



Off Menu – Ep 244 – Sara Barron

Ed Gamble

Welcome to the Off Menu podcast, taking the kiwi of conversation and putting that in the fruit salad.

James Acaster

That's Ed Gamble, my name is James Acaster. Together we own a dream restaurant, and every single week we invite in a guest and ask them their favourite ever starter, main course, dessert, side dish and drink, not in that order, and this week our guest is Sara Barron.

Ed Gamble

Sara Barron, a wonderful comedian, James.

James Acaster

So funny, we've both seen her do stand up many times.

Ed Gamble

Yes.

James Acaster

Always has us laughing.

Ed Gamble

Yes.

James Acaster

Always has us laughing.

Ed Gamble

Ooh, she has us laughing.

James Acaster

Has us laughing our heads off. I've interviewed her before.

Ed Gamble

Yes.

James Acaster

On another podcast.

Ed Gamble

Oh dear, seems a shame to bring that up.



James Acaster

Excellent guest, is what I'm saying, I know we're in for a treat here.

Ed Gamble

Sara also has a podcast about television, James, that she co-hosts with Geoff Lloyd, who is a wonderful broadcaster and also Sara's husband.

James Acaster

What?

Ed Gamble

So, they did a very successful podcast about Succession, when Succession was coming out-

James Acaster

Oh, great.

Ed Gamble

And now they have pivoted that obviously great on-air and off-air relationship into talking about TV in general.

James Acaster

Okay.

Ed Gamble

So, do go and get that podcast, which is called They Like to Watch.

James Acaster

Now, listen. We love Sara Barron, but as always, if Sara picks a secret ingredient, an ingredient which we deem to be unacceptable, we will be forced to kick her off of the podcast.

Ed Gamble

Yes, we will kick her off the podcast, and today the secret ingredient is-

James Acaster

A Wendy's burger.

Ed Gamble

Wendy's burger, Wendy's burger, this is because Sara also does another podcast, which is, sort of, the official podcast for Wendy's burgers, James, it's certainly, I believe, sponsored by Wendy's burgers.

James Acaster

So, we are not throwing any shade to Wendy's here, by saying we don't like the burgers.



Ed Gamble

I ain't never had no Wendy's burger.

James Acaster

I've never had a Wendy's burger, we're little English boys. There's not a Wendy's near us, but also, it's relevant to the guest.

Ed Gamble

It is, and we've been to America, but I hate to say it, if I go to America, I'm not going to waste a meal on a Wendy's burger.

James Acaster

Well, listen, I would do that.

Ed Gamble

You haven't, you've been to America more than anyone else I know.

James Acaster

Yes, I've been loads, I've never had a Wendy's. But I will at some point, like, I went and had Popeye's chicken once, because I know we've got it here now, but we didn't at the time, so I was like, I'm just going to try this fast food chain.

Ed Gamble

Did you like it?

James Acaster

No.

Ed Gamble

Maybe if we ever go to America to record some podcasts again, we can go and get a Wendy's.

James Acaster

Yes, we should, we should get a Wendy's next time we're there, and see what all the fuss is about.

Ed Gamble

Yes, absolutely. But there will be a bloody fuss if Sara says Wendy's, because she's being kicked off the podcast and that would be a shame because I like her a lot.

James Acaster

Yes, hopefully that won't happen, but let's find out.

Ed Gamble

This is the Off Menu menu of Sara Barron. Welcome, Sara, to the dream restaurant.



Sara Barron

Gentlemen, thank you so much for-

James Acaster

Welcome, Sara Barron, to the dream restaurant, we've been expecting you for some time.

Sara Barron

Oh, this is just a joy, and I love when someone's energy is higher than my own.

Ed Gamble

Yes.

Sara Barron

It never happens for me. But it makes me feel like I'm in a safe space to really explode in my own way at some point.

Ed Gamble

Yes, good, well, we're looking forward to that, for sure. Very high energy acts, as well.

Sara Barron

I know, and I'm trying to tone it down-

Ed Gamble

No way.

Sara Barron

Because I think I once, in a different point in my life, I was teaching adult continuing ed at, like, a shitty school, I'd teach writing classes to adults, and we'd have to be observed by the Dean of this, kind of, bullshit school. And then he wrote this review of my teaching, it was like, I'd been doing this for 20 years, I'd never given this critique before, but would you mind speaking more quietly? And I think that something about, I think there's an oppressiveness to-, I mean, I'm sure I'm saying this to you now to get you to be like, 'Sara, no, no, no.' But I'm always trying to, like, dial down.

James Acaster

I'd say no.

Sara Barron

Rein it in for me, I think.

Ed Gamble

No, no, no.

James Acaster

There definitely is an oppressiveness.



Sara Barron

Yes, thank you.

James Acaster

But it's great, because you're now doing it in a world where that's welcome, I want that in your comedy act. I don't want to go and see a Sara Barron show and you're talking all quiet-,

Ed Gamble

Yes.

Sara Barron

And, sort of, deadpan, no, you want to be feeling exhausted.

Ed Gamble

Yes.

Sara Barron

People say that to me, they'll be like, 'You must be exhausted.' I'm like, this is not a compliment about my personality or my stand-up.

Ed Gamble

I'd say if that's the first thing they're saying to you after a show-,

Sara Barron

Oh, Jesus.

Ed Gamble

That's the worst.

Sara Barron

I know, I know, I know. You did it-,

Ed Gamble

You must be exhausted.

Sara Barron

I've a friend whose thing-, I will lie through my teeth about anything, like, a disingenuous compliment is my whole personality.

Ed Gamble

Good to know that, you've turned up and said we had nice skin-,



Sara Barron

No, no, let me just say, it's also my love language, or maybe it's my communication style. So, when I see someone, I do think that I go compliment, compliment, as a way of ingratiating, but it's sincere. I'm talking immediately after a performance of some kind, I have zero problem being, like, I mean, this is the best I've ever seen you, and I'm thinking to myself, whoa, you're terrible right now. I just have no problem being insincere. My friend cannot do that, and so his thing is that he will always go, 'You did it,' as a way of having a thing to say after something that's disappointed you.

Ed Gamble

Just something to say, 'You did it,' I would hate that if someone said that to me. 'How do you think that went?' is obviously really bad.

James Acaster

That's the worst.

Ed Gamble

'How do you remember it all?' I've had that before.

Sara Barron

'Were you happy with that?' is another one.

Ed Gamble

Also, I don't think I did remember it all.

James Acaster

You remembered that conversation though.

Ed Gamble

That's never leaving my head until I die, be the last thing I remember.

Sara Barron

These horrible things that people say.

Ed Gamble

I know.

Sara Barron

Anyway, yes, I feel like I'm excited, I was excited for, and then excited in the presence of, your high energy welcome, James.

James Acaster

Thank you, I'm happy that-, There was a lot of pressure on me, giving someone who is high energy, a high energy welcome.



Ed Gamble

But you're a genie, so high energenie.

Sara Barron

It was fun watching you come out of that little lamp.

James Acaster

Let's not even talk about the pun.

Sara Barron

It's very fun, it's very Disney princessy, Aladdin-y to me, is that the journey it takes most of your guests on?

James Acaster

Aladdin's definitely come up before, I'm not going to make out like Aladdin's never been, but it is quite, I mean, Disney princessy, how do you feel? I'd love to hear Sara Barron's views on the Disney princesses, maybe all of them individually, one by one, and the concept of Disney princesses as a whole.

Sara Barron

Generally not ready for that. I did some prep, and I don't feel ready, I can say that I had a period of my adolescence where I was, like, very into, what was the trio? Because I'm a bit older than the two of you, so it went like, there was Belle from Beauty and the Beast-

Ed Gamble

What's the hand movement you're doing there? Are you rifling through your memory?

James Acaster

It's like a little kitten pawing at something.

Sara Barron

I think yes, I think I'm a combination of a little kitten going meow meow-

Ed Gamble

And then also you're looking through the Rolodex of your mind.

Sara Barron

I think I am looking through my mind, so interesting, aren't I fascinating, boys? Okay, so there was Belle from Beauty and the Beast-

James Acaster

Little Mermaid.



Sara Barron

We're all early 1990s here, then we have Ariel, then we have Jasmine from Aladdin. So, those three I know well, anything after that I have zero awareness of Disney films.

James Acaster

Would you count Nala in The Lion King as a Disney princess, or no, because she's a lion?

Sara Barron

No, because by then I was a teenager, so I was through the princesses by then. I was very Barbie dolls, princesses and then age twelve, it was, like, done.

James Acaster

And what would you move on to? Is it not broadcastable?

Sara Barron

I'm just thinking, yes, I think it's not-, I think then I started writing in notebooks, I'm just sat here thinking, basically this is arguably an anecdote for a little later in our conversation, but I can go big at the beginning, I can go big at the beginning.

Ed Gamble

That's what we were hoping for.

Sara Barron

Yes, yes, yes. So, basically I went from playing with dolls to, there is so much fear in the eyes of the three men at the table, six eyes of fear. I went into diary writing, okay, and then diary writing, as I matured, turned into erotic diary writing that was clearly me having some kind of exploration of the issues that we all confront. And have you ever been less physically comfortable than you are right now?

Ed Gamble

Oh, no, I'm fine.

Sara Barron

Are you fine?

Ed Gamble

I want to hear some details of these diaries.

Sara Barron

Okay then, thank you so much, I will tell them. Essentially what it is is pornography written by a child.

Ed Gamble

I'm slightly more uncomfortable now, if you want me to keep a tally on it.



Sara Barron

But, but, okay, I understand how that's ratcheted it up for you, but stay with me here.

James Acaster

It's the word 'child'.

Sara Barron

It's the word child and pornography, no-one loves the combo.

Ed Gamble

I prefer the way round you said.

Sara Barron

What did I say?

Ed Gamble

You said pornography written by a child.

Sara Barron

Written by a child.

Ed Gamble

That's the way round I want those words to be, if they have to be said near each other.

Sara Barron

Correct, not a problem, thank you, thank you for the guidance, thank you for the guidance. And also if it makes you guys feel more comfortable, the characters in my head as I was writing them, they were, like, eighteen, okay? So, I'm, like, twelve, and my characters whose story I am writing are eighteen.

Ed Gamble

The protagonist is eighteen.

Sara Barron

The protagonist, Jenny-,

Ed Gamble

Because for a second I thought you were saying the other characters were eighteen. Because that would make me feel way worse.

Sara Barron

No, no, this is from the mind of a child-,

Ed Gamble

But you're talking about-,



Sara Barron

But she's thinking, to her, right-,

Ed Gamble

Jenny's eighteen.

Sara Barron

The coolest people if you're twelve is a seventeen year old, are you kidding when you're twelve.

Ed Gamble

Let's say eighteen.

Sara Barron

You want eighteen? Not a problem, I get it, I get it, okay. So my spelling is bad, but I'm using proper language because that was how I always write, proper language. So, repeatedly I make mention of boobs, but I spell it bobs. Repeatedly I use the word penis, but I spell it pinis. So, it will be like, I took my bobs and I put them on his pinis, very, very, very strange. And then I didn't, like, there was, if you guys want to avoid eye contact in this next part, that's completely fine.

Ed Gamble

I'm looking right at you.

Sara Barron

It's so, there's so much empathy in what you're doing, in a way, I really want to carry her through this-,

Ed Gamble

But also I want to make sure you keep talking about it, because I am finding it very funny.

Sara Barron

Okay, okay, that's good. And weird shit happens, like, so I had a thing, I don't even think it was a sexual thing, I just think it was an interest in Michael Bolton. Was he a thing over here?

James Acaster

Sure.

Sara Barron

Wait, Ed, listen to me, Ed, Ed, Ed, you couldn't have sex unless some song from the album Time, Love & Tenderness was playing. So, a consistent feature is, hold on, I've got to go put on some Michael Bolton, and you always had to have champagne.

Ed Gamble

Yes, of course.



Sara Barron

You could not have sexual intercourse without-

Ed Gamble

Without champagne.

Sara Barron

That was, sort of, how you began, and then once everyone was done, was like-, And then I didn't-,

James Acaster

Was Jenny having sex every day?

Sara Barron

Yes, she had sex multiple times a day, every day, and she'd go to a car, do you know, she'd do it in a car.

Ed Gamble

But there'd have to be champagne in the car, right?

Sara Barron

There's champagne and Michael Bolton, it's just there. She'd go to a party and be, like, 'hey, hey, you feel like doing it tonight?'

Ed Gamble

Oh wow, that's very forward.

Sara Barron

'Hey, you feel like doing it tonight?' And then the guy would be, like, 'Yes, I can do it tonight,' and then they'd go into a room at wherever the house party was, and he'd be like, 'Would you like a glass of champagne?' And then you put on the music and you do it.

Ed Gamble

Get his pinis out.

Sara Barron

Get his pinis out. But interestingly about his pinis, is that I didn't understand, I thought the reverse about erections.

Ed Gamble

What, you thought they were hard all the time and they went soft for sex?

Sara Barron

Quite, basically, when I hear someone else say it back to me it's so much better. It was that I thought if an erection went on too long, you had to stop, like, calm that pinis down, I can't do this any more.



Ed Gamble

Yes, it's too, it's too hard, yes, yes, yes.

Sara Barron

We've got to soften that pinis for this to continue. The grand finale was I didn't understand, certainly for women, the idea of orgasms was very unclear.

Ed Gamble

I mean, good.

Sara Barron

Yes, thank God, right? And I would-,

James Acaster

What do you mean, good?

Ed Gamble

Well, I just, I would be more worried if Sara when she was twelve was writing with a full knowledge of all sexual intercourse.

James Acaster

Well, I don't know, I mean, a lot of women would say that those kind of things need to be taught about more from an earlier age.

Sara Barron

I would agree, but I wasn't the one to carry that weight, I couldn't be educating the masses.

Ed Gamble

I'd say let's work on the spelling before we get into the education. I think if you can't spell penis, you shouldn't be allowed to see one or touch one.

Sara Barron

Agreed.

James Acaster

Sure, sure. Nobody's going near my pinis.

Sara Barron

And I feel the need to say, I think where this came from was a complete lack of exposure to anything real.

Ed Gamble

Of course, yes.



Sara Barron

Like, I don't think I saw a piece of actual pornography until I was, like, 20, I mean, really remedial shit.

James Acaster

Well, you didn't need it.

Sara Barron

Look at this brain, boys, this big brain, this sexy brain. So, there'd be, like, talk about mounting feelings, but then I didn't understand what would happen, and so the characters would just piss all over each other. Oh, and then his pinis something and I peed on him.

James Acaster

Wow.

Sara Barron

I feel we've really opened with one of the most arguably, oh did you not see the pee pee coming?

James Acaster

No, there was no ramp up to it, you gave no, there were no disclaimers, it was just straight into, 'They peed all over each other.'

Sara Barron

Oh, because that was, and then she peed on him.

Ed Gamble

So, when Jenny was doing it with someone, the house party, go into a room, champagne, Michael Bolton, and they'd look at each other and then just both urinate on each other straight away?

Sara Barron

No, I said humping a lot, it would be, like, humping, humping, humping-

Ed Gamble

Piss.

Sara Barron

Can you believe, what a thing?

James Acaster

Sure, I can believe it.

Sara Barron

I've thought about this little diary that I kept quite a few times in my life, but the transition from dolls to princesses to writing my own stories, I never thought of those things as part of a continuum, but I think they are.



James Acaster

There you go, that's what happens if you ask Sara Barron who her favourite Disney princess is.

Sara Barron

I mean, I didn't even know we would go there, but great.

James Acaster

Well, look, on the subject of urination, still or sparkling water?

Sara Barron

Okay, I'm one of these people, I feel attacked by sparkling water. There's a situation where I wouldn't, but I feel generally, water is to hydrate, and/or if I am having a lovely meal out and part of the plan for the evening is I'm going to drink, I have a real fixation on never getting too drunk. I love the taste of alcohol, but I don't particularly love drunkenness, so I feel the water is there to hydrate, to help me. Sparkling water is, like, to me, it's there as, I drank a lot of sparkling water while I was pregnant. It's a prop, not a hydration device.

Ed Gamble

So, if you're not drinking alcohol, you would have sparkling water?

Sara Barron

Yes, if I'm going through a phase where I'm like, 'I'm going to be good,' but I feel no true meal is complete without a beverage other than a regular water, I might go still, sparkling, heavy on the ice and many pieces of fresh lime squeezed in.

James Acaster

Fresh lime's important.

Ed Gamble

Do you not like sparkling water because it reminds you a bit of champagne, and you don't want to piss over everywhere?

Sara Barron

It's possible.

James Acaster

Do you drink champagne much now?

Sara Barron

Oh, that's interesting, do I drink? It's a little, I'm, like, really cheap, bitch, and I didn't even really know that until it was explained to me about myself by various friends and my husband. But I'm also a real snob, so don't give me a Prosecco, no, I want some expensive fucking shit from France that's going to cost me £25 for a glass, but I'm also never willing to spend that. So, it lives in this hinterland of things I so desire, but won't treat myself to.



Ed Gamble

But then if they suddenly said, 'Oh, we're doing a deal and all this champagne's really cheap today,' would that stop you drinking it because it was cheap?

Sara Barron

Oh, no, no, no, because the point is it's expensive, I'm just getting it at a deal. My husband and I, one night we were going over to a friend's house for dinner, and they had had a couple, and they had had some wonderful news, they were recently engaged to be married, he had just had a wonderful professional milestone, and we're walking over and I said to my husband, I was like, 'We should pick up a bottle of champagne.' And he looked at me, like, 'Look how much you've grown, yes, that's a lovely thing that a grown-up would do.' And I walked into this liquor shop and I saw how much it would actually cost to buy a bottle of champagne, and I said to my husband, 'I physically cannot do this, so you go in there and you spend fucking £50 on these assholes that I need to fucking celebrate tonight.' Just that cheapness lives inside me, and that's a lifelong project.

Ed Gamble

That's nice that the intent was still there. So, you knew that you wanted to do that, but you just couldn't physically commit the act yourself.

Sara Barron

But I told my husband to do it, you know what I mean, so I did, I think it is, if I may spin this to a positive, it is showing some amount of growth within me. So, I now know the appropriate way to behave, it took me until my mid-thirties to understand how other people act when they're decent humans, and now it's hard for me, but I'm always trying to force myself to be the change that I want to see in my family.

James Acaster

Poppadoms or bread? Poppadoms or bread, Sara Barron? Poppadoms or bread?

Sara Barron

Okay, I had a last minute shift on this one. Up until the point of entering your fine offices, I was going to go poppadoms, specifically because bread to start a meal is, who doesn't love bread? I mean, I know those people are out there, but I, sort of, believe that something strange emotionally has happened to them.

Ed Gamble

The people that don't like bread?

Sara Barron

Yes.

Ed Gamble

Or are you suggesting gluten intolerant people have done something in a previous life?



Sara Barron

I'm suggesting that gluten intolerant people are fucking liars. No, I'm just joking. No, I'm saying it's a very unique thing to not love, so the truth of my love-

James Acaster

Is that the title of one of the stories?

Sara Barron

Maybe. Once in a while, I hear myself say sentences and I know it sounds way too American, and then I'm always wishing I could rewind.

Ed Gamble

The truth of your love?

Sara Barron

The truth of my love is bread. So, I think I should say bread, even though if I was truly sitting down to a three course meal, I would go poppadom just for the lightness of it all. Final answer, bread, but plot twist, and after being so judgemental of people who don't like bread, I cannot eat butter.

Ed Gamble

Wow.

James Acaster

Okay.

Ed Gamble

You just can't?

Sara Barron

No, I've always hated it, and butter baked into something, whatever, so if I sit down to a meal and I can see some really nice bread, what I want is the finest of olive oils dipped into a little ramekin, and then some very expensive sea salt to sprinkle into that olive oil, it's almost green, dip the sourdough, that's what I'm picturing, into the olive oil.

James Acaster

So, no balsamic, but you would like sea salt into the olive oil itself?

Sara Barron

Yes. I have grown out, I worked in an Italian restaurant for, like, six years in my twenties, and something about that process inched me out of my love of balsamic.

James Acaster

Wow.



Sara Barron

Have you guys had an aceto?

James Acaster

No.

Ed Gamble

What?

Sara Barron

It's an aged balsamic, so think of a thicker, finer balsamic.

Ed Gamble

Then I have, then, I just did not know that that was the name for it. I enjoyed that, what about it, seeing it every day, has stopped you liking it now? Do they do something to it in the back?

Sara Barron

No, no, no, they didn't, I think I felt like I experienced, and it wasn't even like that, one of these places, it wasn't particularly fancy but back in the day when it first opened it was cool, man. So, they're doing some cool, right, an aceto, and there was some bit of snobbery about it that I think was actually unfounded, but it must have wormed its way into my brain. I think what I feel is that most of the times I would ask for a balsamic, I wouldn't love the balsamic, I trust the olive oil, but not the balsamic. It would be too watery.

James Acaster

Yes, I mean, come to think of it, I'm not anti balsamic, but I'd pick olive oil every day, out of the two.

Ed Gamble

Well, it's not normally one or the other, is it? But, I mean, balsamic had a real day back then, you know, it was big.

Sara Barron

Huge.

Ed Gamble

And it was in everyone's kitchens for a while, put it in all the salads and stuff. Now, I ain't going near it. There are other vinegars I prefer, I'll just say it, I'll put it out there.

Sara Barron

Go, what are you going for?

Ed Gamble

Apple cider vinegar, I'll put that in a dressing with mustard every day of the week compared to balsamic.



Sara Barron

Are you making a lot of dressings? You seem like a guy who would make a lot of dressings.

Ed Gamble

Not at the moment.

James Acaster

He looks like a guy who'd wash his face before bed.

Ed Gamble

Well, that was a conversation before the podcast.

James Acaster

Oh, still.

Sara Barron

People should know, you're both glowing today, and I was interested, upon entry, in your skin regimes, because I've been suffering some problems at the moment, I'm interested in what other people are doing. Big reveal, Ed doesn't wash his face before he goes to bed. If I were one of your listeners, I'd be so into that detail about you.

James Acaster

That's amazing.

Ed Gamble

Well, there you go. Natural oils, you've got to let the natural oils swim around, and I naturally produce balsamic as well.

James Acaster

Do you now?

Ed Gamble

Yes, yes.

James Acaster

I didn't know that.

Ed Gamble

Well, black goo, same thing, isn't it?

James Acaster

Hosted this podcast with him for a long time now, and I didn't know that he excretes balsamic from some part of him, I don't know.



Ed Gamble

Yes, I think apple cider vinegar. People wash with that or something, don't they, or they drink it? I don't know.

Sara Barron

Yes, my mother drinks it, she's really into that stuff and she does some shit with apple cider vinegar, actually, now that you mention it.

Ed Gamble

White wine vinegar, better than balsamic.

Sara Barron

These are for your dressings?

Ed Gamble

Yes. Apple cider vinegar, rape seed oil and wholegrain mustard is a lovely dressing.

James Acaster

Well, there we go. You heard it here first.

Ed Gamble

Or I'll use, I'll even use soy sauce, sesame oil and rice wine vinegar is a good dressing, if you want to-,

James Acaster

I love the sound of that one, that piques my interest more, I love sesame oil.

Sara Barron

Where do you guys stand on the idea of an incredible salad? Does it exist, as far as you're concerned?

James Acaster

Oh, yes.

Ed Gamble

Yes, just a bit, love salad. No?

Sara Barron

Really?

Ed Gamble

Yes.

Sara Barron

Do you think you've learned to love salad, but you tell yourself, no?



Ed Gamble

No.

James Acaster

Let me tell you, recently, just last night, so there's a salad that I've really got into lately. I get it on Deliveroo, to be fair, so it's not even like I make it myself, but Mildreds do this amazing artichoke Caesar salad, and my go to from Mildreds used to be this rice bowl with fried tofu in it, delicious, and kimchi, and just as a side I got this salad one day and I was like, whoa, we got ourselves a new headline. I don't even care about this tofu dish any more, and yesterday, I was, like, so excited, thinking all day, I can't wait to get that artichoke Caesar salad later on, delicious.

Sara Barron

Very interesting.

Ed Gamble

The possibilities are endless with salad.

Sara Barron

Do you guys, answer individually, do you make a big effort to watch your girlish figures, both of you? Because Ed, I think of you as, I've eaten a meal with James, but I've seen you eat a meal. And it was a very-, I think it was in the run up to your wedding and you were, like, in a zone with your eating.

Ed Gamble

Yes. I'd say that you've not seen me eat a meal.

Sara Barron

Okay, very fair.

James Acaster

That was a different time.

Ed Gamble

You know, I'd say 60% of the time I'm probably eat fairly healthily and then 40% of the time I absolutely go to town. It's my biggest joy.

Sara Barron

Yes, and I think that's exactly-, is the same true for you James?

James Acaster

I don't know really. I mean, I haven't really had to think about it until recent times and my metabolism went, 'Now you have a more normal metabolism, bad luck.' Yes, I definitely do think about it, but also I just can't-, I love eating unhealthy food, but I can't do it all the time. I just feel like, 'Ugh.'



Ed Gamble

I get a hangover from food now.

Sara Barron

Yes, yes, yes, same.

James Acaster

That salad thing isn't even trying to be-, it's just so delicious.

Sara Barron

You see, you're listening to your bodies.

James Acaster

Actually the opposite, I have to override my brain which thinks that this can't be a treat because it's a salad. You can't love this as much as you think you do, because this is just a boring salad. I've got to actually override that, and go, 'No, I do love it.' And I'm almost not going to order it, just because I think it's boring. But actually, this is what I want right now. And often, I'll order something thinking, 'No, this is what I want.' Like, something that's not as good for me. And I'll know it's not really what I want.

Sara Barron

But you're trying to treat yourself.

James Acaster

I'm on autopilot. And then I'll be eating it going, 'This is disgusting. I never even wanted this. What the hell is wrong, what am I doing?' And I'm just like, 'I wish I just got that salad that I actually-, that's what I really wanted.'

Sara Barron

But you were trying and failing to treat yourself, essentially.

James Acaster

I think my body is on that, kind of, auto pilot, you know. The first thing I did when my pocket money went up to £2 as a kid, was say to my parents, 'Can I spend this all on sweets?' That was the number one question. So, like, that's what my brain is geared towards. Is, 'I'm going to spend money on food, can I spend it all on sweets?' Can I spend it all on stuff that is, like, naughty treats. And actually, I don't always want that.

Sara Barron

No, but you're still, sort of-, that's still within you from your childhood.

James Acaster

Yes.



Ed Gamble

So, you're from America, of course.

Sara Barron

Of course.

James Acaster

Congratulations.

Sara Barron

Thank you, what an accomplishment.

Ed Gamble

Now salad sometimes in America means just something covered in mayonnaise, right? Is that fair to say?

Sara Barron

I think that's fair to say, that's why I think I still don't understand the decency of salad.

Ed Gamble

But like, literally, like chicken salad would be chicken and mayonnaise mixed together, right?

Sara Barron

Chicken-,

Ed Gamble

Are you aware of that?

Sara Barron

Yes, I mean, there was a place growing up where you go and you get the taco salad, and it was the most repulsive thing, it was, like, disgusting black olives. Some cold, unseasonal tomatoes, a half of a boiled egg and cauliflower florets and then some disgusting dressing on top of it. That, I think, I am still trying to unlearn that as to what a salad is.

Ed Gamble

Coastal towns in the US, especially in California, what great salad places.

Sara Barron

I know, but I didn't grow up there.

Ed Gamble

No.



Sara Barron

I feel bad speaking this way of my native town, but I'm from right outside Chicago and I feel like my feeling on too many Chicago establishments, too much sauce. Too much sauce, over sauced, as a city, it's over sauced. Too many TVs in the restaurants there. I love TV, I think it's the thing I love as much as I love food.

James Acaster

You do a podcast about it.

Sara Barron

I do a podcast about it. I love my television, but I see a TV in a restaurant and I go-

James Acaster

Bad restaurant.

Sara Barron

No, it's like garnishes on cocktails I think reveal everything about a restaurant.

Ed Gamble

Okay.

Sara Barron

I think a TV on the wall makes me go, 'Nah.' I know that's very snobby, but I've also had it, you know, this is based on experience.

Ed Gamble

But also, you've also already called yourself out for being snobby at the beginning of the podcast, so you can just go hell for leather now.

Sara Barron

I can just say whatever the fuck I want now.

Ed Gamble

Talk me through the garnishes on the cocktails theory.

Sara Barron

Okay, you're ordering a Manhattan. Here are three things the Manhattan can come with. Number one, a Maraschino Cherry. Are you picturing that, bright red?

James Acaster

Yes, got it in my head.

Sara Barron

Good, number two, a brandied cherry. You picturing that?



Ed Gamble

Darker.

Sara Barron

Darker, number three orange zest. Now, to me, Maraschino cherry says, 'You're in a fucking dumpster heap here.'

Ed Gamble

Might even come in a plastic glass as well.

Sara Barron

Exactly.

Ed Gamble

Sure, sure, don't mind that.

Sara Barron

You don't mind it?

Ed Gamble

Not really.

Sara Barron

Oh you want-,

Ed Gamble

If I'm in a dive bar, I love that.

Sara Barron

Would you order a Manhattan in a dive bar?

Ed Gamble

Probably in the States.

Sara Barron

Yes, but not over here, right?

Ed Gamble

No, no. Well, also, there are not really dive bars here. Because dive bars here are self consciously, like, US dive bars, so they're probably better bars because they're like, and they're going, 'Oh, we're all about the aesthetic and the drinks.'



Sara Barron

Yes, this is so funny. I've completely forgotten this, but I think, 'Right when I lived in the States, yes I would've had a cocktail in, like, a dive.' And we all would've been like, in or whatever it was.

Ed Gamble

Also, it's a strong pours as well, like, proper just pouring a whole glass of bourbon yes.

Sara Barron

Get it in there.

James Acaster

Shout out to Sam's in Austin Texas, holy she-at.

Sara Barron

Did they really get you wasted?

James Acaster

I tried to get tacos from a place that was shut, so we just took a chance on Sam's barbecue. Went in, some of the best ribs I've ever had in my life. Then they were doing takeaway Daiquiris and so we were like, 'Yeah, we'll get these for the road.' We were walking back to the hotel, they were insane. They were all the colours of the rainbow, and tasted like, the amount of sugar that's probably in a rainbow, if you drank it. Like, it was bonkers and so much booze, delicious.

Sara Barron

Can you handle that without puking?

James Acaster

Yes, I did but, like, when I laid down to go to bed, never from just one drink before have I felt like, 'I'm going to space, this is like-,'

Ed Gamble

I think you need to go in there knowing the amount of booze they're putting in them. Because then I don't drink them at the same speed as I would drinks in the pub here. So, I'm not having, like, four of them, I'm having two probably, but I love the dive bars in the US. But here I think the dive bars are shit pubs, they're the equivalent.

Sara Barron

The UK does so many things beautifully, but not a dive bar, does it?

Ed Gamble

No.

James Acaster

Your dream starter Sara Barron.



Sara Barron

Okay, so I've realised about myself, because I think as the gentlemen here do, I think about food, and I think about thinking about the food all the time. And so, it's interesting to me to have a new thought about food which I did trying to come up with my dream menu. Which is, I don't think I ever truly crave a main. I think it's possible that every food I have ever gone, 'Oh my God.' Is some version of a starter. So, this part was very difficult and then there was, like, nothing I truly wanted as a main. So, I think my number one starter is the dream plate of nachos. The most incredibly done nachos that you have ever prepared. My brother is a professional cook and I was back in Chicago for a birthday, I don't remember how old. And he said, 'Like, what do you want for dinner?'

Ed Gamble

He's a professional cook in Chicago?

Sara Barron

Yes.

Ed Gamble

Is he The Bear from The Bear?

Sara Barron

My brother-, listen to this. My brother trained at Michelin restaurants, like, did the whole thing in Spain, doing all that shit. Comes to Chicago, trains in all these, like, Michelin restaurants and then opens a sandwich shop. And so when The Bear started, they go to my brother and they're like, 'Would you consult on this show?' And my brother is like, 'This sounds fucking stupid, and no.' And turned it down and now he's like-, because we pre-talked, our pre-chat was Bear related. My brother and I think a lot of other industry professionals do not die for The Bear in the way that some of the rest of us do.

Ed Gamble

Sure.

James Acaster

Of course.

Sara Barron

But now he's watching it being like, 'I can't.' It's such a phenomenon, so on the one hand he, like, hates it because he doesn't feel it's a realistic representation, but that is his story and his journey. So, now if you guys are in Chicago you will have to go there for one of his sandwiches.

Ed Gamble

Only if he was a consultant on The Bear, I would go.

James Acaster

Yes, I'm going to eat at his place.



Ed Gamble

No, I'm too busy, I'm going around all the places that are owned by people that consulted on The Bear.

Sara Barron

Except my brother's sandwich truck, except my brother's sandwich truck.

James Acaster

I only eat food by people who are consultants on The Bear.

Sara Barron

Just show up there, look for someone who looks a little bit like me but younger and a man. And then just say that and then leave.

Ed Gamble

And for listeners James is wearing a t-shirt from The Bear.

James Acaster

I am currently wearing the original bear of Chicago land.

Ed Gamble

So, this is mad, this is mad this has happened.

James Acaster

This is mad that your brother is The Bear, but also isn't' The Bear and hates The Bear.

Ed Gamble

Is your brother a hottie.

Sara Barron

Here's whether or not my brother is a hottie, are you ready for this?

Ed Gamble

Yes. They tried to use him as an arm consultant on The Bear.

Sara Barron

No, so my brother was, like, not attractive, he was this very round, round boy. Which is great, be a little round boy.

Ed Gamble

Yes.

Sara Barron

Fine, grows up and is like, something happened and he's still a huskie boy, huskie, huskie, but he got attractive. And there was this, sort of, window between him growing and, like, being on track and before



he had three kids and life gets difficult. And my friends would be like, 'Your brother is so hot, like, whatever, your brother is hot.' I'd be like, 'Okay.' And my parents are obsessed with my brother's hotness. In our family, I am the natural by-product of my parents, like, they're these two people and they're how they are and I'm the child that they would have.

Ed Gamble

The perfect combination of all of their things.

Sara Barron

I would say the shitty combination of all of their things, but thank you for the compliment.

Ed Gamble

No worries.

Sara Barron

And then they had-

James Acaster

We won't be able to talk you out of what you've just said, but fair enough, carry on, whatever.

Sara Barron

Then they have this boy, and he is this blonde, beautiful, perfect creature. They cannot believe that they made this child who is so perfect. My sister-in-law, dark, but it will get funny again, I hope. Her father passed away and I went to the-, they're a Jewish family so I went for the Shiva, which is, sort of, like, the wake. So, that's the environment, it's a Shiva and people are mourning. It was one of the occasions where my sister-in-law, was, like, introducing my brother to all these friends and family for the first time. I'm there with my parents and my father kept going, 'Watch people look at your brother for the first time. Watch people look at your brother. They can't believe how handsome he is. Watch-, the next time she introduces-, ' They're, like, obsessed with his beauty. He's not-, what I always say about my brother's attractiveness is if I say nothing about it to people and then they meet my brother, they're like, 'Your brother is kind of hot.' If I go on about it, now when you guys see him you'll be like, 'You really oversold how hot your brother is.' So, this has been this thing and in my late twenties and his, sort of, early to mid twenties, I was like, 'Oh, I guess my brother is, like, a babe.' I spent a summer in Chicago, so he has always lived in Chicago and when I was in the States I was mostly in New York. And I was cycling, it's a great cycling city and there are all these really-, like, six way intersection things, or whatever. And I'm cycling, I'm like 28, I'm adorable. I'm peaking, I'll say it, you can say it but I was a-peaking. I'm like a girl on a bike, oh my God, oh my God. I see across the way, I see an adorable man, also on a bike and he looks at me, and I was just like, 'Oh. That, like, cute boy is looking at me, that's so great.' Like, what will come of this because we're going to cycle past each other. But just that's a lovely and flattering moment.

Ed Gamble

Did you kiss?



Sara Barron

That would happen later. The light turns green, we cycle, cycle. We're looking at each other. We're fucking looking at each other, we get close enough, I'm like, 'That's my brother. That would be my brother.' We stop, I'm like, 'I thought you were working.' We never spoke about it, like we were 100% checking each other out, never spoken about.

James Acaster

How do you know he was checking you out, and he wasn't just like, 'Oh, there's Sara, my sister.'

Sara Barron

Because-, I'll tell you, first of all, that hurts my feelings. Second of all, second of all, because of the awkwardness. That could feel, and then years went by and I, like, started I was like, 'That's like a funny thing that happened.' And my sister-in-law does not find it amusing. But I think it was the moment where I was like-, Benito is not pleased.

James Acaster

Did you brother confirm that this was what happened, because your sister-in-law doesn't like it, so I presume-,

Sara Barron

I've never said to my brother, with whom I like to think I have a close relationship, not sexual, let me add.

Ed Gamble

That's fine.

James Acaster

You didn't have to add that. I guess if you're living in a world where you have to add it, you've got to wonder why.

Sara Barron

Do you guys know that incest is, like, actually very common. I've never fucked my brother, for real, but did you legit know that, like a lot of people are fucking their sibs, or doing shit?

James Acaster

No.

Sara Barron

Another conversation.

James Acaster

I don't think that's true.



Sara Barron

It is true, we can talk about it another time, but the thing is that I think a lot of people are experimenting with family members, maybe it's more cousins.

James Acaster

I don't think that's true.

Ed Gamble

I don't think that's true.

Sara Barron

I'll find the statistic and send it to you.

James Acaster

How are they even getting those statistics? Who is admitting to that, let alone that many that it's common.

Ed Gamble

Please don't send me those statistics.

Sara Barron

I'm live tweeting it to you now. I've never said to my brother, 'Can you please confirm, in 2008.'

James Acaster

Ben has never had to write on his list of things in the podcast, incest. He has never written on his notepad, he has never had to do that before.

Sara Barron

Bring the heat mother fuckers. My brother, made me some wonderful nachos.

Ed Gamble

Thank you.

Sara Barron

For what I believe was my 36th birthday. He home-made the tortilla chips, they were like, freshly fried. He made a moules sauce, it went heavy on the home-made-,

Ed Gamble

Just even the way you're talking about the nachos, I can't-, you want to bang your brother.

James Acaster

It's so obvious.



Sara Barron

This is not fair.

James Acaster

It's so obvious.

Sara Barron

I think he's a great guy.

James Acaster

Yes.

Sara Barron

But I don't want to bang. I don't want to bang.

James Acaster

Yes.

Ed Gamble

Describe the nachos more.

Sara Barron

Alright, you guys. So tasty in my mouth. I'm trying not-, you know, I'm trying to talk about food in a serious way now, I'm trying to bring it back.

Ed Gamble

Well, the nachos sound lovely.

James Acaster

They do sound good nachos, they sound great, yes.

Sara Barron

Whatever. You know what, I think if you talk to my parents, they would sound like they'd want to bang him too. I think there's this weird fixation in my family with, like, my brother's excellence, and the rest of us are like, these pieces of shit, who just get to wander around and be related to the King. That is the attitude.

James Acaster

Sounds very difficult, but that sounds like a wonderful starter.

Ed Gamble

Is there meat on the nachos?



James Acaster

No.

Ed Gamble

Guacamole?

Sara Barron

Yes, obviously. No nacho without guac, perhaps skip the cheese, because I never love the combo of the cheese and the sour cream, we go heavy on the sour cream, it's going to be meat free because I feel there is too much else going on, on these nachos and you don't want to overdo it. A salsa fresca, and maybe, like, some fresh jalapeno. It's just the perfect expression. I feel that a classic, just showing I can talk about food right now, the classic. How many amazing combos are there of a cheese and a bread, infinite.

Ed Gamble

Infinitesimal?

Sara Barron

No, that means small, and I'm going for big, right?

Ed Gamble

Does it?

Sara Barron

It seems like there's an infinitesimal?

Ed Gamble

That's what I said.

Sara Barron

I don't know words.

James Acaster

I think it is, I think that's right.

Ed Gamble

Infinite.

Sara Barron

I have another anecdote right now, which I am keeping to myself.

James Acaster

This is what I didn't want, I didn't want you to be keeping them to yourself and thinking, 'Oh, I can't tell my anecdotes.'



Ed Gamble

If there's no cheese on it, it doesn't feel like nachos on it to me.

Sara Barron

I'll put cheese on it. I'm not adamant about the lack of cheese, I have found as I age that really, like, what I love in nachos, is truly the sour cream.

Ed Gamble

Yes.

Sara Barron

Because too often-, go on.

James Acaster

No, I've my neck and literally I knew, because Sarah looked at me, and I knew-,

Sara Barron

I thought you were saying, like, 'Sarah, there is something on your neck.'

James Acaster

Sarah is going to think that's a thing. So, I noticed then, like, you were saying, like, 'Benito hates this.' And I know anything we do.

Sara Barron

It's so exhausting to be around me, I know that is true.

Ed Gamble

What, every movement we make, you are reading as something deeper than it is? Or, you're reacting to every movement. It's like interviewing a cat.

James Acaster

Do you want to shout out your sexy brother's sandwich shop?

Sara Barron

No. That mother fucker earns so much more money than I do, and I'm not pleased about it.

James Acaster

From his sandwich shop?

Sara Barron

Yes, he's doing so much better than I am. I'm happy for him, so I don't want to shout out, but I will. It is the Fat, as we say in America, Chalet. The Fat Chalet, there is some brick and mortar shops and then his sandwich truck, if you follow the Fat Chalet, we better fucking get to promoting my shit, because this



is bullshit that I'm promoting my brother's stuff. But, everyone go to his sandwich shop in Chicago, it's very, very good, and he's a good, sexy boy. Who works hard and he makes those sandwiches.

James Acaster

You can always check out his sister.

Ed Gamble

You can always tell where the truck is, because it's being followed by a line of horny women.

James Acaster

Your dream main course, Sara.

Sara Barron

Okay, this was between two things. I kind of wanted something in the family of a fish chowder.

James Acaster

Yes.

Sara Barron

You know, I'm not that familiar with fish chowder, but I feel like once in a while, I've been in New England, sorry to talk about the other one. But like, a New England, Martha's Vineyard, and I had a fish stew, but it was creamy and it was so delicious. And so that, that is hanging out here, as an option. But I think if forced to choose, it would be, like, and I mostly don't eat meat any more, but this is a fantasy situation, like a pastrami on rye. With some really good sauerkraut, just the right amount of dressing. Enough, but not too much, and the right pastrami.

Ed Gamble

Is there anywhere in your mind that you're getting this from? Is there a particular place?

Sara Barron

Yes, I think there is.

Ed Gamble

The Fat Chalet?

Sara Barron

No, we're done talking. I don't want to talk about it any more.

Ed Gamble

Sorry.

Sara Barron

We've spoken about it enough.



James Acaster

Yes, fair enough.

Ed Gamble

I'll be Googling it later.

Sara Barron

Please do.

Ed Gamble

Fat Shallot owner nudes.

James Acaster

Google images.

Ed Gamble

Yes.

Sara Barron

Katz Deli in New York. Now, I lived in New York for 15 years, but what makes me very sad when I get back there now, is I'm like, 'Why weren't you, like, going more places in New York?' You know, like, I think I went to Katz Deli once, and I should've gone once every couple of months. Like, there are ways in which I really exploited that city, but ways in which I'm like, 'You should've gone on more walks.' You should've gone to this part of the island, you should've done these things. I feel whatever about me, like, in whatever way, I regret not milking the city as much as I could.

James Acaster

Yes.

Sara Barron

Something in that, will be healed by sitting at Katz Deli and ordering a pastrami on rye.

Ed Gamble

I mean, I love it.

Sara Barron

A sandwich, I mean a great sandwich. I know you're a 30 Rock fan by the way.

Ed Gamble

Yes.

Sara Barron

I don't mean to brag, but I have done-, it hasn't gone out yet, but I did Celebrity Mastermind, and they ask you for your specialist subject and I was like, 'No brainer.' Like, I didn't know that you couldn't just



do whatever you wanted, so I gave no thought to it, and I was like, '30 Rock.' And then they said, 'Ed fucking Gamble.' But a Liz Lemon quote is, like, the greatest thing in life. It's like, the perfect sandwich, and I believe this to be true. It is just-, that's why I don't understand people who don't like bread, like, how can you not love a sandwich.

James Acaster

When you did Celebrity Mastermind, so you were in Belfast for that, I assume. That is where I consistently have the best seafood chowder ever.

Sara Barron

That's unbelievably upsetting news, because I had-,

Ed Gamble

I'm not sure that is how he meant it.

Sara Barron

No, but I went to Belfast early, I've never been there before. And I was like, 'Oh, this is somewhere I'd like to have, you know, at least a half of a day, if not more to walk around and explore.' And I asked for all these recommendations. Like, I'm not a great-, I'm a real baby when it comes to travel. Like, I leave it up to whomever else to figure out where we'll eat and what we'll do. And I was like, 'Now you are a grown up.' And I got these recommendations and just none of it, I think I was there on a Sunday and a lot of things close early.

Ed Gamble

Everything is closed in Belfast on a Sunday. I always end up there on a Sunday and I'm gutted, because everything is shut.

Sara Barron

What was the name of the place that you went to?

James Acaster

Well, it's always a different place. So, every time I go, I just ask whoever. So, on this occasions, I asked the people who booked Celebrity Mastermind, where is the best place to get seafood chowder. I asked this ahead of time, over email. I went to the in Belfast. You know, normally, whenever I'm going to do a gig, I just say to them, 'Where is currently doing the best seafood chowder in Belfast?' Because it changes a lot.

Sara Barron

God, that's great James.

James Acaster

It changes pretty regularly.



Ed Gamble

Is it because you're asking a different person, that's why.

James Acaster

They're all great.

Ed Gamble

It doesn't change-, there isn't one place that everyone agrees on.

James Acaster

Is there not?

Ed Gamble

And it changes and they have a meeting.

James Acaster

Well, then this is great.

Ed Gamble

People have just got different opinions.

James Acaster

Either way. Works out pretty well.

Ed Gamble

Either way, I think it's a great idea.

James Acaster

Yes.

Sara Barron

What I've gained from this, which is very instructive, is I'm going to say, 'Here is what I want to eat, where should I go?' Not, 'Is there a restaurant you would recommend?' I think that's actually a better-, a less overwhelming question for a person.

Ed Gamble

Yes, I think so.

James Acaster

Also, I was actually going to offer you actually, before we do move on fully. Soup and a sandwich, is a meal.



Ed Gamble

I also forgot to say, when I go to Katz Deli I get a Ruben with pastrami, so I think they do it as standard with salt beef.

Sara Barron

Oh shit.

Ed Gamble

But I get pastrami Ruben, it's the best.

Sara Barron

I think that's what is in my-, I think that's it.

Ed Gamble

Yes?

Sara Barron

Yes, that one. Side of the seafood chowder, that you had in Belfast.

James Acaster

Yes, nice. Actually, well then, may I recommend, I loved it was delicious, there were little bits of chorizo in it as well and that was a nice touch.

Sara Barron

Shit.

James Acaster

But the best one I've ever had, was weirdly, and you'd have to go back in time to 2018 and go to the Holiday Inn.

Sara Barron

What?

James Acaster

In Belfast, yes. I didn't see it coming.

Ed Gamble

Did someone recommend that to you?

James Acaster

No, I was staying there, it was on the menu. I was writing a book at the time as well, so in the daytime I was just in my room, so I just ordered room service. It arrived, it's the best seafood chowder I have ever had.



Sara Barron

What?

James Acaster

It blew my mind, I had the same thing the next day it was so good.

Ed Gamble

Was it the first one you'd ever had?

James Acaster

No, I had many before.

Ed Gamble

I'm trying to find a reason for it.

Sara Barron

When you reflect on that now, you feel convinced-, you own that opinion, you don't think there was something going on with you then?

James Acaster

So, I went back.

Ed Gamble

There's always something going on.

James Acaster

There's always something going on with me.

Sara Barron

Yes, yes, yes.

James Acaster

But I went back, so the next time I was in Belfast, I was like, 'We're going in the-', I wasn't staying there any more, but I was like, 'We're going there.' I ordered it, and it wasn't as good, and I said to the waiter, I was like, 'Have you got the same chef that you had last year?' And he was like, 'Oh, no. Did you have his seafood chowder?' I was like, 'Yeah.' And he was like, 'Yeah, it was really good.' It was like, that was great and that guy was like, he made such-, well, we all loved it, and then he was gone. He said, 'I'll admit it, it's not as good any more.'

Ed Gamble

That's good that you had someone verify that opinion as well.

James Acaster

Because I was so heartbroken that I couldn't shut my mouth when he came and took the bowl away.



Sara Barron

Sure, sure. But it's also, it's like very interesting. Not that we want to, you know, make any assumptions about anybody ever, but if you picture the person who can make, like, one of the great seafood chowders of the world, you don't just necessarily place them at the Holiday Inn.

Ed Gamble

Unless, think about this, maybe that guy was doing a reserves Bear.

Sara Barron

Reverse Bear.

James Acaster

Or, maybe that was the start of the Bear story.

Ed Gamble

Or, the start of the Bear story.

James Acaster

There's an amazing chef, works there for a bit but then is like, 'I'm destined for better things.'

Ed Gamble

Yes, goes on to better things and then sets up a sandwich shop.

James Acaster

And then fucks his sister.

Sara Barron

We've never fucked. We've never kissed.

James Acaster

In real life, outside of your imagination.

Sara Barron

Outside of my imagination.

James Acaster

For your side dish you want the chowder that I had.

Sara Barron

Oh no, no, no, I have another, I thought the chowder was included as part of my main with my soup. Is that correct?

James Acaster

Yes.



Ed Gamble

Yes, yes, yes.

Sara Barron

Like a soup and sandwich. Half a sandwich with soup.

James Acaster

We'll include it, yes.

Sara Barron

My side is going to be, so, again at this Italian restaurant that, like, figured I think heavily in my something. It's just, it's in me, that Italian restaurant still.

James Acaster

Yes.

Sara Barron

They did, like, part of the menu was all these different little, like, vegetables served in ramekins, which sounds uninteresting. Some of the greatest vegetables I've ever eaten in my life.

James Acaster

Wow.

Sara Barron

And at this time, I was very into eating the rainbow. Have you guys ever done the rainbow?

James Acaster

No.

Sara Barron

Done the rainbow Ed?

Ed Gamble

By eating the rainbow.

Sara Barron

You eat, sort of, like, you eat all the colours of the rainbow in a day and you're going to be the fucking fittest you have ever been in your life.

James Acaster

Really?



Ed Gamble

Well, I don't think it's anything to do with the rainbow as such, I mean, it just encourages people to eat loads of different vegetables, right.

Sara Barron

Yes.

James Acaster

So, it's got to be vegetables?

Sara Barron

Well no, because you could eat-

Ed Gamble

It's not Skittles.

James Acaster

Because I could eat all the colours of the rainbow in one go let me tell you.

Sara Barron

We're not going Skittles or, like, the rainbow, the actual rainbow you talked about earlier. No, it's like, so you move through these things and I would get, they served this broccoli rob that was served with these very finely sliced chillies and a pressed, salted ricotta cheese.

Ed Gamble

Oh my God.

Sara Barron

Some very fine olive oil.

Ed Gamble

Yes.

Sara Barron

And that would be my green.

Ed Gamble

Yes. Do you think eating the rainbow is ever cancelled out by cheese and olive oil?

Sara Barron

Ask me that question in another way. Ever cancelled-, oh, meaning, if I ate the rainbow but then do my cheese and olive oil, like, is it healthy versus unhealthy? Is that the question?



Ed Gamble

Yes, do you think-, yes, do you think you can make something healthy unhealthy by covering it in cheese and olive oil? Because eating the rainbow to me, I was like, oh broccoli, that sounds good.

James Acaster

Oh, so you're thinking that broccoli rob does not sound healthy because it's got olive oil and cheese all over it?

Sara Barron

I understand your point. You're seeing it wrong.

Ed Gamble

Yes.

Sara Barron

Think predominantly broccoli rob, but not in a healthy way, in just a respect the rob kind of way. Respect the rob.

Ed Gamble

That's my fault, I wasn't respecting the rob.

Sara Barron

My purple of choice when I would rainbow.

James Acaster

Oh that instantly sounds gross.

Sara Barron

Would be red onion. So, I was like, eating red onions every day.

Ed Gamble

Not purple.

James Acaster

No.

Sara Barron

Oh sorry, but you know how a red onion is purple, so it would count as my purple.

James Acaster

Clue's in the name.

Ed Gamble

It's red isn't it?



Sara Barron

But it is purple.

James Acaster

No.

Sara Barron

You guys, it's not even about the-

Ed Gamble

Beetroot's there, it's right there beetroot.

Sara Barron

Beetroot would be pink for me.

James Acaster

Beetroot's red.

Ed Gamble

The red onion's more pink than purple.

Sara Barron

I'm telling you right now, if you were to cut open a raw beet right now, what you would see is magenta, and if you were looking at a red onion and you were new to our planet, you would call it a purple onion.

Ed Gamble

You'd still call it an onion would you?

Sara Barron

You know what I'm saying.

Ed Gamble

Well, I'm new but that's definitely an onion. I can't quite work out my colours.

Sara Barron

What colour it is, yes.

James Acaster

Thing is I agree that it is purple, but because it's called a red onion, I couldn't let that be my purple.

Ed Gamble

No. Pickled beetroot would be my purple.



Sara Barron

Pickled?

Ed Gamble

Well, you know, that's-

James Acaster

It's red, beetroot.

Sara Barron

Beetroot is not red. A tomato is red. Benito is looking like we're getting in the weeds with this, he thinks we're getting in the weeds.

Ed Gamble

Benito-,

James Acaster

He doesn't know.

Ed Gamble

Google beetroot. Google pickled beetroot. You know the ones that come in packets.

James Acaster

Yes, Google pickled beetroot.

Sara Barron

We're looking at beetroot.

James Acaster

That's red.

Ed Gamble

That's purple mate.

Sara Barron

This is cooked.

Ed Gamble

Yes, that's what I mean. That's the one I'm talking about.

James Acaster

That's red.



Sara Barron

That, when we're looking at the less cooked stuff, that is a magenta. That is a true magenta. The finest colour of the spectrum.

Ed Gamble

I'd say, if I was eating the rainbow, that would be my purple. I'm not saying it's completely purple, but that would be my purple.

James Acaster

No way.

Ed Gamble

Yes. Way.

James Acaster

It's red.

Sara Barron

I owned a George Foreman grill.

Ed Gamble

Yes.

Sara Barron

And I would slice my red onion every day, grill it, and then eat it, with like, I'd put it on some cottage cheese or something. My best friend, this woman named Maggie, her husband is named Joey. Go on. You.

Ed Gamble

I know that James enjoys names and Maggie is very funny.

James Acaster

By best friend is a woman called Maggie.

Ed Gamble

Yes.

James Acaster

Is a very funny sentence to hear from an adult.

Sara Barron

Are you saying it's a child's name?



James Acaster

Yes. Having a best friend-,

Ed Gamble

And what's her husband's name?

Sara Barron

Oh no, it's Joey.

James Acaster

Yes, yes. But like-,

Sara Barron

You're saying to me those are baby names?

James Acaster

I guess, just hearing an adult saying, 'My best friend,' so that's funny anyway. I find best friends, and I, look, I have friends who are-,

Sara Barron

You think there's something as an adult about having a best friend that is child-,

Ed Gamble

Having one best friend is very funny.

James Acaster

That always makes me laugh.

Sara Barron

Is it?

Ed Gamble

Yes.

James Acaster

Any grown-,

Sara Barron

Is it?

James Acaster

But it's not that I think it's weird, it's just that any grown up talking about their best friend makes me laugh.



Ed Gamble

Yes.

James Acaster

I think that's funny.

Sara Barron

You guys don't have a best friend?

James Acaster

Not a best friend, I have people I would call my best friends.

Sara Barron

Do your wife and partner have a best friend?

Ed Gamble

No.

James Acaster

No.

Sara Barron

No? Close friends. multiple close friends but no best.

Ed Gamble

A tight knit group.

James Acaster

Yes.

Sara Barron

Can I just say, I also have a tight knit group, but then I also have a best friend.

James Acaster

Yes.

Ed Gamble

Maggie is the queen of the friends.

Sara Barron

She's the queen.

James Acaster

But I don't even see that as weird, it just always makes me laugh-,



Sara Barron

It always because it's such childlike behaviour.

Ed Gamble

And the name Maggie goes very well with that.

Sara Barron

And then the name Maggie to you feels teeny tiny.

James Acaster

Yes, it's like, you know, also-,

Sara Barron

And she's a teeny tiny lady, so she's just very miniature in all these ways.

James Acaster

There are some things that I just find funny. Like, someone saying they're scared I think is funny.

Ed Gamble

Yes.

James Acaster

And I don't think there's anything wrong with being scared, but it makes me laugh.

Sara Barron

It's anything childlike-,

James Acaster

Probably.

Sara Barron

Makes you laugh.

James Acaster

Yes, maybe, but like, so you saying, 'My best friend is a woman called Maggie,'-,

Sara Barron

I'm hitting all your boxes with that one.

James Acaster

Yes, yes.

Ed Gamble

Is Joey small?



Sara Barron

You know what? They are both, what I hate about them, is that they are both ageing unbelievably well. They're in their mid-40s now and they legit look better than they did in their twenties.

Ed Gamble

Because they're called Maggie and Joey.

Sara Barron

Because they're called Maggie and Joey. And they're just compact people, great fashion, and they just are very, very cool. Are you getting it?

Ed Gamble

Yes.

James Acaster

Yes, yes.

Sara Barron

Okay, so they come over to my house, we're in our twenties, so the vibe is very like, single Sara and the young married couple who've been together since they were, like, 23.

James Acaster

Yes.

Sara Barron

But they come to my apartment and we're like, hanging out, whatever okay. And then that was like, on a Sunday and the next day is a Monday, hello. And Maggie calls me late on Monday night and she's like, 'Hey I want to talk to you about something.' She goes, 'We opened our closet this morning to get our coats, and we both opened-', like, to go to their real jobs. And she goes, 'We opened the closet and it fucking stank and we looked at each other,' they went, Sara's onions, and they worked out that there was, like, a stink of onion that had permeated my apartment so intensely, and I was like, 'Do you think I smell like onion?' Because I have very porous hair. I'm just like a porous person, and I was, I have very porous hair.

James Acaster

Hair?

Sara Barron

Hair. And I was like, I bet-,

Ed Gamble

Her nickname's Spongy Hair on the circuit.



Sara Barron

I bet it is. I have the worst hair, the worst. And I was like, 'Do you think I'm walking around smelling like onion?' And she's like, 'Well I'm telling you this because I think you might. I think if our coats stink of onion because they were just in your apartment, we're like, why should be convinced that you're just not stinking of onion all the time?'

Ed Gamble

You must smell of onion all the time.

James Acaster

Your dream drink, Sara.

Sara Barron

I think the dream drink for me is some combination, my two favourite things are coffee, a good coffee, but then some very, very strong alcohol. So, I know it's not fashionable but I feel some variation of, like, the espresso Martini is probably something that I'd just, like, fucking love.

Ed Gamble

Yes.

James Acaster

Yes.

Sara Barron

Or like, you know, a double espresso with some Sambuca. Like, something like that.

Ed Gamble

Like, an Irish coffee?

Sara Barron

I think so. I've never had an Irish coffee but I bet I'd really, really like it.

Ed Gamble

Yes, I bet you would.

Sara Barron

But my problem is there's never a moment in the day where I feel comfortable combining caffeine and liquor. It's either too early for the liquor, or too late for the caffeine.

James Acaster

Yes. This should be-, this has routine written all over it. I'm not one to say to comedians, 'That should be your routine,' but come on. The premise there, surely?



Ed Gamble

Really?

Sara Barron

Really?

James Acaster

Too early for liquor or too late for caffeine, there's so much there that you can work with.

Ed Gamble

We all know that when comedians say, 'Oh you should do a routine on that,' or, 'I really liked that bit of your routine,' what they're saying is, is either, 'I could do a routine on that,' or, 'I wish I'd done that joke.'

James Acaster

Yes, I could do it.

Sara Barron

I think you could do a routine on that. If you'd like to take that-

Ed Gamble

Too early for liquor. Too late for caffeine.

James Acaster

Ed could say anything in that voice.

Sara Barron

It's very funny.

Ed Gamble

No, no, no, that is very specific.

Sara Barron

That's what everyone says about you. All note and no content. My son and I, when like, he ended school before the Christmas holidays last year, there was a day when we were going to run an errand and I'm the one who never does fun shit, and my husband is all-, like, they go on these adventures and it's because I really am not fun. But I was like, 'I'm going to be fun on this day, we're going to go have a fun day.'

Ed Gamble

That, by the way, is the least fun energy anyone can have.

James Acaster

Yes, yes.



Ed Gamble

Going, 'I'm going to be fun today. I'm going to have a fun day.' That is not fun.

Sara Barron

Exactly.

James Acaster

You're like Monica.

Ed Gamble

Yes.

Sara Barron

Exactly. I think that is exactly who I am. Just I've had friends say to me, like, there are these ways that we all like to think of ourselves as, like, good friends. I'll be there for you, I'll. I think, like, my energy on a night out is so ruinous. I was being called, like, the granny when I was in my twenties. I just, I got no fun to me at all. I want to sit, eat a little something, talk about my feelings, talk about your feelings, drink a little more than I'm comfortable with, worry I'm going to throw up, ruin the night, call it a night. Like, that's my repertoire.

James Acaster

I've gone out and had a late night meal with you before and it was great.

Sara Barron

Yes, I thought, I mean, I don't want to-, I thought we had very good chemistry that night. We went out with your partner and I just thought, I felt good about that social night.

James Acaster

Yes, it went well.

Ed Gamble

How often do you go out with someone and their partner and think that you have good chemistry?

Sara Barron

Why do you think I-, did he tell you it was bad? Did we have bad chemistry?

James Acaster

No, I didn't tell anyone it was bad, Jesus Christ. In fact, my girlfriend and I went away from the night saying, 'What a brilliant meal that was.'

Sara Barron

It was a great meal.



James Acaster

Lovely conversations and we love Sara.

Sara Barron

You drank old fashioned. I think I started drinking old fashioned. I was like, 'Yes, I'm going to do old fashioned now.'

James Acaster

Yes.

Sara Barron

I love going out with a couple. I rarely do it now because I'm in one. That was just like, that was a lot of my twenties was in that. I love being alone with a couple. Because, why is that funny? I don't know why that's-

James Acaster

A, how much you emphasised the word love.

Sara Barron

Yes, that was ridiculous, okay that was ridiculous.

James Acaster

That was funny.

Sara Barron

I'm always so interested in people's partners. I think it says so much about them. I love getting to watch a little dynamic unfold. It's my absolute favourite thing. I had a great night that night.

James Acaster

Yes, yes, yes. I mean, definitely, if you've met someone, you've met them a few times and then you meet their partner. So, you're not, like, super good friends with them, you've known them for years, this is their new partner. But you've met someone a few times, then you meet their partner, it can change how you-

Ed Gamble

Adds a piece to the puzzle.

James Acaster

Yes.

Sara Barron

You get information. You get so much information so fast. It's how much I emphasise things when I speak, isn't it? It's so ridiculous. I'm working on it.



Ed Gamble

What I enjoy as well is whatever reaction I have, or whatever I say, it sends you spinning down a new alleyway of ludicrousness.

Sara Barron

Do you know what?

James Acaster

Yes.

Sara Barron

You know, I have always, and I hope today is some kind of correction for me and I believe that it is, but when we have been around each other previously, I feel that I become my worst self around you.

James Acaster

Yes.

Ed Gamble

So, that's not good chemistry, right?

Sara Barron

Well, I think it's completely my fault. I think that there's some way that I feel-, you won't remember this I don't think but the first time I remember us being together, which would've been gigging together, was at a gig in Bristol and it was when I was, like, learning to open. And I felt bad about the gig and. And we're driving back, I think we drove back to London together. You and there was someone in stand up who had rubbed me the wrong way, but I'd never heard anyone bitch about him. I was like, 'How am I the only one?'

Ed Gamble

Yes.

Sara Barron

That understands this guy is like, no, this guy is a no. And then his name came up and you went on a tear about him. But it wasn't aggressive, it was measured and I went, 'Who the fuck is this guy?' I was like, 'This guy fucking gets it.'

Ed Gamble

He gets it, yes.

Sara Barron

And I think there was something that I then put on you about you seeing people right, you get it, he fucking reads the God damned room. And I think at that point I became so desperate to be like, 'I'm great Ed, right?' That I felt like every time I saw you for a year I was like, 'Anything new going on with your wedding planning?' And I would think to myself, 'I know how to talk to people, I know how to ask



them. I know how to be interesting.' But every fucking time with this guy, it's like, 'And is your wedding?' And I'm just horrible. Always. About the planning and then maybe I saw you after and I was like, 'Good wedding then, Ed?' Like it was the only thing that had ever happened to you.

James Acaster

Yes.

Ed Gamble

I liked catching up with you about my wedding.

Sara Barron

Well, that's very generous. I felt I was teaching you slowly to steer clear of me.

Ed Gamble

No way.

James Acaster

Sure.

Ed Gamble

No way. You're on the pod.

James Acaster

I mean, so first of all, I'd say everyone has that with someone. Everyone has a person. Everyone has a person who they panic around every time and in their head, they've messed it up every time. So, I think everyone's got that with someone.

Ed Gamble

Definitely.

James Acaster

But I would say with you, it's everyone you know.

Sara Barron

This is terrible. But I really want to change that.

Ed Gamble

I'll be honest with you Sara, this is the first time we've done this in the dream restaurant, but I don't think we should give you an espresso Martini.

Sara Barron

Because I'm too hyped.



Ed Gamble

Yes.

Sara Barron

Yes, that's fair. That's fair.

Ed Gamble

A decaf espresso Martini, is that possible?

Sara Barron

But isn't that like a pussy move? Like, a pussy move.

James Acaster

Pussy move.

Ed Gamble

A pussy move.

Sara Barron

Like no, you can't have a decaf-,

James Acaster

Oh, I thought you were accusing Ed, because I don't know what pussy move is.

Sara Barron

I don't think I do, I think it just-,

James Acaster

I thought you were accusing Ed, by him saying that to you, it was him doing a pussy move on you.

Sara Barron

Oh, no, no, no, I think-,

James Acaster

Like it was a disgusting term for like, a sex thing. Like, a hit-,

Ed Gamble

Like a chat up line.

James Acaster

Yes.

Ed Gamble

Yes, yes, yes.



James Acaster

Like he's negging you.

Ed Gamble

Yes.

James Acaster

Going, 'Hey, I don't think you should have that.' And you're like, 'Oh, I get what's happening.' Just because of the leaps that you've been making for some of Ed's little things, I thought now you think Ed's like-

Ed Gamble

I just want to put this out there, it wasn't.

Sara Barron

No. Of course.

Ed Gamble

Okay. I was just suggesting that-

Sara Barron

You were trying to be kind.

Ed Gamble

Yes, yes, yes.

Sara Barron

Here's what it is. It's the right day for me to get to have-, I'm not working at night, I don't really have much to do except swan around, and I'm sat down some place that's going to do a nice one at 1:00PM.

James Acaster

Christmas Eve?

Sara Barron

Yes. Perfect. Perfect. Christmas Eve.

Ed Gamble

Would you have an espresso Martini at 1:00PM.

Sara Barron

Yes.

Ed Gamble

I love that.



James Acaster

Christmas Eve.

Sara Barron

Oh yes.

Ed Gamble

Yes, yes, yes.

Sara Barron

Yes, that sounds wonderful. Or even, I would say, like, the 23rd.

James Acaster

Yes, yes absolutely.

Ed Gamble

Yes.

Sara Barron

You know, when like, my husband and I always go to see It's a Wonderful Life and sometimes if we can we'll go in the afternoon, so maybe I'd have it, like, on the 22nd whilst watching It's a Wonderful Life. Oh my God.

Ed Gamble

Me and my wife do all our Christmas shopping in the centre of London on the 22nd or 23rd.

Sara Barron

That is so beautiful.

James Acaster

It's a wonderful life.

Sara Barron

It is a wonderful-

Ed Gamble

And then, so we get it all done, then go for an early dinner, normally at Bentley's and eat seafood and drink champagne. But the dinner gets earlier and earlier.

James Acaster

We know what champagne means.

Ed Gamble

Yes.



Sara Barron

We know where that's going to go.

James Acaster

Bit of Michael going on the juke box.

Sara Barron

Michael B.

James Acaster

Michael B.

Sara Barron

Can I add something into your mix as you guys mature as a couple?

Ed Gamble

Please, yes.

Sara Barron

Adding in-,

Ed Gamble

Split up.

James Acaster

Nobody talks like that. Can I add something into the mix as you guys mature as a couple? Yes.

Sara Barron

As they mature with their traditions.

James Acaster

Yes.

Ed Gamble

Yes.

Sara Barron

You pick, it could be Liberty, it could be Fortnum and Mason, it could be Harrods.

Ed Gamble

Yes.



Sara Barron

Every year you go to one of those stores and you each can pick out a precious new ornament for your Christmas tree.

Ed Gamble

Now, we sort of do do something a bit like that, but you understand if you suggest traditions for other couples in the way you just did it, there's no way they're ever going to do them. Because every time they do them they'll go, Sara Barron told me to do that in the creepiest way I've ever seen.

Sara Barron

Oh, I thought I was going it in, like, a sweet way. Oh my God. I'm like, trying to be sweet and I'm seeming creepy. Like, a little elf going, 'Oh sweetie,' I'm giving you my sweet face, not creepy. Oh God.

James Acaster

Your dream dessert, Sara.

Sara Barron

I think my dream dessert, when I was a kid we went on a family holiday and I was allowed to get a dessert, so that already felt festive. And I went to this restaurant and I'd never seen this before, where they put lemon sorbet into an actual lemon and I thought it was the most beautiful-, we started with princesses and I feel we're just going to bring it back in for a landing with the princess. Like, I felt like a princess eating lemon sorbet out of a lemon. Now, I want that magic in my life as an adult. Now, I feel as an adult that sorbet on its own is a bullshit food. I have no respect for it. A bit of a very, very good sorbet, paired with a very flavour-rich gelato. So, maybe we're doing, what about this? Like, a really good coconut ice cream with a very, very good tangerine sorbet.

Ed Gamble

Would you like the tangerine sorbet in a tangerine and the coconut in half a coconut?

Sara Barron

No.

Ed Gamble

Okay.

Sara Barron

I think what I want is still the lemon shell, but a really, really good lemon ice cream, with a little bit of maybe a coconut ice cream as well.

Ed Gamble

All in the lemon?

Sara Barron

All packed in to that frozen lemon. And I dip in and I feel like a little lady again.



James Acaster

But it's not lemon sorbet any more?

Sara Barron

No.

James Acaster

It's lemon ice cream now.

Sara Barron

It brings me the joy that I felt as a child but with my more adult opinions on dessert, which is that sorbet is never going to cut it.

Ed Gamble

I've had lemon sorbet out of a lemon before in a curry house, because they tend to pop up on curry house menus as dessert.

James Acaster

Yes.

Ed Gamble

I ordered a punky penguin and they'd run out.

Sara Barron

What's a punky penguin?

Ed Gamble

It's ice cream in a plastic penguin.

James Acaster

People love it. Kids love it. It's for kids.

Sara Barron

Sure of course, of course.

Ed Gamble

Kids love it, I ordered it because I was feeling free, you know?

Sara Barron

Oh yes.

Ed Gamble

Yes, yes, yes.



James Acaster

And the penguin has, like, spiky hair.

Ed Gamble

Like a punk.

Sara Barron

Yes, yes, yes.

Ed Gamble

But they didn't have it, so they had the sorbet and the lemon, so I had that and I felt like a princess. Yes. But I was gutted about Punky.

Sara Barron

And then did that, sort of, deprivation of Punky, did you get fixated on it until you were then able to have Punky penguin?

Ed Gamble

I've not had a Punky penguin since then because rarely am I feeling that free and rarely is it on the menu in the places I go.

Sara Barron

I have as an adult, there was some day, you know, it was like all the stars aligned and I was on my own and since having a child, I went on a beautiful summer's day and I had an ice cream. Cold. Just walking on my own on a beautiful summer's day and that is one of, like, the happiest times I've had in recent history.

James Acaster

Yes, yes.

Sara Barron

There is something, it's very, very childhood joy, these ice cream situations I find.

Ed Gamble

Yes, I agree.

James Acaster

Yes. It's brilliant. Every time I think it's my turn to have an ice cream.

Sara Barron

How many times in a week do you eat ice cream, James?

James Acaster

I guess on average, because obviously some weeks I don't have ice cream at all. But some weeks-



Sara Barron

You say obviously, I mean.

James Acaster

Some weeks I go crazy.

Ed Gamble

Yes, you go gaga.

James Acaster

So, maybe on average, in an average year, once or twice a week.

Sara Barron

After dinner, or as, like, a mid-afternoon snack?

Ed Gamble

As dinner?

James Acaster

Never as dinner. After dinner usually, but then sometimes, if I'm at a seaside down and someone's like, 'Let's get an ice cream,' I'm not going to say no to that.

Sara Barron

No, you're not, okay.

James Acaster

So, it can pop up in the afternoon.

Sara Barron

Sure.

James Acaster

But usually it'll be after dinner.

Ed Gamble

I love this lemon sorbet in the lemon with a bit of coconut in it as well. You can't get much in there though.

Sara Barron

And I love anything that has, like, a tropical, I like to feel like I'm in the tropics when I eat my dessert. Never been to the tropics but I would like to go and it's what takes me there.



Ed Gamble

You see someone walking down the beach, you're like hubba hubba and then it gets closer, 'Oh no, it's my brother.'

Sara Barron

I'm not talking about that any more.

Ed Gamble

Hubba hubba, brother, brother.

James Acaster

Anything you want to say to hubba hubba brother brother?

Sara Barron

You know what I'm thinking about, it's like that 30 Rock, the 30 Rock scene. I always enjoy being around somebody who's obsessive about the show, because I feel like most of my life I'm walking around just wanting to make 30 Rock references and be like, 'You know the scene where-', but you know the scene where like, I don't know if it's off That's a Deal-Breaker Ladies, where Liz Lemon, she gets-, say again.

James Acaster

Is that why you like a lemon ice cream?

Sara Barron

Maybe it is.

Ed Gamble

Liz Lemon ice cream.

Sara Barron

She and Jen are both going to get to be on the cover of a magazine and Jen was like, 'You're not going to goad me in-, I'm going to-', and now I feel like I'm not going to discuss wanting to fuck my brother any more.

Ed Gamble

Well it's the end of the episode so-,

James Acaster

Good point well made. I'm going to read your menu back to you now, see how you feel about it.

Sara Barron

Okay.



James Acaster

You would like still water. Sour dough bread with olive oil and sea salt. Starter, your dream plate of nachos made by your hot brother.

Ed Gamble

Shawing.

Sara Barron

Shawing.

James Acaster

Black sour cream, salsa fresca, jalapeno, home made nachos made by her-, main course, pastrami on rye with sauerkraut and dressing and a side of seafood chowder. And we're going to Kat's deli for the sandwich there and we're going to the Holiday Inn in Belfast in 2018 for seafood chowder. Side dish, broccoli rob with chilli and ricotta from-,

Sara Barron

Now defunct, it was called Otto Inotaka Pizzeria.

James Acaster

Rest in peace.

Sara Barron

RIP.

James Acaster

Drink, espresso Martini at 1:00PM on Christmas Eve, or the 23rd.

Sara Barron

Or the 22nd.

Ed Gamble

Or the 22nd.

James Acaster

Or the 22nd.

Sara Barron

Not the 21st I don't think.

Ed Gamble

No.



Sara Barron

Okay.

James Acaster

No.

Ed Gamble

Too early.

James Acaster

That's when you do your final gig before Christmas.

Sara Barron

Yes, that is when you do your final gig before Christmas.

James Acaster

Yes.

Ed Gamble

Not me. November.

James Acaster

Yes. Ed.

Sara Barron

Living the life. Oh, he lives the life.

James Acaster

Dessert. Lemon and coconut ice cream in a lemon shell.

Sara Barron

I think it sounds good.

Ed Gamble

It does sound good.

Sara Barron

Do you think it sounds-

James Acaster

Yes.

Sara Barron

Be honest with me. Do you think it sounds good.



Ed Gamble

Genuinely, it genuinely does, and I wasn't expecting it to sound good because we've just been talking about incest for a lot of the episode.

James Acaster

Yes, I'll be honest, like, I think it does sound good. I'd say I'd definitely enjoy all of it. I would enjoy the dessert, but I also find it funny that that's your dream dessert.

Sara Barron

Why?

James Acaster

Just-,

Ed Gamble

Oh no.

James Acaster

Two scoops of ice cream in lemon shell is just funny to me.

Sara Barron

Why? I genuinely don't understand why that's funny.

Ed Gamble

I feel we were just wrapping up the episode and now Sara's got worried about something again.

Sara Barron

No, no, no, I'm not worried. I'm done because I understand I don't want to be exhausting to people and I understand that my worry is exhausting. But I think it seems like, oh that would make sense, it's like a childhood fantasy. Yes.

Ed Gamble

Fantasy, that's fucking ridiculous. No, it's just a lemon. It's just a bit of lemon.

Sara Barron

I know, I just remember it so well.

Ed Gamble

Yes. It's not-, I think it's a nice memory.

James Acaster

Can't even see it personally.



Sara Barron

Oh amazing.

James Acaster

Yes, lemon sorbet in a lemon shell.

Ed Gamble

Thank you so much for coming to the dream restaurant Sara.

Sara Barron

Guys, it was a pleas.

James Acaster

Thank you Sara.

Sara Barron

Thank you James and Ed.

Ed Gamble

Well there we are James, what a wild ride with Sara Barron. I loved that episode.

James Acaster

Fantastic episode. We learnt so much about Sara, heard about some delicious food and crucially, Sara did not choose a Wendy's burger as her-

Ed Gamble

And she did not choose to sleep with her brother. That's very crucial. She wanted to get that point across.

James Acaster

She wanted us to make that very clear.

Ed Gamble

Yes. So, we didn't have to kick her out the restaurant for either picking the secret ingredient or incest, so thank you very much for that, Sara. Do listen to Sara's podcast.

James Acaster

They Like to Watch.

Ed Gamble

They Like to Watch. The podcast she does with Geoff Lloyd, wonderful broadcaster and also Sara's husband.



James Acaster

You heard about him in this episode.

Ed Gamble

About TV, exactly. So, do go and listen to that. Follow Sara on social media, try and see her live for goodness' sake, she's an absolutely brilliant comedian. But thank you again to Sara and thank you to you guys, the listeners.

James Acaster

Thank you to the listeners, thank you Ed.

Ed Gamble

Thank you James.

James Acaster

Thank you Benito.

Ed Gamble

Thank you Benito. Bit rude.

James Acaster

He didn't say thank you back.

Ed Gamble

Didn't say thank you back.

James Acaster

Didn't even look at us.

Ed Gamble

No. We'll see you next week, bye bye.

James Acaster

Bye.