.

Katy Wix

It's too whacky for you. I see.

James Acaster

Have you ever received a well done card before for something?

Katy Wix

Maybe A-Levels.

James Acaster

Did you do well on your A-Levels? Or was it pre-results?

Katy Wix

Well done for trying, for getting-,

James Acaster

Yes.

Katy Wix

No, it wasn't pre-results. I did fine. You know, I got a BA. Put it that way.

James Acaster

Yes.

Katy Wix

I remember my parents giving me a well done card for that. What else? Maybe, like, first nights. I've done a couple of plays.

Ed Gamble

Yes.

Katy Wix

You sometimes get a-, it's not so much well done, is it, because you haven't done it yet. I don't think. Thinking of you? Would that be on your first night?

James Acaster

Thinking of you.



Katy Wix
Congrats?

Ed Gamble
Cards mean nothing to me, man.

James Acaster
Yes?

Ed Gamble
You know when people-, someone gives you a card, I'm like-,

Katy Wix
Depends on the message. Doesn't it?

Ed Gamble
I don't know. No, I'm just like-,

Katy Wix
Depends on the old missive. You'd like a blank one so you can reuse it.

Ed Gamble
Yes, yes. That is ideal.

Katy Wix
Now that's thoughtful, isn't it?

Ed Gamble
Yes.

Katy Wix
Here's a blank card, reuse this. There's nothing inside.

Ed Gamble
Yes.

Katy Wix
Lovely front.

James Acaster
You just don't like them?

Ed Gamble
No. What's the point? They go-, when I get a card, I open it, read it, straight in the bin.



Katy Wix

You don't display it?

Ed Gamble

No. Well, I think that's arrogant if it's, 'Well done.'

Katy Wix

What about birthday cards? Don't you want people to come in and know it was recently your birthday?

Ed Gamble

I don't-, people don't really come into our house.

Katy Wix

Wow, okay. Yes, I've heard that. Yes. It's still lockdown in your house, isn't it?

Ed Gamble

Yes, it is. Yes.

James Acaster

Yes.

Ed Gamble

We're very safe in our house. Me and my wife socially distance.

Katy Wix

Great.

Ed Gamble

Yes.

James Acaster

Yes. Do you like food, Katy? Are you a food fan?

Katy Wix

I'm not a foodie at all.

James Acaster

No?

Katy Wix

My parents, who are now dead bless them-, I'm sorry I've said it. That's atmospherically very dark, I know. But they didn't really cook so I never really got into it. So my dad was, like, he was from Merthyr Tydfil, from this ex-mining town. You know, egg and chips was his whole life. He didn't-, he thought pasta was exotic, hummus, stuff like that. When I'd come back from uni and there'd be, sort of, hummus



in the fridge and stuff like that, he just thought it was really foreign and weird. And I think for my mum it was just a massive chore and she really resented having to do it. So I think there was a point when I was a teenager and my mum tried to teach me to cook. But I was so resentful of being told what to do, I didn't listen.

Ed Gamble

Yes.

Katy Wix

So I hate cooking. I find it a massive chore, I find it really boring. And I love being cooked for, who doesn't? I'm just so, like, grateful when someone gives me food. I'm not a foodie. I don't know the names of things. And also when I-, if I go out to eat, there's so many other things to consider before I even get to the food. Do you know what I mean?

Ed Gamble

Yes.

Katy Wix

There's, like, a lot of sensory stuff. I hate noise and particular lights and, you know, it's all about who I'm with. And I, sort of, almost-, not forget to eat but I never really focus on the food. It's always just like what's going on.

Ed Gamble

Yes, you're not focusing on it. You're chatting and yes.

Katy Wix

How I'm feeling, you know. I've left the house, well done. There's a lot of steps, you know, before I even get to a restaurant and sit down and have a meal. And then if the food's nice, it's a bonus.

Ed Gamble

Yes.

Katy Wix

But, you know, I have no-, I'm such a philistine. I've been to really posh restaurants and I thought it was a bit weird.

Ed Gamble

Yes.

Katy Wix

The stuff I was eating. Like, worm salad. I've had stuff like that.

Ed Gamble

Worm salad?



James Acaster

What?

Katy Wix

Yes. I won't say the name of the place but I went to a very posh place for my birthday and there was two-, I went with, the other person with me was vegan so you got an email before sort of saying, 'Do you want the vegan menu or the non-vegan menu?' That was the two choices.

Ed Gamble

Yes.

Katy Wix

So I'm planning on being vegan eventually. I think we'll all have to be, won't we, basically. So I'm, sort of, groping towards being vegan but doing it really badly. Anyway, so at this point I took non-vegan. And-, I don't know why I had to take a breath then like it was a really emotional story. And then the food came and I ate this salad and the woman took it away and she said, 'How was your salad?' And I said, 'Yes, fine thank you.' Then she looked down at the plate and she said, 'You've still got some worms left.' And I thought I was hallucinating, I thought I'd left my body. You know what I mean?

James Acaster

Yes.

Ed Gamble

Yes.

Katy Wix

I thought, 'Oh, this -,'

Ed Gamble

Must be a nightmare.

Katy Wix

'This is, like, trippy now.'

Ed Gamble

Yes.

Katy Wix

Like, 'What's just happened there?' And I looked down and then I saw, like, three or four worms in the plate. Not like garden worms.

Ed Gamble

Yes.



Katy Wix

Like, kind of shrub territory, I think.

Ed Gamble

Little worms?

Katy Wix

Yes, they were little. But they were-, they weren't moving, they were dead.

Ed Gamble

Yes.

Katy Wix

And I looked at them and I just-, it just took me a long time to take it in, you know?

Ed Gamble

Yes.

Katy Wix

To process what was happening. And I just said, 'No, I'm done, thank you.' And handed her the plate.

Ed Gamble

Yes.

Katy Wix

And I just remember being really pale and shocked. And then my-, the person who I was with was a bit, sort of, 'Well, that's what happens when you tick non-vegan.'

Ed Gamble

It's not.

James Acaster

You get worms.

Katy Wix

In a way, like, morally you're saying, 'I'm up for anything.' If you're, you know.

Ed Gamble

It's not what happens if you tick non-vegan that you get worm salad.

Katy Wix

But I took their point that they were sort of saying, 'Well, you know, be a vegan. That's the solution. If you don't want secret worms, you know.' To them it's just protein, it's meat so. But I felt a bit violated that I hadn't been told and just a bit sick, and a bit confused.



Ed Gamble

So was it, like, a tasting menu thing where they were just bringing you out?

Katy Wix

Is that a tasting menu? I don't even know the terms.

James Acaster

But usually a taster menu, they at least explain it.

Ed Gamble

Yes.

James Acaster

Put the dish down in front of you and go, 'And this is a worm salad.' And then tell you what is in it.

Katy Wix

No, definitely there was no prior warning. Yes, there was no chat about it being worms.

Ed Gamble

They just brought you worm salad. You've still got some worms left.

Katy Wix

Yes. And then she saw my reaction, she came back and she said-, I won't do her accent. But she said, 'Is the problem that you didn't like it? Or do you object?' Like, she was trying to understand what my reaction.

Ed Gamble

For feedback to the kitchen, yes.

Katy Wix

Yes, she was really concerned and confused by my reaction. And I sort of said, 'No, it's fine. It's just-, it was the shock, the shock of eating worms.' I was a bit hungover, I was a bit tearful. I just didn't-, I just wanted to have a nice birthday and not be fed worms.

Ed Gamble

Yes.

Katy Wix

That's all I wanted.

James Acaster

You were tearful?



Katy Wix

Because I was hungover.

Ed Gamble

Yes.

James Acaster

So you were crying as well?

Katy Wix

Yes, yes.

Ed Gamble

That'd be why she came back to check.

James Acaster

Yes.

Katy Wix

I thought the tears would bring the worms back to life and it would all be amazing.

Ed Gamble

I do want to know the name of that place though because I'd like to try worm salad.

Katy Wix

I'll tell you after. Also at the end, they served for pudding, it was tobacco flavoured chocolate which went really well with a cigarette, I have to say. So that was lovely.

James Acaster

We always start with still or sparkling water.

Katy Wix

Yes, no the worm stuff, that's true. Yes.

James Acaster

I don't know. We can start with the worm-, conversation wise.

Ed Gamble

We always start with a worm salad.

Katy Wix

The worm course, the worm course.



James Acaster

Conversation wise, we can start with worms.

Katy Wix

Yes.

James Acaster

But meal wise, still or sparkling water?

Ed Gamble

And we won't trick you.

Katy Wix

The only time I think-, I don't really drink water. I'm like Winkleman.

James Acaster

Okay.

Katy Wix

I hate it. I find it really boring.

Ed Gamble

Yes.

Katy Wix

So I'm happy to go with whatever the other person has ordered because I'm not going to drink it if truth be told. The only time I drink water is in the gym so still. Because I've never seen anyone drink sparkling water in the gym which I might start doing.

Ed Gamble

Yes, that would be insane.

Katy Wix

So I think still. But sparkling, like, I'd never had it before I moved to London. I still think of it as really glamorous, exciting thing.

Ed Gamble

Yes.

Katy Wix

Definitely. At the moment, I'm quite obsessed with DASH Water, which is sparkling water with, you know, with fruit in it.



Ed Gamble

Yes I've seen them in the, sort of, the thin cans.

Katy Wix

Yes, the thin cans.

Ed Gamble

Yes.

Katy Wix

Lots of, like, nice pastel colours. I'm obsessed with those. So I'm, like, a complete baby. I'll only drink water if it's got a little bit of something extra in it to try and make you forget it's water, basically.

Ed Gamble

What's your favourite flavour of DASH?

Katy Wix

There's a green bottle, so it must be lime.

Ed Gamble

Yes.

Katy Wix

Yes.

Ed Gamble

What does it taste like?

Katy Wix

It tastes like lime.

Ed Gamble

Yes, lime.

James Acaster

Apples.

Katy Wix

Lemon, limey. Yes.

James Acaster

If you would have whatever the other person's having, who would you imagine you're having your dream meal with?



Ed Gamble

And what would they have?

James Acaster

And what would they have?

Katy Wix

Well, so I've just been-, at the moment, you know, who I write with, don't you? With red hair?

James Acaster

Yes.

Katy Wix

So we've just gone away. We just went away-, I'm writing, like, sort of full time at the moment. It's just been a year of writing which has been amazing. I've really, really loved it but. So we went away this week and had a lot of meals. So I'm thinking of him. He always has sparkling and I just, sort of, let him.

Ed Gamble

So you're imagining maybe having the same as Adam, but he'd pick sparkling. But I think if you like that DASH, you could have DASH on your dream meal.

Katy Wix

He drinks DASH as well.

James Acaster

So did you both discover DASH together, you and Adam?

Katy Wix

Well, I mean we'll get onto this with the drinks. But I am really obsessed-, I think there's a gap in the market for the following, okay? So if you-, what I'm really interested in is drinks. If you don't want alcohol, which I don't really drink very much. If you don't want caffeine, if you don't want alcohol, if you don't want sugar, if you don't want aspartame but you don't want to drink water, the choices are so limited, aren't they? So I'm always on the look out for an exciting soft drink that has none of those things that still tastes nice.

Ed Gamble

Yes.

Katy Wix

But I never find those kind of drinks. Like, when I was filming Big Boys actually, I found a shop that sold these drinks called Feel Good. Nothing to do with Mae, the Mae show. And they came close, they were amazing. But DASH comes close as well to a soft drink that has nothing in it. No fun, no aspartame, nothing. No, you know.



Ed Gamble

Yes.

Katy Wix

Because otherwise you'll go to a pub and it's lime and soda.

Ed Gamble

Yes.

James Acaster

Yes.

Katy Wix

And that's the only choice.

James Acaster

Poppadums or bread?

Katy Wix

Jesus Christ.

James Acaster

Poppadums or bread, Katy Wix? Poppadums or bread?

Katy Wix

Can't have poppadums, don't have a gall bladder. Next question.

James Acaster

Up to you.

Ed Gamble

Right.

Katy Wix

It's not up to me. I didn't choose to not have a gall bladder.

James Acaster

Well, you made it sound like a choice.

Ed Gamble

That is-, that's the first time we've had that answer.

Katy Wix

Okay.



Ed Gamble

Can't have poppadums, don't have a gall bladder.

Katy Wix

Well it's true.

Ed Gamble

Excuse me for my ignorance.

Katy Wix

You know, you were there.

Ed Gamble

But why does-, yes, I was there.

James Acaster

When Katy lost her gall bladder?

Katy Wix

Well, it's why I wasn't on Taskmaster for a bit.

Ed Gamble

For two episodes.

James Acaster

That was it? It was a gall bladder related thing?

Katy Wix

Yes, so what-, I mean, so I had gall stones which is incredibly, incredibly painful.

Ed Gamble

Yes so I've heard.

Katy Wix

And they, sort of, came out of nowhere. The doctor wasn't really sure why I'd suddenly got them. What he actually said was I was quite young to get them. I was holding back that, because I came out so well out of that bit. And so when we were filming, yes, we were filming the studio, weren't we?

Ed Gamble

Yes.



Katy Wix

And it was a Sunday night and I was in so much pain. I think I might have texted Alex Horne to be like, 'Just to let you know, I'm in the most-, I'm in hell and I don't know if I'm going to be well enough for the studio.' He was, like, you know, 'Don't worry about it.' But I think at that point they got some standbys.

Ed Gamble

Yes.

Katy Wix

So then I ended up in A&E and they kept me in overnight and I was really out of it because I was in so much pain. And they said to me, 'Look, it's got to come out.' Because it had just got to the point where my gall bladder was, you know, it was inflamed and stuff like that. And I was in hospital, you know, in the outfit. What do you call it? The gown.

Ed Gamble

Not the Taskmaster outfit.

Katy Wix

No, not the-, not yet.

Ed Gamble

No.

James Acaster

Builder's hat on.

Katy Wix

Being sick into the builder's hat in bed. And I think I, sort of, decided I was going to-, because I'd missed one show and I decided that that night I was going to go in and make the studio. So I went straight from hospital, it was so dramatic. So they, kind of, came round, did that thing where they discharge you. That's the word. And they're, sort of, making sure you're compos mentis and saying, 'Are you alright?' And I was saying, 'I've got to go and be on TV.' And they were like, 'Yes. Yes, yes, yes.' And a bit like, 'We should keep her in for a bit longer.' It was really, like, one flew over the cuckoo's nest. They thought I was completely delusional. I was like, 'I've got to go and be on TV. I've got to go.' And I, sort of, almost had to pull the drip out of my arm and be like, 'I've got to go. I've got to go on TV.' And there was one-, I had a shower in one of those, sort of, disabled cubicles. And they just had that, like, horrible shampoo that's for everything.

Ed Gamble

Yes.

Katy Wix

And I said, 'Just because I'm going on TV, I'd really like glossy hair. Do you have any, like, nicer shampoo than the one? Like, it's just that one. It's just hair, body, everything.' And they were like, 'No.



We don't have any nice shampoo.' And I was like, 'That's okay, that's alright. I'll just wash my hair with that stuff. It'll be fine, it'll be fine.' And then I got a text from my neighbour saying that a tree had fallen in front of my house and I could no longer get into my house. So that was weird. Just fallen in the night.

Ed Gamble

Yes.

Katy Wix

There was no one in the house. But you couldn't get in or out because the tree was just blocking the front door, and there's no backdoor. So then when the doctor came round I, sort of, said, 'Look, there's a tree. I can't get into my house, there's a tree in front of it and I've got to go on TV now. So I've got to go.' And he just thought-

James Acaster

He knows you got to go on TV.

Katy Wix

They just thought I was delusional.

Ed Gamble

Yes, yes.

Katy Wix

But I did. I went that night. And I was so out of it. And Jo Brand, who's famously an ex-psychiatric nurse, was looking at all my pills before we were filming being like, 'Okay, don't take this before the show.' And then I did, got muddled. And she was like, 'Take this with food, do this.' So she was amazing and really caring.

James Acaster

Yes.

Katy Wix

And we got through it. I don't think anyone noticed. But I remember after that show, one of the producers text me being like, 'You were quite-, just different energy tonight.' What did he say? 'You were quite aggressive.' Or something, because I was-,

Ed Gamble

I don't remember you being aggressive, Katy.

Katy Wix

Well I was on antibiotics and they made me feel very angry.

Ed Gamble

Yes.



Katy Wix

I don't know if anyone else has ever had that but I get that a lot with antibiotics.

James Acaster

So a bread then.

Katy Wix

Anyway. So bread, yes, yes, yes.

James Acaster

Yes.

Ed Gamble

Yes.

Katy Wix

Just a nice bit of toast, after all that.

Ed Gamble

There were replacements for you on Taskmaster.

Katy Wix

Yes, that all began with K.

Ed Gamble

Yes, that all began with K. But then the next night, when you might not have been coming in, Paul Chowdhry was there in the building.

Katy Wix

Yes, yes. Nature's me.

Ed Gamble

Yes, yes. Yes.

Katy Wix

Paul Chowdhry.

James Acaster

Sorry, can we roll back? What was your choice?

Ed Gamble

What sort of bread do you want?



Katy Wix

Well I, at the moment-, the nicest bread I've had in ages is, do you know Dean Street Townhouse?

Ed Gamble

Yes.

Katy Wix

The bread there is incredible.

Ed Gamble

Yes.

Katy Wix

That's my favourite bread. What is it called? I don't know. But it is-, it's very dense, it's brown, it's very spongy.

Ed Gamble

Like soda bread?

Katy Wix

No, it's not soda bread. I've definitely had that. I had that in Ireland actually. No it tastes very-, it's very, sort of, rustic looking. And it's the kind of, you know, stuff you want to tear off.

Ed Gamble

Yes.

Katy Wix

Yes, that's all I've got on that bread.

James Acaster

But how do you want it?

Katy Wix

What?

James Acaster

Because you said a minute ago, you said, 'Yes, just a piece of toast after all that.'

Ed Gamble

I think it was a general term.

James Acaster

Well, this is what I'm just checking though. I have to check.



Katy Wix

That's my favourite bread of all time, the Dean Street Townhouse bread. But I do love toast. I'd say I have toast everyday.

James Acaster

Yes.

Katy Wix

I have scrambled eggs on toast I'd say everyday, pretty much.

James Acaster

Lovely.

Ed Gamble

But it's the Dean Street Townhouse bread that you would like?

James Acaster

That's what you would like?

Katy Wix

That's my dream bread.

James Acaster

Just to be clear.

Katy Wix

Yes.

Ed Gamble

With butter?

Katy Wix

Yes, with Welsh butter, I think.

Ed Gamble

Nice.

Katy Wix

Because I grew up in South Wales. I know I don't have an accent anymore. We were never allowed butter because my mum was always on diets so it was always disgusting butter substitutes. Flora or half fat butter. So, because I was denied butter so much of my life, I'm quite obsessed with it. It still feels like a real-, it feels forbidden and a huge treat.



Ed Gamble

A rebellious act?

Katy Wix

Yes.

Ed Gamble

Yes.

Katy Wix

To have it. So I'm quite obsessed with it. But I do think Welsh butter is particularly delicious. Salted, of course.

Ed Gamble

James, do you just want to tell Katy why you're so tense? Because I don't think you're going to be able to get through it otherwise.

Katy Wix

What?

James Acaster

Yes.

Katy Wix

Have I got a spider on me?

James Acaster

That's the first guess?

Katy Wix

That felt like that's what you were going to say.

James Acaster

First guess is there's a spider on you.

Katy Wix

Oh, is it the secret thing?

James Acaster

Yes, your secret-,

Katy Wix

I was going to say the secret gift. It's not that.



James Acaster

No, it's not secret gift.

Katy Wix

Has anyone ever said it?

James Acaster

Yes, Jade Adams said it.

Ed Gamble

Yes, Jade Adams but it was at dessert.

Katy Wix

And do you chuck them out?

Ed Gamble

Yes.

James Acaster

Yes. And you were very close just then.

Katy Wix

By saying Welsh butter?

James Acaster

The secret ingredients for you is a piece of toast because-

Katy Wix

Right.

Ed Gamble

And you offhand said, 'Yes, bread. Just a piece of toast in the end.'

Katy Wix

Oh, Christ.

Ed Gamble

But I think you said that in an offhand way.

James Acaster

And then I was like.

Ed Gamble

But then you chose the Dean Street Townhouse bread.



Katy Wix

Won't you get-, cut it out. You'll get Tweets.

Ed Gamble

No, no, no. You didn't pick it.

James Acaster

No we won't because we pushed you on it.

Ed Gamble

We clarified.

James Acaster

What do you mean? And you said, 'Dean Street Townhouse bread.'

Katy Wix

Yes. No, that is my official-,

James Acaster

And you clarified that it wouldn't be toast.

Ed Gamble

Yes.

James Acaster

And you didn't know at the time it was the secret ingredient.

Katy Wix

Yes, that's my official choice.

James Acaster

So it's fine. But it was just that I had to make sure that we were clear on it.

Katy Wix

You had to make sure.

Ed Gamble

Can I just check quickly, I want to loop back to something. Why can't you have poppadums if you've got no gall bladder?

Katy Wix

Right. Right, right, exactly. So the gall bladder, it breaks down fat. It produces bile that breaks down fat. So I can't really digest fat very well. So fried things are out, spicy things are out, lots of things are out for me. Although, I mean, when was that? Like, four years ago, was it, we did TM?



Ed Gamble

Yes.

Katy Wix

So now I can pretty much eat normally. But for a long time, I'd be in pain if I had, yes, something like-, something fried would really fuck me up.

Ed Gamble

Yes.

Katy Wix

Can you swear?

Ed Gamble

Yes.

James Acaster

Yes.

Ed Gamble

Encouraged.

Katy Wix

In character.

James Acaster

In character. Yes, you can swear in character.

Katy Wix

Thank you. You can swear in character.

Ed Gamble

You can swear in character.

James Acaster

Has to be one of your characters.

Katy Wix

But chewing gum's fine. That's got no fat in it.

Ed Gamble

Yes, that's fine.



James Acaster

So you can swallow that.

Ed Gamble

You can swallow that, lovely.

James Acaster

Your dream starter, Katy Wix?

Katy Wix

So I think it's going to be-, I mean again, I can't really eat this because of what I just said. But I'm going to eat a bit of it if that is allowed?

Ed Gamble

Yes.

James Acaster

Yes.

Ed Gamble

Also for your dream meal, we can pop your gall bladder back in.

Katy Wix

Yes, put my gall bladder back in would you please doc?

James Acaster

Yes, bring it back.

Ed Gamble

Yes, yes, yes. Yes, it's the first time the genie's had to do that, but.

Katy Wix

Yes. God, I hadn't thought of that. If I'd thought of that, my whole menu would have changed, you know? This is me pre-, yes. This is me pre-operation. It's a plate of chips from the place where I used to go to when I was little. So we lived about half an hour outside of Cardiff. So I'd go-, I go Cardiff when I say Cardiff. So on a Friday night, we'd have a chippy tea and it was a huge deal, a huge treat. My dad would usually be working late so me and my mum would, like, drive to the chip shop. It was in a place called Ely just outside of Cardiff. And just the chips in there were so incredible. And I remember I'd, sort of, wait in the car and I've got a really particular memory which is the one where it's-, that Bryan Adams song had been at number one for, like, sixteen weeks. You know the one?

James Acaster

Yes, the Robin Hood one.



Ed Gamble

Yes.

Katy Wix

The Robin Hood one. And I remember that playing and me, sort of, looking out the window watching the rain form, because it was always raining because it was South Wales, waiting for the chips to arrive. Just, you know, thinking what will it be like to be in love as this song was playing. That's the sort of thing I'd be thinking. And then the chips would arrive and the car would be filled with the smell of the chips instantaneously.

Ed Gamble

Yes.

Katy Wix

And then we'd get home and mum would insist on plates. You couldn't just go straight out the wrapper.

Ed Gamble

Yes.

Katy Wix

But you could put the paper on the plater. You didn't have to do this.

Ed Gamble

As long as the plate's involved, yes. Yes, yes, yes.

Katy Wix

Yes. You didn't have to shimmy them. You didn't have to shimmy all the chips off onto the plate. You could just put it down, unfurl the paper.

Ed Gamble

Yes.

Katy Wix

Paper but on the plate. And then-,

Ed Gamble

Is that what you'd do?

Katy Wix

Yes. And then front of our knees. So it's those chips because they were really hefty, those chips. And they were, you know, really fluffy and fat, those kind of chips.

Ed Gamble

Yes.



Katy Wix

From this chip shop. And then we'd usually have-, I'd have, like, a fishcake with it is what I remember. But, again, because we only had, sort of-, well, in my house there was a thing of there was men's food and women's foods. That's how I was, kind of, raised. So there was, like, men's food was anything. And women were just supposed to have, like, Ryvita.

Ed Gamble

Men really lucked out.

Katy Wix

Yes. Men, yes. Well, it was-, exactly. It was fairly patriarchal. So me and mum-, well I always had to just, like, eat what mum was having which was like Ryvita and diet food and health food. So, like, when it came to Friday night, it was a huge deal.

Ed Gamble

Yes.

Katy Wix

Just, like, the taste of fat was explosive because I'd just been eating half-fat everything in the week,

Ed Gamble

Yes.

Katy Wix

So it was, like, a really big deal. It was really exciting, yes.

Ed Gamble

Sounds it.

Katy Wix

I had a really difficult childhood, some would say.

James Acaster

So just those chips?

Katy Wix

What?

James Acaster

What? It's just funny.

Katy Wix

Those chips.



James Acaster

It's just funny to tag on-,

Ed Gamble

Yes.

James Acaster

At the end of this quite nostalgic story-,

Katy Wix

About dreaming about love.

James Acaster

'I had a really difficult childhood.' That's all I'm saying.

Ed Gamble

Yes.

Katy Wix

No, but that was a, you know, silly, silly riff.

Ed Gamble

Yes, just.

James Acaster

Yes, that's why I laughed at it. But then you went, 'What?'

Katy Wix

Well I didn't know if you were laughing at me or with me. It's not clear, it's not clear.

Ed Gamble

James obviously loved the idea of you sat in the car, waiting for the chips, thinking about what it would be like to be in love.

Katy Wix

Look into my eyes, you will see.

James Acaster

Yes, yes. Thinking about what it would be like to be in love is funny.

Katy Wix

Yes. That song is the first time I really-, it just, from that song, I thought being in love is just going to be so, you know, epic. It's going to be amazing.



James Acaster

But also I remember the music video for that song because I remember-, it was number one for ages.

Ed Gamble

Yes.

Katy Wix

I think it was sixteen ages.

James Acaster

So Bryan Adams-, yes. So he wasn't turning up every week to perform it.

Katy Wix

Not on Top of the Pops.

James Acaster

On Top of the Pops.

Ed Gamble

No, no way.

James Acaster

So, like, they would just show the video.

Katy Wix

No, you're right. Yes, you're so right.

Ed Gamble

Yes.

James Acaster

But I hadn't seen that film.

Katy Wix

Do you remember-, I just remember that, like, bit.

James Acaster

Yes, pulling the arrow, bow and arrow back.

Ed Gamble

With the flame. Was it a flaming arrow?

James Acaster

Yes.



Ed Gamble

Yes.

Katy Wix

Do you know what knocked it off? Because you know, like, music trivia don't you?

James Acaster

I don't know that one actually, yes. It might have been, like-,

Katy Wix

Was it Wet Wet Wet?

James Acaster

See, I'm just blurring all that era and stuff into the other because-,

Katy Wix

It was definitely the '90s, wasn't it?

James Acaster

Yes. I mean, Think Twice by Celine Dion wouldn't have been long after that. But maybe-,

Katy Wix

That didn't make me think about love.

Ed Gamble

No.

James Acaster

No?

Katy Wix

That made me think about thinking twice, to honest.

Ed Gamble

Yes.

James Acaster

The Shoop Shoop Song by Cher maybe. One of the original number ones.

Ed Gamble

Yes.

Katy Wix

Yes.



Ed Gamble

Sometimes they would record the live performance on Top of the Pops and then just play that in, wouldn't they?

James Acaster

Yes, they would. Yes, yes.

Ed Gamble

Yes.

Katy Wix

Yes, yes. I remember that

James Acaster

You don't remember when they were in a few weeks ago but like-,

Katy Wix

Lazy.

Ed Gamble

Yes, so lazy.

Katy Wix

Yes, yes.

Ed Gamble

But if you were Adams, like, and I'd say by the time it gets to five weeks at number one, if you're having to go into Top of the Pops every time, you're like, 'Oh for fuck's sake.'

Katy Wix

Yes. I nearly-, I went to South Korea recently. This is related, I promise.

James Acaster

Yes.

Katy Wix

With a vegan and Tim Key.

James Acaster

So this vegan-,

Ed Gamble

The third diet.



James Acaster

Is this a different vegan from the worm meal?

Katy Wix

No, it's-

James Acaster

No. Same vegan.

Katy Wix

I'm in a throuple with Tim Key and a vegan, is what I'm saying.

James Acaster

Yes, yes.

Katy Wix

We're really happy. And I went to South Korea and Bryan Adams was playing and we nearly thought, 'Let's just go in. It'd be funny.'

James Acaster

Yes.

Ed Gamble

Yes.

Katy Wix

We were looking for K-pop and we found Bryan Adams.

Ed Gamble

Bryan Adams.

Katy Wix

The opposite, the opposite. That doesn't story doesn't go anywhere. Just that-

James Acaster

But I would have thought if you went to see Bryan Adams, that would transport you back to thinking what would it be like to be in love.

Katy Wix

I'd be there with my throuple.

Ed Gamble

Yes.



Katy Wix

I found love.

James Acaster

I know exactly what it's like to be in love.

Ed Gamble

You found it, finally, with a vegan and Tim Key.

Katy Wix

I know what it's like now and it's twice the fun.

James Acaster

U2 knocked it off.

Katy Wix

Which song?

James Acaster

The Fly by U2.

Katy Wix

I must have blanked it out.

James Acaster

Absolutely no idea.

Ed Gamble

Sort of thing you'd get in a salad.

Katy Wix

Must have been so devoed that I blanked it out.

James Acaster

Yes. I remember sitting in my car, wondering what it would be like to be a fly. Well, talking about flies, I've literally, during this chat, looked down and realised that my flies are completely undone.

Katy Wix

At least you've got something on.

James Acaster

They are currently-, and I didn't want to do them up again.



Katy Wix

I'm going to check mine.

James Acaster

But like-,

Katy Wix

My tits are hanging out for the whole thing. Is that alright?

James Acaster

Yes. Yes, yes, yes.

Ed Gamble

Yes.

Katy Wix

Do you know what? It happens. Oh dear.

Ed Gamble

We'll put-, the only clips we'll put out are from this point, okay?

Katy Wix

Honestly, I'm fine with that. I could do with an image change. I'm absolutely fine with that.

Ed Gamble

You heard about Katy? She's had an image change? What does she do? She gets her tits out on podcasts.

James Acaster

Gets her tits out all the time.

Katy Wix

Leaves them out.

James Acaster

It's a lovely dream starter.

Ed Gamble

Yes.

Katy Wix

Is it? Okay.



James Acaster

I love that, yes.

Ed Gamble

I love chip-, chippy chips are great, aren't they?

James Acaster

Chippy chips as a starter.

Ed Gamble

You've put me in the mood for chippy chips. I might get chippy chips tonight actually.

Katy Wix

Lovely.

Ed Gamble

And that's a compliment. It's not often during a podcast I think, 'I'm going to get that thing tonight.'

Katy Wix

It better be. Yes.

James Acaster

How did that compliment feel?

Katy Wix

Felt like being in love.

Ed Gamble

It's not the best compliment-,

Katy Wix

Felt like listening to B. Adams in South Korea.

James Acaster

Your dream main course?

Katy Wix

I think-, it's tricky, isn't it? But I think it's going to be-,

James Acaster

Well we know what it is.

Katy Wix

I'm laughing because of the context.



James Acaster

We already know.

Katy Wix

Yes, we do.

James Acaster

Because you told us by mistake.

Katy Wix

It's got to be chewing gum on toast, baby. It's going to be carbonara, simple as.

James Acaster

Now, usually, we don't show our guests choices but we interviewed someone else today before you came in. You asked what their main course was. We told you that their main course was carbonara and you went, 'Oh my God, that's mine as well.' So, now.

Katy Wix

Yes. Sorry about that.

James Acaster

This is the only time we've ever known.

Katy Wix

Sorry, I was nervous.

Ed Gamble

It's a double carbonara day. No, that's good. I mean, look, it's a great choice, but talk us through it. Why do you love carbonara so much?

Katy Wix

Are you supposed to say spaghetti carbonara? I thought if I just said carbonara, it sounds more authentic.

Ed Gamble

Well, I guess that leaves it open to maybe, you could have a different shape of pasta with it.

Katy Wix

No, I like spaghetti. It's the only time I've had it. I've never made it. I've never had a bad one. But again, I just think all pasta's incredible. I just, you know. I'm just so happy to be given a plate of pasta. I've got no discerning abilities when it comes to what's-, I mean, unless it had, like, dog shit on it. I honestly don't think I'd know it was really bad. Like, I've been on jobs on filming and, you know, the catering's a big deal on filming, as you can imagine. Because, you know, everyone's knackered, everyone's working hard and especially for the crew. Actors aren't really expending much energy mostly. But they're always



doing stuff and the whole day, you know, pivots around it. And people always often complaining about the food. I think it's like a bonding experience. And I'm always, like, 'I just can't believe I get free food.' It's like, 'What? Someone just brings me the food. This is amazing.' I just sit my room and eat the food. I'm just so grateful that someone's brought me food, I never, like, have an opinion on it.

Ed Gamble

Well, that's a good attitude to have, especially in a place of work, I guess, to be like, 'I'm just happy to be eating.'

Katy Wix

It's a little break in the day, time on my own. That's all that matters.

James Acaster

The only time I've turned ungrateful is, I don't know, after-, I know how I-, many episodes of Mock The Week I did but-,

Katy Wix

We can tell you.

Ed Gamble

Look it up. It's on the Wikipedia.

James Acaster

Benito's going to find out, I'm going to tell you that much.

Katy Wix

Have you heard of the internet?

James Acaster

But, like, the food was never that great on Mock The Week and there was a point where I went, 'I'm done with this shit. I'm done.' And one week, I was like, 'I want a Nando's.'

Katy Wix

I love Nando's. I only had my first Nando's about-,

James Acaster

And I had a Nando's. Because there's a Nando's literally across the road.

Ed Gamble

You started a revolution.

Katy Wix

I had my first Nando's on Stath, on Stath Lets Flats and it blew my mind. And I'm obsessed with it now. I have it a lot. I absolutely love it.



Ed Gamble

What's your order in Nando's?

Katy Wix

So, I have plain. I have to have plain.

Ed Gamble

Because of the gall bladder.

Katy Wix

I tried one above and it was like I was on the show where you have to eat all the chillies and be interviewed.

Ed Gamble

Hot Ones, yes.

Katy Wix

That's how it felt for me. Going one above plain. Plain ish.

Ed Gamble

Wow.

Katy Wix

That's how it felt. Sometimes I have lemon and herb. I have a chicken wrap. I don't eat red meat anymore. But as I say, I'm slowly trying to, you know-, well, I don't know if this is a controversial thing to say but basically, I was vegetarian for a while and I got really ill. That isn't a controversial things to say because, obviously, you can do it and be fine. I was just eating bran flakes. I fucked it and got anaemic. So, I wasn't doing it properly. But, you know, spiritually, I'm vegetarian. Morally. Like, I want to be.

Ed Gamble

Morally, I'm vegetarian. In practise, chicken wrap.

Katy Wix

Yes. In practise, Nando's.

James Acaster

This is going to be a fascinating listen back for you, I think, to hear-,

Katy Wix

I'm not listening to this back.

James Acaster

No?



Katy Wix

No.

Ed Gamble

Well, neither are you, James.

James Acaster

I won't listen back to it, no. But I think Katy, it would be interesting for you to hear where your answers always end up.

Katy Wix

Which is what?

James Acaster

So, like the question there was like, 'What's your Nando's order?' And at the end, you're like, 'And then I got anaemia.' And then, 'I know it sounds like a bad thing to say but like, I don't know what-', and then it's like, 'Wow, we're really ended up in a different place.' And that's not a criticism. I love the wraps in Nando's. I get a lot of grief for it from him.

Katy Wix

Why?

Ed Gamble

Because he puts pineapple in his.

Katy Wix

Yes, I do that.

James Acaster

Thank you.

Ed Gamble

Oh my God.

Katy Wix

I think that's delightful.

James Acaster

Thank you, Katy.

Katy Wix

Thank you.



Ed Gamble

Well, this is how it feels like to be in love.

Katy Wix

Sorry, carbonara, yes. Throuple? Room for another? A gap.

Ed Gamble

It's not a throuple. You've already got Tim Key and the vegan.

Katy Wix

We'll get rid of the vegan and put James in.

James Acaster

And the mysterious vegan, yes.

Ed Gamble

The unnamed vegan. The silhouette.

Katy Wix

The best carbonara I had-, I'm now, I'm getting myself back to the carbonara. I can do it myself. Don't need you guys. This could have just been a monologue. Was in Florence. It was a very touristy place. It was probably nothing authentic about I, do you know what I mean? But I just know it was delicious.

James Acaster

Cream in it?

Katy Wix

It was very creamy and I think that's the key thing for me.

James Acaster

Right.

Katy Wix

Yes, the creaminess.

Ed Gamble

But was it creamy from cream? Because this is what people kick off about, about a carbonara, when people put actual cream in.

Katy Wix

What else would it be if it wouldn't be cream?

Ed Gamble

Egg yolk creates the creaminess.



Katy Wix

Right, okay.

Ed Gamble

Because you're not supposed to, apparently-

Katy Wix

Hello.

James Acaster

A dog has just let itself in.

Ed Gamble

Toast has just let himself in.

James Acaster

Toast, you're the secret ingredient. You can't be here.

James Acaster

He's just come in.

Katy Wix

That's why he's got butter all over his back.

James Acaster

He's doing a little lap.

Ed Gamble

Toast, you know you're not supposed to be in here, mate.

James Acaster

Hello, Toasty. Everyone else has had to go home so Toast has been put in here. Is that okay, Katy?

Katy Wix

Why, because my answers aren't good enough?

James Acaster

Yes. Because your answers aren't good enough, we've had to introduce a dog to the podcast to make it more interesting.

Katy Wix

'We've had to have wacky sidekick because you're not delivering, love.'



Ed Gamble

Yes, so, apparently, you're not supposed to put cream in carbonara to get the creaminess. But you put egg yolk in carbonara.

Katy Wix

Have you made it a lot?

Ed Gamble

I've not made it before. I mean, I love it. I think it's delicious. It feels like the biggest treat, pasta wise.

Katy Wix

Maybe I'm going to make it. I've never made it. I mean, why would I? Yes, I just think it's delicious. I always knew it was going to be a pasta dish. I just think it's so comforting and it, kind of, reminds me of being a student as well. One of my best friends, Marianne, she's a really good cook and she would-, like if we went on a big night out and we'd get in at 5 in the morning or something off our faces, and she'd make a big pot of pasta. It would all be there the next day when you got up and you were, kind of, shaky and scared of what you'd done. And it would just be there on the stove, just you'd be able to dip into it and you'd feel a bit more, you know.

Ed Gamble

I'm glad that you said you don't drink much anymore, because the two stories about hangovers so far, you've been in tears and you've been shaky and scared of what you've done.

Katy Wix

Well, it's a depressant and people should have the guts to say that more. No, I'm just, I mean, I love it. I love being drunk. For me, two glasses of white wine on an empty stomach is, like, a really transcendental journey for me. I feel like I'm at the centre of the universe when I have two glasses of white wine on an empty stomach. I feel electric. I really do. It's an incredible feeling.

James Acaster

Yes. But I think that's a lovely main course.

Katy Wix

It'd be quite easy to make, no?

Ed Gamble

I feel like it should be, because-,

Katy Wix

I should say, I can cook. I just don't like it. I'm not terrible.

James Acaster

So, if you were on Can't Cook, Won't Cook, which one would you be?



Katy Wix

Which ones that-, I'm thinking of Big Cook, Little Cook. That's different, isn't it? That's the big guy and the little guy.

Ed Gamble

Okay, so there's two questions to answer here. If you were on Can't Cook, Won't Cook, which one would you be? And if you were on Big Cook, Little Cook, which one?

Katy Wix

Hang on, so let's break it down. Slow down.

James Acaster

Can't Cook, Won't Cook was the, Ainsley Harriott hosted it, it was a competition.

Katy Wix

But the more interesting question, isn't it, is who would be off-,

Ed Gamble

Big Cook, Little Cook.

James Acaster

Oh yes, sure.

Katy Wix

I'd be-, I actually can't remember. I can't picture-, I can picture them as both. But I can't picture it-,

James Acaster

Sorry, I'm now mixing it up with Big Howard, Little Howard.

Ed Gamble

Yes, it's not them.

Katy Wix

I remember that.

James Acaster

So, it's not Howard Read.

Ed Gamble

It was, Big Cook, Little Cook were originally a sketch comedy group called Electric Forecast.

Katy Wix

I'd be the normal sized one. That's too vulnerable, being that small.



Ed Gamble

And that guy is tiny.

Katy Wix

He agrees he's tiny. God, imagine if he wasn't. Be no show. So, what's Can't Cook-, I've not see that.

James Acaster

Can't Cook, Won't Cook was-, when we were growing up, it was on when we got home from school. Ainsley Harriott hosting it in the studio. There would be two professional chefs and they would each be paired up with a member of the public, one of whom can't cook and one of whom won't cook.

Katy Wix

So, I'd be won't cook.

James Acaster

You'd be on the 'Won't Cook'.

Katy Wix

So, what's the point of that?

Ed Gamble

You'd be Won't Cook, normal sized. So, those are the two questions.

Katy Wix

Normal sized, yes.

Ed Gamble

I was obsessed with Big Cook, Little Cook at university. We all were because one of my best friends at university looks exactly like Little Cook.

Katy Wix

And is Little Cook the one with the mullet?

Ed Gamble

Ginger guy with the glasses, yes.

Katy Wix

Right. Everyone's got a friend who looks like Big or Little Cook, haven't they?

Ed Gamble

Yes. Big Cook, Little Cook are the two white guys.

Katy Wix

Again, another great throuple for someone.



James Acaster

Imagine ending up in a throuple with Big Cook, Little Cook.

Ed Gamble

You'd have to be medium sized, wouldn't you, to be in a throuple?

Katy Wix

At least the cooking would be taken care of. Carbonara now. Big Cook, tell Little Cook now.

James Acaster

Your dream side dish, Katy Wix.

Katy Wix

It's just a small lasagne, if that's okay.

Ed Gamble

That is absolutely okay.

Katy Wix

Okay, good. Probably cold.

James Acaster

Really?

Katy Wix

Yes.

James Acaster

Very nice, very nice.

Ed Gamble

Really? Cold lasagne.

James Acaster

Yes. I love a cold lasagne.

Katy Wix

Because?

James Acaster

Well, a whole story about it but then I wrote a show and called it that.

Katy Wix

That's where I know you from, a show. I saw that show. Trying to place these guys all day.



Ed Gamble

Yes, I know, right. You thought he was Little Cook for a while.

Katy Wix

Fucking hell. That's where I know you from.

James Acaster

Ed was on Taskmaster with you.

Katy Wix

That's where I know you from.

Ed Gamble

Yes, we were on Taskmaster together.

Katy Wix

Finally, a catchphrase you're getting board with. I would have it cold because when the fat has all congealed the next day, that is heaven.

James Acaster

So good.

Katy Wix

Because I could decide between lasagne and carbonara. I've never had a bad lasagne. I'm quite obsessed with it, like Garfield.

Ed Gamble

How do you feel about Mondays?

Katy Wix

Yes, I mean I think Sunday nights are the worst.

Ed Gamble

Yes, that's true. That missed that trick with Garfield, didn't they?

Katy Wix

He should have said 'Sunday nights' in the speech bubble, rather than Mondays.

James Acaster

As a kid, man, those Sunday nights when you've got to go to school the next day.

Katy Wix

And the Antiques Roadshow music mocking you.



James Acaster

That was your TV thing on a Sunday night, was Antiques Roadshow?

Katy Wix

It was often the-, like the Sunday night drama. So, the Narnia one. That one.

James Acaster

The Borrowers with Ian Holm.

Katy Wix

Yes, exactly. I was thinking about The Borrowers just then when we were talking about Little Cook.

Ed Gamble

Little Cook.

Katy Wix

I was thinking about The Borrowers. They should do a Borrowers Can't Cook, Won't Cook. That would be good, wouldn't it?

Ed Gamble

Yes. Who's Can't Cook and who's Won't Cook from The Borrowers?

Katy Wix

Out of The Borrowers?

Ed Gamble

Arrietty won't.

Katy Wix

In fact, that's another one of my favourite meals. That would be a strong contender. Me and my mum used to have-, we'd have toast with pate on it and sit in front of the Sunday night drama.

James Acaster

We were so close to kicking you out of this. Twice now.

Katy Wix

Sorry, I've said it again.

James Acaster

Twice you've swerved it.

Katy Wix

Or, like, cheese and crackers. We'd have and watch Project Runway. You ever seen that?



James Acaster

No.

Ed Gamble

Yes.

Katy Wix

I love it so much.

Ed Gamble

Tim Gunn.

Katy Wix

Yes, Tim Gunn. That was the first thing I wanted to be, was a fashion designer. For ages when I was a teenager and I used to just draw dresses in my bedroom. I love Project Runway.

James Acaster

Were they good dresses, looking back, that you designed?

Katy Wix

The ones I drew or on the show?

James Acaster

No, the ones that you drew.

Katy Wix

Yes, I think they were good. They were always usually purple.

Ed Gamble

I'm trying to work out what I would watch on a Sunday night. I think Antiques Roadshow definitely played a part and I loved those old Narnia ones.

James Acaster

The old Narnia ones were so good.

Ed Gamble

Which, they released on DVD a few years ago and I watched them again and they are bad.

James Acaster

Are they?

Katy Wix

My friend, Greta's making it, isn't she? Greta Gerwig. That's her next film, is Narnia.



Ed Gamble

Is she?

James Acaster

You're on first name terms with Greta Gerwig?

Katy Wix

Yes, Greta. But also, my friend's dad played Mr Tumnus and that was a really big deal.

Ed Gamble

What?

James Acaster

James McAvoy?

Ed Gamble

No.

Katy Wix

No, in the original.

Ed Gamble

The originals.

Katy Wix

When I did National Youth Theatre, when I was probably about fifteen or sixteen, that was the first time I'd been to London actually. And I remember there was a girl on that course and it was the second thing out of her mouth. 'My dad's Mr Tumnus.' Have you ever read it?

James Acaster

Yes.

Ed Gamble

Yes. Read all of them, watched all those shows.

James Acaster

Little Christian boy.

Katy Wix

Yes, exactly. I was just thinking that.

James Acaster

So, little Christian boy, you get them read to you and then-



Katy Wix

He's such a big Chrisso, isn't he?

James Acaster

Yes. Massive Chrisso.

Katy Wix

A Grief Observed. That's actually brilliant as well.

James Acaster

The whole thing is a metaphor for Christianity. And he doesn't make it obvious if you're a little kid, until the very last book.

Katy Wix

A lot of allegory, very subtle.

James Acaster

The very last book, its like, he just lays it all out. 'Obviously, I'm talking about Jesus. Aslan's Jesus.'

Katy Wix

Of course you had to read them.

James Acaster

At the time, I thought it was great.

Ed Gamble

But I think Christianity would be more popular if they just went with Narnia instead of the Bible, because if Jesus was a lion, then I would have been on board with Christianity, I think.

Katy Wix

Sort of, replaced it all. Yes, if it was that weird mechanical lion in a suit that they had in that show.

Ed Gamble

I wanted to hug that so much when I was a kid.

James Acaster

You wanted to hug it?

Ed Gamble

Yes. I still think about it all the time. I want to hug Aslan so much.

Katy Wix

I looked quite a lot like Lucy. Is Lucy the dark haired one?



Ed Gamble

She's the smallest one.

James Acaster

The youngest one.

Katy Wix

Yes, I looked quite a lot like her as a child. The big bowl cut.

Ed Gamble

I love a little lasagne on the side of a carbonara. I think that's great because I'm a huge lasagne fan. I think it's probably, if I did a big detailed spreadsheet of all of my favourite things and all of my favourite foods, I think lasagne would come out on top, score wise.

Katy Wix

Yes, I agree.

Ed Gamble

It's phenomenal.

Katy Wix

It's too much food. It's overwhelming but, you know, this is a fantasy.

Ed Gamble

Yes, absolutely. And you're only having a little one, you said, on this side.

Katy Wix

A little one, yes.

Ed Gamble

Little cold one.

James Acaster

I'm interested.

Katy Wix

Finally.

James Acaster

How's this landed as the side dish and not the starter, and the chips are the starter and not the side dish? Because some people might think, traditionally, you'd had it that but it's very interesting that you've got it the other way around.



Katy Wix

It could have-, yes, you're right. That makes more sense. It could have been any configuration. All that mattered was they were all included. Does that make sense?

James Acaster

Yes. Do you think you might get some carbonara on your fork, twizzle it up and then stick it in the lasagne and then have both?

Katy Wix

That's a lovely idea. Yes, I often-, I was going to say often think of you, which sounded so ridiculous. I often think of you when I-, like, chips in milkshakes. That makes me think of you.

James Acaster

Yes, I love it. Yes, I've gone on record on this podcast how much I love it. I've been reprimanded every time. Now it been brought up again, my mum will text me again and tell me off for it again.

Katy Wix

Really?

James Acaster

Yes, she thinks it's appalling.

Katy Wix

When I talk to your parents about this podcast-,

James Acaster

Yes, you met my parents recently.

Katy Wix

Your mum said, 'I listen to it in the kitchen' and your dad said, 'I don't listen to it but I can hear that-,' I've forgotten your mum's name. 'Has it on in the kitchen and I walk through and hear bits of it.'

James Acaster

So, your dream drink, Katy.

Katy Wix

It was going to be a DC, Diet Coke.

Ed Gamble

DC, baby.

Katy Wix

It's just my favourite drink. I love it so much and-, oh, can I have an amuse bouche?



Ed Gamble

Yes.

Katy Wix

When does that come traditionally?

Ed Gamble

Right at the beginning. Because you've got to amuse the bouche.

James Acaster

Right at the start, but we'll chuck it there.

Katy Wix

Okay. A Trek bar, please.

James Acaster

Wow. First time anyone's chosen a Trek bar.

Ed Gamble

I think it's the first time that someone's requested an amuse bouche, and then also certainly the first time Trek bars have appeared on this dream menu.

James Acaster

Or even mentioned. What flavour?

Katy Wix

I like cocoa and I like the lemon ones, and I like the raspberry and white chocolate ones.

Ed Gamble

How often are you having a Trek bar?

Katy Wix

I'd say everyday. Well, here's the thing. So, when I'm writing, which I'm writing a lot at the moment. And I might write another book. I wrote a book. And food becomes, kind of, fairly perfunctory, do you know what I mean? Because when you're in creative flow, you don't want to stop. I don't know if you've ever experienced that, what that feels like. Because there's always that anxiety, isn't there, that you don't know when the muse is going to, she's going to come back and whisper in your ear again. So, me and my writing partner, we just have-, we don't really stop for lunch. We have Diet Cokes and Treks every single day, to the point where, we were embarrassingly joking the other day that if we won an award, we'd have to thank Trek bars. Because it's been such a big part of our process. At this point, Diet Coke and Trek bars are just the only thing that's keeping me going. Because I hate having to think about food. I hate having to stop and make something. I just like to eat the same stuff everyday. It feels really reassuring and safe and I can digest it well. And it's 9g of protein, it keeps my blood sugar even.



Ed Gamble

It keeps you ripped. The muscles going.

Katy Wix

Exactly. And we were just saying today, because when, another piece of work of that we'd recently finished, as a treat-, we'd been working on this script for about six months and we, kind of, got it finished. And we went round Harry Potter World as a treat. And I went semi ironically because I'm not massively into it.

Ed Gamble

You're not a Potterhead.

Katy Wix

I'm not a Potterhead. I'm not embarrassed to say if I am, but I'm just not. So, I went half ironically. I just thought it would be really a funny thing to do. And I don't know if you've been but-,

James Acaster

I've been.

Ed Gamble

Yes.

Katy Wix

As you approach the building, when you're in that long queue, the traffic cones are slowly turning into wizard's hats, which is a really cute detail. So, today, because we'd just finished another piece of work, we looked up to see if there was a Diet Coke factory as a treat that we could go to when we finished work. And so, we're looking for one and I said, thinking it would be funny, 'Do you think when we're standing in the long queue, the traffic cones will slowly turn into Diet Coke cans?' And we both laughed for about ten minutes. After about ten minutes, I went, 'Hang on, what are you laughing at?' And I was laughing at the idea of cones turning into Diet Coke cans because it's completely the wrong shape. He was laughing at the idea there'd be a queue. And then that made me laugh again for about another ten minutes. I don't know if that story translates.

James Acaster

I think it does.

Ed Gamble

It does, definitely.

Katy Wix

So, that was really fun today thinking, 'Well, let's find a Diet Coke Factory.' And we were, sort of, imagining it would be like the Box Factory in The Simpsons, like you'd get like a vat and you'd accidentally get boxed in with all the Diet Cokes on your way out. It was so cute.



Ed Gamble

Did you find one? Is there a tour available for a Diet Coke factory?

Katy Wix

We did find one. I think we got as far as working out where the nearest factory was and it's Wakefield. So, that's my dream drink and because I don't really drink very much anymore, it's the only thing I've got left that gives me a little-, it's my only vice, that little aspartame buzz.

Ed Gamble

When you open the Diet Coke, do you say, 'Diet Coke break' like that?

James Acaster

I think you might in part now and say it.

Katy Wix

No, I don't say anything. I'm respectfully silent actually. But I've been calling it DC for so long that I forget sometimes when I'll say to someone else, 'And one of those DCs please.' And they're like, 'What?'

James Acaster

You called Taskmaster 'TM' earlier.

Katy Wix

I did, didn't I? That's quite annoying.

James Acaster

Did you ever have a DC on TM?

Katy Wix

Every time. I mean, thankfully, you can not have a gall bladder and you can still have DC.

James Acaster

GB.

Katy Wix

GB, sorry. You don't need a GB to have a DC.

Ed Gamble

On TM or otherwise.

Katy Wix

On TM, yes.



Ed Gamble

On TM, in the studio, they bring you your cups in little coffee cups, don't they, no matter what they are.

Katy Wix

Yes, oh God, do you remember? I always think of my friend, who I went to Florence with, who I had the nice pasta with, my friend Henry was sat in the audience once and he said-, because someone, like a floor manager, comes over with a cardboard box that's got our drinks in and does this. And he said it looked like they were bringing out a box of kittens and that we were all doing this. Like, we just needed a moral boost of, 'Little break. Bring me the box of kittens, would you? Okay, now I can do TM.' So funny.

James Acaster

Do you want the DC straight out the can or do you want to pour in it a glass with some ice?

Ed Gamble

Or a bottle?

Katy Wix

I love drinking it out the can. Don't like a bottle. I like the can. I know that supposedly it's all covered in rat's piss and you shouldn't do that.

James Acaster

What?

Ed Gamble

What?

Katy Wix

People say, like, in warehouses and stuff that the rats crawl over the tops of the cans and you shouldn't drink straight from the can.

Ed Gamble

It's got to be out the can.

James Acaster

I love it out the can.

Katy Wix

I quite like, not loads of ice so it's been dispersed beyond-, straight up to the meniscus and above. I don't like that. But I like lemon and I always take out at least three ice cubes. Too much ice for me. It just gets very watery, doesn't it? If DCs not available, I'll have a DP but I'm not thrilled.

Ed Gamble

Dr Pepper?



Katy Wix

Diet Pepsi.

Ed Gamble

Well, DC's available in the DR. Of course it is.

Katy Wix

And in GB, yes. What did you say, DR?

Ed Gamble

DR. Dream Restaurant.

Katy Wix

Right. I was like, Republic of where?

Ed Gamble

Sorry, should have let you know, we're technically recording in the Democratic Republic of Congo. It's a tax thing.

Katy Wix

But my backup drinks are, if you asked, tea. Earl Grey tastes like soap to me. I don't think I'm alone in saying that.

James Acaster

Tea's a difficult one to abbreviate just to it's letter because it's the same.

Ed Gamble

It also sounds like a letter anyway.

Katy Wix

Yes, T, T, E and then you may as well say A. But also apple Tango sugar free I love. Fanta sugar free I love. Just all soft drinks that have aspartame and no sugar. I'm obsessed with all of them. Like, I have sometimes hurt myself from having too many fizzy drinks. It's like a stitch almost.

Ed Gamble

I used to have a big problem with DC. I was two litres a day, something like that, like, glugging.

Katy Wix

Yes. But also I really associate it with creativity. I don't know if you do. When I'm sitting down to write, it really feels like I need-, just me as is is not enough, I need something extra. It's like my version of cocaine to get me going.



James Acaster

How do you feel about this? This is a pet peeve I've got when going to restaurants or whatever when it comes to DC. Sometimes, I'll order a pint of Diet Coke, because I know that I'm just going to order more so I'll say a pint of Diet Coke. And they don't tell you, 'We actually don't have it on tap.' So, they go away and they've got those little bottles and they just pour two of those little bottles in. It doesn't come all the way up to the top and they bring it to you, and you realise that you've just been absolutely swizzed.

Katy Wix

I don't think that's ever happened to me.

James Acaster

Has that not happened to you before?

Katy Wix

No. I thought what you were going to say, which I hate, is when you ask for a DC and someone brings DP and they haven't said, 'By the way, it's not the exact thing.' Because they don't think it matters.

James Acaster

That can happen, sure. But this bottle thing has happened to me on more than one occasion now and I've been swizzed by it.

Katy Wix

I don't think I would notice. But is it just that it doesn't reach the top. Is that the giveaway?

James Acaster

It doesn't reach the top, so there's a good distance short it falls and then you realise they've just got those little-, also, those little Diet Coke bottles are too small.

Ed Gamble

Yes, who's drinking those?

Katy Wix

Well, I'd rather that and have the DC than nothing, I think.

James Acaster

Sure. Your dream dessert.

Katy Wix

Am I allowed one of those cake stands that has three plates, that kind of thing?

Ed Gamble

Yes, I reckon so.



Katy Wix

So, if that's the case, again because we never had sweet stuff in our house, I'm-, I don't really eat sugar anymore, so this is off hours eating. But on the first plate, I'm going to have a couple of those giant red strawberries and some white chocolate buttons. And then the second plate-,

Ed Gamble

The sweetsies? Not just giant red strawberries?

Katy Wix

Yes. No, sorry the gelatinous sweets.

Ed Gamble

The pick 'n' mix sweets.

James Acaster

Right, I get you.

Katy Wix

Those strawberries, some white chocolate buttons. And then the second plate, a small bit of cheesecake. And then the third plate, the apple crumble my mum used to make when I was little. There was an apple tree that was in the neighbours garden but it, sort of, bulged over into our garden. So, we were allowed to take those ones. And then me and my brother used to-, the really little ones that weren't ripe yet, there was a game when you had to throw them in the air, hit them really hard with a tennis racket and if the landing noise was metal, you got the roof of the farm, that was, like, 10 points. If it was a gentle duff, it probably landed in the field before the farm. So, that was the cool game we used to play with the apple tree.

Ed Gamble

You were built for Taskmaster. They would absolutely do the-,

Katy Wix

Yes. I was raised in that house, in the Taskmaster house. I'm a Taskmaster child. Alex was my dad. So, that was a really fun game so I've got fond memories of that apple tree. But when we hadn't plucked them off and hit them at the farm, mum would make apple crumble with those apples and it was incredible. And also, cheesecake was the first thing I learned how to make because you don't have to cook it. The joy of like, 'And that's it? And you just put it in the fridge and that's it?' And it felt really grown up that I could make this thing which was just some digestives, slam them in, Philadelphia, something else. I forgot what else you put in it.

Ed Gamble

Sugar is going in there, I guess.



Katy Wix

Yes, that sounds right. And put it in the fridge and that was it. And I still think it is-, I've never had, are they called American ones, the ones that have got structure?

James Acaster

The baked ones.

Katy Wix

Yes, I don't like those. I like just a normal, open one.

Ed Gamble

Creamy, just super creamy.

James Acaster

Vanilla?

Ed Gamble

Yes, vanilla, I guess, goes in there.

Katy Wix

Yes, vanilla. I'm trying to think if I've ever had different flavours. It wouldn't be a chocolate one or anything like that. Just a very quite plain traditional one. Again, it's the creaminess.

Ed Gamble

The creaminess, the tang from the cream cheese. The sweetness.

James Acaster

Lovely.

Katy Wix

Creaminess means a lot to me. It really does.

Ed Gamble

That's a great quote.

James Acaster

I'm guessing the white chocolate buttons and the giant strawberries were your favourite from the pick 'n' mix?

Katy Wix

Yes. I mean, there was a point where they were definitely midnight feast food for me as well. That would be the thing I'd get from-, there was one little shop in the village I grew up and the woman running it, she had disgusting fingers and those fingerless gloves on. And she had to get it, you were



allowed to get it yourself. So, these disgusting fingers would go in and you'd see it all go into the bag. But it was still delicious.

Ed Gamble

Like a Roald Dahl book.

Katy Wix

Yes. I went to the Roald Dahl museum recently and I'm the same height as Mrs Twit. I'm quite tall. I thought she was short. There's like a little thing you go in. Again, I went with the vegan. He was the height of James' father from James and The Giant Peach. I was Mrs Twit.

Ed Gamble

That's good though. To be the height of Mrs Twit is good.

Katy Wix

It's not good. He said, 'I don't want to tell-', I said, 'What am I?' And he said, 'I don't want to tell you.' And I was like, 'Go on. How bad could it be, the crocodile?' And it was Mrs Twit.

James Acaster

The vegan would love to be in a giant peach.

Katy Wix

Yes, too right.

Ed Gamble

He would love that.

Katy Wix

That was another treat we'd gone on because we'd done a lot of work.

James Acaster

Right, so now we all know who the vegan is. So, now everyone can now-, so, calling him the alias is completely pointless because you've already said your writing partner, you've already named your writing partner earlier in the episode.

Katy Wix

Oh yes. I just think he'd be shy if I say his name.

James Acaster

I don't think he'd be shy.

Ed Gamble

No. You said his name earlier.



James Acaster

You said his name earlier.

Katy Wix

Okay. We can cut it out and keep the mystery going if you like.

James Acaster

Yes, we can out whatever you want.

Katy Wix

You can do whatever you want these days.

Ed Gamble

Benito, bleep the vegan's name when Katy said it earlier.

Katy Wix

What was it like to win TM?

Ed Gamble

It felt pretty good. And then we went on holiday the next day so it was great. Went straight from TM to Luton airport, staying in a hotel and then-,

Katy Wix

That must have been thrilling.

James Acaster

That's what you win. People don't talk about that you win a holiday when you win Taskmaster.

Katy Wix

Yes, they don't. It's funny, isn't it. Whenever people ask me about it, they always say things like, 'You seem like you didn't want to win.' And I think I really did, but I think I just hid it well.

Ed Gamble

I think that's good though. I think that's the more dignified way to do.

Katy Wix

I didn't meant to. I took it as an insult, more like I didn't look passionate enough or something.

Ed Gamble

Well, you were brilliant at it. I think you did want to win. You were really good at it.

Katy Wix

Well, you were more brilliant at it. I think I was quite reserved.



Ed Gamble

I don't think you were reserved. I think with me yelling further down the line and then Baddiel doing whatever the fuck he was up to.

Katy Wix

Oh yes, I feel like I can't comment.

James Acaster

I can read you your menu back now, see how you feel about it.

Katy Wix

Okay.

James Acaster

You would like some dash water with lime, but before that, you want an amuse bouche of a Trek bar as soon as you get in. Poppadoms or bread, you would like Nadine's Street town house bread, not a piece of toast. Starter, plate of chips from Ely?

Katy Wix

Yes, from Ely. I think it was called Ruby something.

James Acaster

Ruby Chips. Main course, spaghetti carbonara from Florence. Side dish, a small cold lasagne. Drink, a DC with lemon and a bit of ice. Or straight out the can. What do you prefer?

Katy Wix

Straight out the can, please.

James Acaster

Dessert, three tier cake stand with giant strawberries and white chocolate buttons, small piece of cheesecake, mum's apple crumble. Listen to him, listen to Toasty. Your menu's made him hungry. How do you feel about that?

Katy Wix

I feel great about that. We're going out for dinner straight after this.

James Acaster

You and Toast? Toast'll love some worms actually, to be fair.

Katy Wix

It is very Roald Dahl, worm salad, isn't it?

James Acaster

Yes. Is that in The Twits? Does one of them get fed worms?



Katy Wix

I should know. I'm the same height as Mrs T. As MT.

James Acaster

I think she feeds him worms as some point.

Ed Gamble

Katy, thank you so much for coming to the Dream Restaurant.

Katy Wix

Thank you. Thank you very much.

James Acaster

Thank you, Katy.

Ed Gamble

Thank you so much to Katy for coming on the podcast. Do not forget her book, Delicacy, is available for purchase and a very fine book it is too.

James Acaster

Yes, go out and buy that. Thank you very much, Katy, for coming on.

Ed Gamble

She did not say a piece of toast, James.

James Acaster

Yes, that could have been dicey, but thankfully-, well, thankfully, for us, she didn't pick toast.

Ed Gamble

Thank you so much for listening. We'll see you again next week. Bye bye.

James Acaster

Good bye.